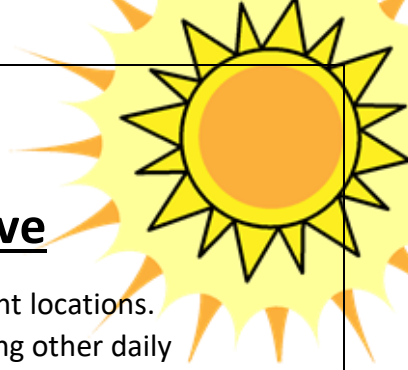
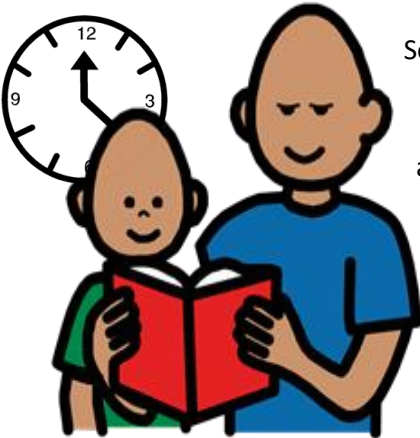


Summer Tips to Prepare for School Move



Beginning September 3rd, 2019, Westmount Park School will be in two different locations. Changes (whether big or small) can be supported by following a plan and keeping other daily routines the same whenever possible. Below are suggestions that you can use at home to help prepare your child and family for the upcoming school move.

1. Social Story about Move



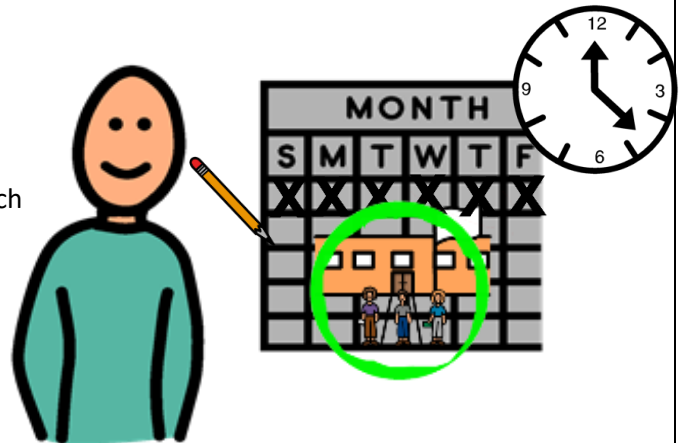
Social stories are written from a student's perspective to help build an internal set of skills before a challenging situation. Include your child in adding their picture (photo or drawing) and their name. Decide if you would like to add in any other relevant pictures/pages to personalize the story.

Read it with them at least once a day and as often as needed, more frequently in the beginning.

Keep the story in an accessible location for them to look at independently and/or alongside another person. Feel free to print extra copies so it can be available in different locations. For digital files, you can choose to add audio of text being read and other relevant sounds or music.

2. Calendar Countdown

Keep your calendar in an accessible and central place (such as the fridge or entryway). Create a routine of crossing off each day with your child as a visual countdown for the first day at the school's new location. Feel free to add other relevant summer events on your calendar.



3. Neighbourhood Visit

Create opportunities to drive or walk by the new location to familiarize to the sights and sounds of the environment. Bring along your social story to support what you are talking about.



Have a safe and restful summer!