



**St Monica Elementary** (514) 369 0070

Office hours: 8:30 a.m. to 1:00 p.m. and 2:00 p.m. to 4:30 p.m.

*Exceptional opportunities to grow and succeed.*

Issue 7

May 2024

## Dreaming of Summer Adventures—Celebrating Cultural Experiences

As Spring slowly arrives, we celebrate the beauty that is around us, and appreciate the blooming flowers and fascinating wonder of tree leaves appearing. Beyond Spring, we also start to dream of what summer could bring and the adventures that will be part of it. Travel is often part of the adventure while we explore favorite and new destinations— cultural experiences to awaken the senses.

Is a physical visit not possible? Then let's experience a virtual journey that will leave us inspired.



### Guess the Country by the Landmark Quiz | Guess the Monuments Challenge

[https://www.youtube.com/watch?v=J\\_nmgntYZHU](https://www.youtube.com/watch?v=J_nmgntYZHU)

### The best virtual tours to explore the world from home

<https://www.lonelyplanet.com/articles/virtual-tours-travel-destinations>



**SCHOOLMESSENGER®**

School Messenger will be the application the EMSB and all schools will use for mass communications.

Messages will be coming from [broadcasts@schoolmessenger.com](mailto:broadcasts@schoolmessenger.com)

## Cultural Pride

Students are fascinated by new cultures and are eager to share their own. A recent opportunity came up with our own St Monica student, **Jessé Tonelli Peres De Souza**, who shared how proud he is of being Brazilian and all the beauty, and excitement Brazil can offer.



### Brazilian Culture— by Jessé

My name is Jessé and I am from Brazil. My favourite city in Brazil is Rio De Janeiro, where my grandparents live. The statue of Cristo Redentor overlooks the city.

Many movies have been filmed in Brazil such as the movie Rio that takes place in the city of Rio De Janeiro.



A food I really miss from Brazil is tapioca. It looks like rice grains and it is used to make crêpes.

A common street food that can be stuffed with many different items such as fruit, meat or vegetables.



<https://www.connectbrazil.com/experience-brazils-world-heritage-sites/>

## Upcoming Events

- May 14:** Spring Concert 1:30-3:30
- May 17:** Ped Day (daycare open)
- May 20:** Holiday
- May 21 to May 31:** Grade 6 English Exam
- May 22:** TCBY Grade 6 Fundraiser
- May 22:** Pizza Lunch
- May 24:** PPO Dress Down Day

## Looking Ahead - June 2024

- Jun 5:** Ped Day (daycare open)
- Jun 6:** Milk Program Ends
- Jun 8:** Saturday Car Wash Fundraiser Grade 6
- Jun 11 to Jun 13:** Grade 6 Math Exam
- Jun 18:** Grade 6 Graduation
- Jun 19:** Grade 6 Overnight Trip
- Jun 21:** Last Day of School



Get an exclusive look at all the great things happening at St. Monica Elementary School.



*"Every child deserves a champion—an adult who will never give up on them, who understands the power of connection, and insists that they become the best that they can possibly be." Rita Pierson*

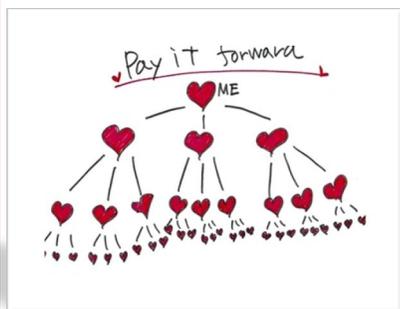
**Thank you for choosing us to be a part of your child's learning journey.**



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### Kindness Campaign at St Monica

**Pay it Forward**  
to do something kind or useful for someone because someone else has done something kind or useful for you  
Cambridge Dictionary definition

#### 11 ideas for paying it forward

1. Buy someone's coffee or meal - a small gesture that can brighten up their day.
2. Leave a kind note for someone to find, whether it's on their car windshield or in a public space.
3. Volunteer at a local charity or non-profit organization and help make a difference in the community.
4. Donate blood and potentially save someone's life.
5. Offer to help an older or disabled person with their groceries or household chores.
6. Leave a generous tip for your server, delivery driver, or other service industry workers.
7. Bring homemade treats or baked goods to share with coworkers, neighbors, or friends.
8. Offer to mentor a younger person and share your knowledge and experiences with them.
9. Help a struggling student by offering to tutor them (gratis) in a subject you excel in.
10. Leave positive reviews and recommendations for businesses, products, or services that have provided exceptional service.
11. Get your kids and family involved. Suggest they invite the new student to sit with them at lunch, write a thank you note to their teacher, a letter to their grandparents, or give an uninitiated hug or compliment to their sibling.

