



Nutrition and
Food Services

LE MINI BISTRO

2024-2025



English Montreal
School Board



About **Le Mini Bistro**

Le Mini Bistro is an elementary school lunch service operated by the English Montreal School Board (EMSB), Nutrition and Food Services Division.

The service is overseen by EMSB Dietitians who ensure that meals are carefully planned to respect the EMSB Nutrition Policy and are prepared safely by our knowledgeable staff, before being delivered directly to your child's school.

Our culturally diverse meals can be conveniently ordered and paid for online.

Allow us to make lunch planning carefree. Order from Le Mini Bistro today!

WHAT SETS US APART



Nutrition

Menu is carefully crafted by EMSB Dietitians.



Environment

Meals are packaged in 100% recyclable and biodegradable products.



Flexibility

No fixed deadlines

Orders are placed 3 days ahead

Flexible service

You may cancel your child's meal on the day of service, up until 7:00am .

Our menu

PICK FROM

2

DAILY CHOICES

PRICE

6.25\$

PER MEAL



2024-2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu # 1	Chicken Teriyaki Rice Mixed Veggies	Ocean Bites (Fish Nuggets), Egg Noodle, Veggies	Meat Lasagna Yellow & Green Beans	BBQ Chicken Legs, Mashed Potatoes, Peas & Carrots	Vegetarian Frittata, Potatoes, Veggies of the Day
Menu # 2	Shepherd's Pie Crinkled Carrots	Chicken Souvlaki Pita & Tzatziki Green Salad	Three Cheese Pizza Crudités & Dip	Macaroni & Cheese, Garden Style Veggies	Multigrain Chicken Burger, Potato Wedges and Veggies
Dessert	Oatmeal Cookie	Yogurt	Peach Slices	Milk Pudding	Muffin

Meal includes a main entrée, starch (when applicable), vegetable and dessert.

CONTACT US



Scan
or click to
access



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