

# Pierre Elliott Trudeau

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Pierre Elliott Trudeau EMSB



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Dearest Parents & Guardians,

Welcome to the 2020-2021 school year! I hope that you and the family had a good summer. It has been a challenging few months with the onset of this pandemic. Last year ended without seeing one another and this school year brings about a new look with new guidelines, with the same care, dedication and love from our staff.

Our Staff has been working very hard in preparation to welcome our students to school. Our hallways have decals indicating direction, posters are in classrooms and around the school indicating when students should wash their hands, hand sanitizers are at all entrances and classrooms. The health & safety of our students, staff, and parents is our main priority.

We are in new challenging and unprecedented times, but by working together, we will get through this. We will need to minimize all visitors to the building (there will be no visits without a prior appointment) and no parents may remain on school grounds (either in the schoolyard or the front yard after school). These decisions were not taken lightly, we are faced with a very difficult task to reduce any unnecessary exposure and traffic in and around the school

Emails will be sent regularly and I ask that you read them thoroughly. We will follow the ministry's health and safety guidelines and might have to readjust some of our routines. We are working around the clock to ensure that everything is put in place for the safe return to school. We need you in our court. As PET families, we know we can count on you to work for the greater good for our entire community. We are counting on you!

It is very important that you complete the package of forms (Health, Photo Consent, etc) and send them to school by Sept 8.

Rest assured that we are committed to the safety of our students. We believe in the resilience of our students and families, and in a strong partnership with our parents.

Here's to a happy, safe, exciting and engaging year!

Sincere wishes.

Ms. Alvares

## PARENTS DAILY RESPONSIBILITIES

We would like to remind you that in accordance with Direction de santé publique, if your child:

- has symptoms of COVID-19, such as: fever, dry cough, shortness of breath, tiredness OR
- lives with a person who has symptoms of COVID-19 or is in isolation because of COVID-19 (confirmed case or contact) OR
- has travelled outside of the country in the last 14 days then, he or she must stay home.

Please contact the COVID19 info-line at 1-877-644-4545 immediately and follow their instructions. Rest assured that should any students exhibit any symptoms, an isolation room has been established to quarantine the child and prevent the spread amongst our students & staff. Our caretakers will also be cleaning & disinfecting the school regularly.



## Upcoming Events

### September 16

Curriculum Night – Meet the Teacher *virtually*

### September 28

PED Day (No School, Daycare is open)

### September 30

Attestation Day

## Communication - Emails

Emails will be sent on a regular basis. If you are not receiving them, please call the school to confirm your email address.

## School Fees & Lunch Fees

You can pay with a cheque and send it in with your child. We also accept interact or credit card (contact the school).

## AGM Governing Board

More information will follow regarding the annual general meeting for Governing Board.

## MORNING ENTRANCE

Students can enter school as of 7:25am as it is free entry. Students will need to disinfect their hands upon entry. They will go directly to their homeroom while maintaining 1m distance from students and 2m from adults. ***In order to ensure proper supervision, students should not be in the school yard before 7:25 a.m. Please do not drop off your child and leave.*** If you must wait with them. ***If your child must be at school earlier, they must be registered in daycare (call 514-374-0554).***

## DISMISSAL

Pre-K & K will be dismissed at 2:20 pm, Grades 1 to 6 will be dismissed at 2:25pm. Please note that **students, who take the bus, will leave by the senior yard. Students who are picked up, will exit through the daycare entrance (junior schoolyard), while Pre-K students who do not take the bus and are picked up, will exit by the small yard in front of the school (Pre-K schoolyard). Kindergarten students will exit through the FRONT entrance.** If you are picking up your child at the end of the day, to ensure everyone's safety, **please wait by the gates.** No daycare kids should be picked up before 2:40pm and we ask for those parents to please wait outside of the gates until that time. If there is any change in the way the child gets dismissed, please write it in the agenda or call the school before 1:30pm. If a change needs to occur for daycare, please inform Ms. Mara immediately at 514-374-0554.

In order to create the safest environment possible we encourage your collaboration and understanding that all students K to 6 must wear a mask during transitions. Masks are mandatory for all students in Grades 5 & 6, and must be worn once entering the school, in the hallways, common areas. Students can remove the mask once they are seated in their homeroom.

- **Leave personal supplies at home** (toys, sports equipment, cards, phone, headphones, etc) students are of course still encouraged to bring their own books in French and in English.
- Provide a **waste free lunch** (If possible, please provide a reusable placemat)
- Provide **2 full bottles of water** per day
- It would be helpful if you could **supply your child with their own personal hygiene kit (Kleenex, wet wipes, and hand sanitizer), this is optional.**
- **Explain the social distancing rules** to your child
- **Explain the importance of avoiding contact** with students from another class
- **Reiterate the rule of no sharing of personal objects or food**
- **Remind your child to frequently wash their hands, practice proper respiratory etiquette, to not touch their face, to avoid touching others or high touch surfaces or objects.**
- **Remind your child of the importance of cleaning their desks before and after eating.**
- **Explain to your child the importance of keeping his belongings in a bag or a basket close to his desk as per teacher's directive.**
- Be mindful of **respecting all Public Health's guidelines in the evenings and after school to avoid risk of exposure.**
- **Read all school communication thoroughly.**

## ABSENCES

Please call the school to let us know of your child's absence **before 8:00 am.**

## THE AGENDA

Your child has received his/her agenda. He/she should use it to write down homework and to keep track of assignments. You may use the agenda as a communication tool with your child's teacher, and as a means of verifying your child's homework. **It should be checked and initialled DAILY by an adult.**

# COVID-19 SELF-ASSESSMENT TOOL

**This tool is not intended to be a substitute for medical attention. Always follow the healthcare professional's instructions.**

**If your child shows symptoms on this list, it is recommended that they stay home and avoid contact with other people.** After 24 hours, re-evaluate the situation to see if there is any change in their symptoms.