<https://greenlight.com/learning-center/parenting-and-family/paying-it-forward>

### St. Monica Elementary School Open House

Thursday, **October 26, 2023**  
9:30 am – 12:00 pm  
1:30 pm – 3:00 pm

Thursday, **January 25, 2024**  
4:00 pm – 8:00 pm

Click on link below for Virtual Tour

<https://stmonica.emsb.qc.ca/emsb/schools/open-house/elementary-schools/StMonica>



### School Hours

8:55 - 9:05	Morning Supervision
9:05	Entrance (Bell Rings)
9:05 - 9:10	Homeroom
10:10 - 10:30	Morning Recess Pre-K
10:40 - 11:00	Morning Recess Gr. K - 6
11:30 - 1:00	Lunch Pre-K
12:12 - 1:30	Lunch Kindergarten
12:30 - 1:30	Lunch Gr 1 - 6
2:00 - 2:20	Afternoon Recess Pre-K
2:30 - 2:50	Afternoon Recess Gr. K - 6
3:50	Dismissal All Grades
3:50 - 4:00	Supervision (Yards & Bus)



### EMSB Libraries & Research Educational Links

Our EMSB website provides many resources to help with research and general support. Please go to link below to explore the possibilities.

<https://www.emsb.qc.ca/emsb/community/links>



### Parent Workshop Opportunities

May 15, 2024

Rediscovering Joy in Anxious Times

More info to come ...

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## Spring BUCKET LIST

<p>MAKE A BIRD FEEDER          HAVE A PICNIC          FLY A KITE          HAVE A BONFIRE          SPEND A DAY AT THE ZOO          GO FISHING          PLAY FRISBEE IN THE PARK          GO CAMPING          PLAY WITH SIDEWALK CHALK          DYE EASTER EGGS          TAKE A FAMILY WALK          FEED THE DUCKS          BLOW BUBBLES          VISIT A FARM          GO ON A NATURE HUNT          PLANT FLOWERS          MAKE PLAY DOUGH          HAVE AN OUTDOOR TEA PARTY          GO BIRD WATCHING          BAKE CUPCAKES          PAINT ROCKS          PLAY HOPSCOTCH          MAKE MUDIPIES          BUILD A FORT          MAKE A SUNCATCHER</p>	<p>PICK BERRIES          ROAST S'MORES          GO TO A PETTING ZOO          FIND A LOCAL FAIR          PLAY HIDE &amp; SEEK IN THE DARK          GO STAR GAZING          LOOK FOR TADPOLES          MAKE FLOWER DECORATIONS          HAVE A GARAGE SALE          GO ON A SCAVENGER HUNT          HAVE AN EASTER EGG HUNT          PLANT A GARDEN          PLAY IN THE RAIN          TAKE FAMILY PICTURES          HAVE A BOARD GAME NIGHT          SKIP ROCKS AT THE LAKE          HAVE A FAMILY DINNER DATE          MAKE A NEW LEMONADE RECIPE          JUMP IN PUDDLES          GO TO A DRIVE IN MOVIE          SMELL THE FLOWERS          MAKE FLOWER CROWNS          LOOK FOR RAINBOWS          READ A BOOK ABOUT SPRING          MAKE A WIND CHIME</p>
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<https://www.pinterest.com/pin/50-fun-ideas-for-your-spring-bucket-list-242716704981612573/>

SUNNY DAY FAMILY

### Hot Lunch Program

While St. Monica does not have a cafeteria on site, we are happy to offer a hot lunch program through Mini Bistro for parents who wish to purchase lunch. Your child will enjoy high-quality meals that are lower in sugar, fat and food additives, providing essential nutrients according to Canada's Food Guide.

Visit the website at <https://leminibistro.emsb.qc.ca/>

Please take note that St. Monica **does not** have microwaves, other cooking equipment or cutlery on site available to students, so parents should not send pack food that requires reheating. Also ensure that you provide your child with plastic forks and spoons as needed.

