



ELEMENTARY SEXUALITY EDUCATION PLAN 2020-2021

SCHOOL: _____ Pierre Elliott Trudeau _____

CYCLE 1 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY What this means in Gr. 1: - Self awareness - Emotions and feelings - Body growth, needs, five senses, hygiene	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION What this means in Gr. 1: - Personal Space - Recognizing assault - Self-protection skills - Reporting incidences	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS What this means in Gr. 1: - Respecting individual differences - Going beyond gender stereotypes
GRADE 1	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: April/May DURATION: 2 hours SUBJECT AREA: ERC -ELA				WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: April/May DURATION: 3 hours SUBJECT AREA: ERC - ELA	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Dec - May DURATION: 2 hours SUBJECT AREA: ERC



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CYCLE 1 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE What this means in Gr. 2: - Identifying body parts and their functions - Appreciating and respecting individual differences - Bodily needs: hygiene, safety food, activity, sleep	EMOTIONAL AND ROMANTIC LIFE What this means in Gr. 2: - Interpersonal relationships - Expressing feelings	PREGNANCY AND BIRTH What this means in Gr. 2: - Understanding conception - Development and needs of a fetus (nourishment and growth)	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 2		WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Mar - May DURATION: 2 hours SUBJECT AREA: ELA with Health Care Prof.	WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Jan - Mar DURATION: 2 hours SUBJECT AREA: ERC	WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Mar - May DURATION: 2 hours SUBJECT AREA: ELA with Health Care Prof.		



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CYCLE 2 ELEMENTARY

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THEME	COMPREHENSIVE VIEW OF SEXUALITY What this means in Gr.3: -Interpersonal relationships	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION What this means in Gr. 3: -Personal Space -Recognizing assault -Self-protection skills -Reporting incidences	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS What this means in Gr.3: -Stereotypes -Gender roles -Media Literacy
GRADE 3	WHO: <i>Please check the one that applies</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional WHEN: Jan - Mar DURATION: 2 hours SUBJECT AREA:ERC(French)				WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input checked="" type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Mar - May DURATION: 3 hours SUBJECT AREA: ERC (French)	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Jan - Mar DURATION: 2 hours SUBJECT AREA: ERC(French)



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CYCLE 2 ELEMENTARY

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THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE What this means in Gr. 4: -Understanding the main changes associated with puberty -Sharing feelings about growing up	EMOTIONAL AND ROMANTIC LIFE What this means in Gr.4: -Characteristics of a friend and friendship -Differences between camaraderie , friendship, love, attraction -Behaviours that influence interpersonal relationships (empathy, respect, rumours, bullying, jealousy)	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS What this means in Gr.4: -Gender Inequalities -Learning to express oneself -Role models and influences
GRADE 4		WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Jan – Apr DURATION: 2 hours SUBJECT AREA: ELA	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Jan – Apr DURATION: 2-3 hours SUBJECT AREA: ERC (French) /ELA			WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Jan - Apr DURATION: 2-3 hours SUBJECT AREA: ERC (French) /ELA



ELEMENTARY SEXUALITY EDUCATION PLAN 2020-2021

CYCLE 3 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE What this means in Gr.5: -Becoming aware of the physical and psychological changes associated with puberty and the body's ability to reproduce	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION What this means in Gr. 5: -Preventing assault -Skills to ensure your personal safety (real world & online)	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 5		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: April/May</p> <p>DURATION: 3-5 hours</p> <p>SUBJECT AREA: Science</p>			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: Jan - May (SHINE) Community officer: Feb</p> <p>DURATION: 1 hour: SHINE 1hour : community officer</p> <p>SUBJECT AREA: ELA/French</p>	



ELEMENTARY SEXUALITY EDUCATION PLAN 2020-2021

CYCLE 3 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY What this means in Gr. 6: - Expectations, norms for living together - Moral values, beliefs, choices	SEXUAL GROWTH AND BODY IMAGE What this means in Gr. 6: - Positive attitudes towards your changing body. - The diversity of body types	EMOTIONAL AND ROMANTIC LIFE What this means in Gr. 6: - Changes in interpersonal relationships - Attitudes and feelings associated with puberty - Images and messages from your social environment and the media	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS What this means in Gr. 6: - Discrimination based on sexual orientation - Respect sexual diversity and differences
GRADE 6	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Dec-May DURATION: 2 hours SUBJECT AREA: ERC (French) /ELA	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Dec-Mar DURATION: 5x45 minute sessions SUBJECT AREA: Science	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Dec-May DURATION: 2 hours SUBJECT AREA: ERC (French) /ELA			WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Jan-May DURATION: 2 hours SUBJECT AREA: ELA