### Fever

Children **ages 5 and under:**

- **Rectal** temperature of 38.5°C (101.3°F) or higher

Children **ages 6 and older:**

- **Oral** temperature of 38.1°C (100.6°F) or higher



### General symptoms

- Sudden loss of sense of smell without nasal congestion, with or without a loss of taste
- Major fatigue
- Significant loss of appetite
- General muscle pain (not related to physical exertion)



### Respiratory symptoms

- Cough (new or worse)
- Shortness of breath, difficulty breathing
- Sore throat
- Runny or stuffy nose



### Gastrointestinal symptoms

- Nausea
- Vomiting
- Diarrhea
- Stomach aches

## 5 TIPS FOR PERSONAL MASK SAFETY

### 1. CAN'T TOUCH THIS

Avoid touching your face AND your face covering.  
• If you touch your face or face covering, wash your hands or use hand sanitizer.



### 2. GO PRO

Clinicians will tell you:  
• Handle your mask by the earloops or ties  
• When wearing it, make sure it goes over your nose and under your chin

### 3. REMOVE WITH CARE

• Grab your mask by the earloops and pull it straight away from your face.  
• Bring the loops together to fold it in half with the side that was next to your mouth on the inside.  
• Place it in a paper or plastic bag.

### 4. KEEP IT CLEAN

Wash cloth masks after daily use, using hot or warm water and dry on the hottest setting.

### 5. KNOW THE TIME AND PLACE

Wear a mask in public places as much as possible. Wear it in indoor public spaces at all times and try to maintain physical distancing of 6 feet as much as possible. Wear it in outdoor spaces if you will potentially come across other groups of people.

**ORIENTATION NIGHT – MEET THE TEACHER (Wed. Sept 16)**

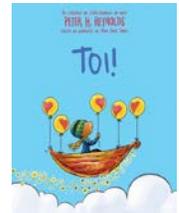
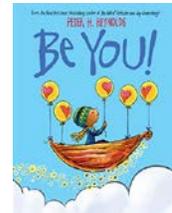
Due to the pandemic situation this year, orientation night will take place virtually and has been moved to Wed. Sept. 16<sup>th</sup>. Our teachers will be in their classrooms and they will meet with you virtually. I will address the parents and then parents will be able to virtually meet their teachers through their child’s google classrooms. We will provide more information in the coming days. Please take note that this will take place on a new date: **Wed. Sept 16 from 6:30 to 8:30pm.**

**ATTESTATION DAY**

All students are to be in school on Mon. Sept. 30<sup>th</sup>. This is the day the children are counted by the government as being part of our school.

**SCHOOL THEME**

This year’s theme is “Be YOU!” “TO!” Every homeroom has a copy of the book by author Peter H. Reynolds. PET is promoting that every child be true to themselves and know that they are unique and special.



**Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
<u>7</u> <b>HOLIDAY</b> (No School)	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>
<u>14</u>	<u>15</u>	<u>16</u> <b><u>NEW DATE</u></b> Orientation Night – Meet the Teacher (virtually) 6:30-8:30pm	<u>17</u>	<u>18</u>
<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>
<u>28</u> <b>PED DAY</b> (No School) Daycare Available)	<u>29</u>	<u>30</u> Attestation Day		

**Hand Washing Song**  
(To the tune of If You're Happy and You Know It)

If you're healthy and you know it wash your hands.  
If you're healthy and you know it wash your hands.  
If you're healthy and you know it,  
And you really want to show it,  
If you're healthy and you know it wash your hands!

You can get rid of the virus with some soap.  
You can get rid of the virus with some soap.  
You can wash off all the dirt,  
So the virus cannot hurt,  
You can get rid of the virus with some soap!

Wash every nook and cranny of your hands.  
Wash every nook and cranny of your hands.  
The backs, the palms, the fingers,  
Everywhere the virus lingers,  
Wash every nook and cranny of your hands!

Dry your hands and don't go messing when you're done.  
Dry your hands and don't go messing when you're done.  
Don't stick you fingers up your nose,  
Don't scratch your bum or pick your toes,  
Dry your hands and don't go messing when you're done!

If they're dirty or they're sticky start again.  
If they're dirty or they're sticky start again.  
Wash them several times a day,  
Just to keep the germs at bay,  
If they're dirty or they're sticky start again!

**Children & Masks**  
#DrKimsKids

**Make it Fun**  
Help your child find a mask that they will want to wear, whether it's in their favorite color or a fun pattern, or it has a cute animal or their favorite character on it. Make sure it fits snugly without gaps and is in a breathable fabric like cotton.

**Be Their Influencer**  
Many kids want to be "just like mommy/daddy". When you wear a mask, children are more likely to want to wear a mask as well.

**Make the Mask Part of Daily Life**  
Drawing pictures of people wearing masks and putting a mask on stuffed animals helps make masks less scary. Have your child wear their mask a little bit every day so they're used to it and are less likely to touch their face or remove it.