### Food Allergies

Some students have food allergies. We ask that all parents keep this in mind when choosing food items for lunch and snacks.

To avoid allergic reactions:

- Inform St. Monica's front office and your child's teacher of the allergy and ensure that auto-injectors (EpiPen) are readily available.
- Ask your child's teacher about the "designated eating area for students with allergies" in your school.

Providing a safe environment for St. Monica students is a major concern! We try our best to maintain an allergen safe environment. Parents should also take all necessary precautions.

### School & Workbook Fees **Please send your payment for your child's fees.**

**Lunch Fees** Lunch supervision is available for all children who wish to stay at school to eat their lunch. There is a charge of \$250 per child from Kindergarten (K5) to Grade 6, and the charge for Pre-Kindergarten (K4) is \$280 per child. This money is used to pay for the lunch monitors needed to supervise your child. Thank you for making payments as soon as possible.

See our website for fee breakdown <https://stmonica.emsb.qc.ca/stmonica/our-school/about/school-fees>

**Daycare Fees** Parents using our B.A.S.E. Daycare Service will be provided with monthly invoices for amounts owed. Please ensure that payments are made regularly. Take note that daycare services cannot continue if outstanding payments are not settled in a timely fashion.



### B.A.S.E. Daycare Program

St Monica provides daycare services from 7:00 a.m. to 6:00 p.m. on all school days and most Pedagogical Days. Our daycare is closed on holidays, weekends and during the Holiday and March breaks.

See our website for details <https://stmonica.emsb.qc.ca/stmonica/daycare>

You can contact **Ms. Michelle Graham, Daycare Technician (Interim) at (514) 369-0087** for all inquiries related to daycare services and payments.



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Issue 6

March 2024

## Important Information

**Gentle Reminder for Morning Drop-off** your child must be dropped off in the school yard by 8:55 a.m. Teacher supervision begins at 8:55 a.m. If the school yard gates are closed, please escort your child to the front office. To ensure everyone's safety and a systematic entry, the teachers are not able to open the gate for late arrivals. Thank you for your understanding.

In case of rain, parents are asked to bring their child to the main entrance of the school at 8:55 a.m. (at first bell). They will then proceed to the school gym where teachers will greet them.

**Children Pick-Up** upon dismissal of classes at 3:50 p.m. all students who walk home will exit by the junior yard door. Children attending daycare will be brought to their after school classroom. The only children leaving from the front door are the children that take the bus home.

If there is a change to your child's after school dismissal we ask that you contact the main office by **3:00 p.m.** to notify changes to your child's routine.

Please note that all visitors must report to the Front Office.

**Student Absences/Changes to Routine** parents are encouraged to use Mozaik to report late arrivals and absences, or a call can be placed to the school at 514 369 0070 before 9:00 a.m. and state the child's name, room number and reason for their child's absence. If no one answers the phone, please leave a message on the answering machine (the answering machine is on overnight). Please ensure that the school is notified before **3:00 p.m.** if there is a change in routine for dismissal at the end of the day.

**Dress Code** a gentle reminder that all students must be in clean uniform daily. Navy blue tunic, skirt, pants (no jeans, no leggings), or walking shorts (knee-length or longer), white tops, shirt with collar, turtleneck, sweatshirt (no t-shirts, no lettering or logos) and sweaters are navy blue.

All articles of clothing must be labelled by the parent so that the item can be identified and returned to the rightful owner.

**Lost and Found** please check the "lost and found" areas at the Daycare entrance on a regular basis. Any unclaimed clothing will be placed on tables as a reminder to pick up when we have school events. All items not picked up at these events will be donated to charity in December and in the Spring.

**Physical Education Uniform** navy blue shorts and a grey t-shirt can be purchased from school office. The uniform is not mandatory for Pre-K and Kindergarten children, but they must wear navy blue shorts and a white t-shirt. For hygienic reasons, children are not permitted to wear their uniform under their school clothes. Please make sure your child has running shoes for Phys. Ed. class.

**Personal Accident Insurance** parents are encouraged to subscribe to personal accident insurance in case their child gets hurt while participating in physical education and sports or in any other circumstances. Fees incurred for ambulance services, medical/dental/ocular services and any other services related to an injury will not be assumed by the school. Parents are encouraged to contact their personal insurance company or any other insurer to get advice and information about accident insurance coverage for their child.



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Making a difference, one student at a time.