



**St Monica Elementary School**

January 23, 2019

Dear parent(s)/guardian(s),

The Ministère de l'Éducation et de l'Enseignement supérieur is offering schools the opportunity to provide students with Sexuality Education. Students will receive 5 to 10 hours of sexuality education over the course of the 2018-2019 academic year. The learning content in Elementary school is designed for students from Kindergarten through to grade 6.

The learning content defined by the Minister of Education is tailored to the students' ages and levels of development, and is in line with the recommendations of experts from the World Health Organization and UNESCO. The content will be taught by trained school personnel in collaboration with partners chosen by the school (e.g. health network or community organizations). The learning content takes into account contemporary issues, for example, easy access to images and messages about sexuality in the community and the use of social media.

Four of the six recommended themes will be covered for the 2018-2019 school year. Our St Monica Elementary Sexuality Curriculum Plan can be found on our website.

The themes are as follows:

<b>ELEMENTARY</b>	K	1	2	3	4	5	6
<b>THEMES</b>							
<b>Sexual Growth and body image:</b> Knowing your body, appreciating and taking care of it, understanding puberty.	√		√		√	√	√
<b>Comprehensive view of sexuality :</b> sexuality is at the core of who we are and has a number of dimensions (e.g. physical, psychological, affective, socio-cultural)		√		√			
<b>Emotional and Romantic Life:</b> friendship, expressing your feelings, new feelings that come with puberty, etc.			√		√		√
<b>Sexual Assault Prevention:</b> Safety rules, strategies for protecting yourself and the importance of reporting an incident of sexual assault to an adult.		√		√		√	



The school and the family play complementary roles in Sexuality Education. The complementary nature of these roles reinforces and optimizes the efforts of both. Rest assured that the school team is deeply committed to the healthy development of your child.

For more information about the MEES Sexuality Education Program, please visit



[http://www.education.gouv.qc.ca/fileadmin/site\\_web/documents/education/adaptation-scolaire-services-comp/EDUC-Apprentissages-Sexualite-GrandPublic-EN.pdf](http://www.education.gouv.qc.ca/fileadmin/site_web/documents/education/adaptation-scolaire-services-comp/EDUC-Apprentissages-Sexualite-GrandPublic-EN.pdf)

Sincerely,

Silvana Crigna  
Principal