Social Integration Services promotes individualized learning that fosters the acquisition of basic skills for autonomy and to prepare for successful integration in the community. This program is for adults with intellectual, physical and emotional challenges.

What the program covers:

**SIS Courses:**

-Problem-solving skills

-Preparation for transfer of learning

-Communication skills (Verbal and non-verbal)

-Personal and social skills

-Functional academic skills

-Psychomotor skills

-Management of daily life (Life skills)

-Domestic skills

-Family skills

-Work skills

-Sexuality

-Diet and personal care

-Use of community resources

**Socialization, Recreation & Leisure time:**

-Gym

-Swimming

-Fine Arts

-Performing Arts

-Games

-Karaoke

-Computer and Technical training

-Seasonal Activities

Criteria for Eligibility:

-Must be 18 years of age

-Comfortable learning in a group setting

-Absence of behavioural issues that may interfere with the learning environment

-Able to use bathroom independently

-Cooking and Baking

**Community Orientation & Field Trips:**

-Apple Picking

-Cabane à Sucre

-Hockey Games

-Museums

-Theatre and Orchestra

-Tourist Attractions

-Restaurants

**Additional Services Offered:**

-Practical literacy and numeracy skills

-Individualized Learning Plan

-Teaching adapted to different learning styles and support needs

-Health and Safety Skills