



# ELEMENTARY SEXUALITY EDUCATION PLAN 2021-2022

## ÉCOLE WESTMOUNT PARK SCHOOL

### CYCLE 1 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<p><b>GRADE 1</b></p> <p><a href="#">Click here for complete list of themes covered in this grade (including details)</a></p>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: <b>February-March</b></p> <p>DURATION: <b>3 hours</b></p> <p>SUBJECT AREA:  <b>Aspects of sexuality (body, heart, mind)</b>            Mind: Knowledge about sexuality            Heart: Emotions, feelings &amp; expression            Body: growth, needs, 5senses &amp; hygiene</p>			<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: <b>March</b></p> <p>DURATION: <b>1 hour</b></p> <p>SUBJECT AREA:  <b>How to recognize a situation and protect yourself.            Reporting an incident to an adult.</b></p>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: <b>April</b></p> <p>DURATION: <b>1 hour</b></p> <p>SUBJECT AREA:  <b>Gender roles socially associated with boys and girls.            Respect for differences.</b></p>	

\*Please note that blackened areas are themes not covered in that grade



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<p><b>GRADE 2</b></p> <p><a href="#" style="color: red; text-decoration: underline;">Click here for complete list of themes covered in this grade (including details)</a></p>		<p>WHO: Please check all that apply</p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Teacher (Homeroom teacher)</li> <li><input type="radio"/> Board Professional</li> <li><input type="radio"/> Health Care</li> <li><input type="radio"/> Professional Approved organization</li> </ul> <p>WHEN: <b>March</b></p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: - <b>Importance of appreciating &amp; taking care of their body</b></p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Teacher (Homeroom teacher)</li> <li><input type="radio"/> Board Professional</li> <li><input type="radio"/> Health Care Professional</li> <li><input type="radio"/> Approved organization</li> </ul> <p>WHEN: <b>February –March</b></p> <p>DURATION: 3 hours</p> <p>SUBJECT AREA: <b>-Recognizing feelings -Expressing feelings</b></p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Teacher (Homeroom teacher)</li> <li><input type="radio"/> Board Professional</li> <li><input type="radio"/> Health Care Professional</li> <li><input type="radio"/> Approved organization</li> </ul> <p>WHEN: <b>April</b></p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: <b>Understanding conception</b></p>		

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### CYCLE 2 ELEMENTARY



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THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<p style="text-align: center;"><b>GRADE 3</b></p> <p style="text-align: center;"><a href="#"><u>Click here for complete list of themes covered in this grade (including details)</u></a></p>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>March</b></p> <p>DURATION: <b>2 hours</b></p> <p>SUBJECT AREA: <b>Aspects of sexuality</b> (within them &amp; around them)</p>				<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>February</b></p> <p>DURATION: <b>1 hour</b></p> <p>SUBJECT AREA: <b>How to recognize a situation and protect yourself</b></p>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>April</b></p> <p>DURATION: <b>2 hours</b></p> <p>SUBJECT AREA: <b>Identifying stereotypical representations of femininity and masculinity in social environments and the media.</b></p>

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THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<b>GRADE 4</b>  <a href="#" style="color: red; text-decoration: underline;">Click here for complete list of themes covered in this grade (including details)</a>		WHO: <i>Please check all that apply</i>  <input checked="" type="radio"/> Teacher (Homeroom teacher) <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: April  DURATION: 2 hours  SUBJECT AREA: - <b>Physical Changes</b> - <b>Feelings about growing up</b>	WHO: <i>Please check all that apply</i>  <input checked="" type="radio"/> Teacher (Homeroom teacher) <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: February- March  DURATION: 2 hours  SUBJECT AREA: - <b>Love and friendship</b> - <b>How attitudes &amp; behaviours can influence relationships</b>			WHO: <i>Please check all that apply</i>  <input checked="" type="radio"/> Teacher (Homeroom teacher) <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: February  DURATION: 1 hour  SUBJECT AREA: <b>Positive attributes associated with each gender</b>

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CYCLE 3 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<p><b>GRADE 5</b></p> <p><a href="#">Click here for complete list of themes covered in this grade (including details)</a></p>		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Teacher</li> <li><input type="radio"/> Board Professional</li> <li><input type="radio"/> Health Care Professional</li> <li><input type="radio"/> Approved organization</li> </ul> <p>WHEN: February –March –April</p> <p>DURATION: 3 hours</p> <p>SUBJECT AREA:</p> <ul style="list-style-type: none"> <li>- <b>Physical and psychological changes associated with puberty</b></li> <li>- <b>Role of puberty in growth</b></li> </ul>		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Teacher</li> <li><input type="radio"/> Board Professional</li> <li><input type="radio"/> Health Care Professional</li> <li><input type="radio"/> Approved organization</li> </ul> <p>WHEN: February</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA:</p> <ul style="list-style-type: none"> <li>- <b>Prevention</b></li> <li>- <b>Personal safety rules</b></li> </ul>		

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<p><b>GRADE 6</b></p> <p><a href="#"><u>Click here for complete list of themes covered in this grade (including details)</u></a></p>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional Health Care  <input type="radio"/> Professional Approved organization</p> <p>WHEN: March –April</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA:</p> <p><b>Awareness of 5 dimensions: puberty, emotions, norms, relationships, values</b></p>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional Health Care  <input type="radio"/> Professional Approved organization</p> <p>WHEN: March</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <p><b>Positive attitude toward changing body</b></p>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional Health Care  <input type="radio"/> Professional Approved organization</p> <p>WHEN: February-March</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <p><b>Puberty &amp; awakening Questions</b></p>			<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher (Homeroom teacher)  <input type="radio"/> Board Professional Health Care  <input type="radio"/> Professional Approved organization</p> <p>WHEN: February</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <p><b>Respect for individual differences. Empathy toward others.</b></p>

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