



PIERRE DE COUBERTIN

4700 Lavoisier
Montréal, Québec, H1R 1H9

PDC's Monthly Newsletter

April 2022

Dear PDC Community,

Despite this week's colder weather, spring is in the air! We are looking forward to a busy month of April ahead, with several in-house activities for our students, as well as some exciting outings for select levels. If you aren't already, be sure to follow us on Instagram and Facebook to keep up with all the excitement!

A note from PDC's Daycare: We kindly ask that any past due lunch & daycare fees be paid immediately.

In addition, a friendly reminder that the Second Communication reports will be available to all parents via Mozaik on the afternoon of Friday, April 22nd.

We've Been Busy!

- **St. Patrick's Day Celebrations** 

St. Patty's Day celebrations at PDC were far more than simply aesthetic – while we loved seeing your children in their green tops & accessories, students also partook in several pedagogical activities to highlight this day! From arts & crafts to creative constructions and STEAM creations, this special day offered tons of opportunities for learning and fun!



A special shoutout to *Les Délices Lafrenais* & *Pâtisserie San Pietro*, who helped our awesome staff highlight the month of with their delicious zeppole!

- **New Extra-Curricular Club Alert: PDC's Green Team** 

At Pierre de Coubertin, we see the importance of creating sustainable principles in our school. We are so excited to announce that PDC's Green Team is working together once again. We are ready to fight climate change and help implement sustainability in our school. We will spread awareness and we will raise our voices on climate change. We are part of a team where we can be leaders, planners, and influencers for a Greener tomorrow.

Our team of amazing students are dedicated to ensuring each classroom recycles properly and reduces their food waste. Waste Free Wednesdays will resume once again. The Green team is working on so many exciting sustainability projects and we can't wait to share them with you soon.



- **PDC's Wellness Wall** 

We have a new addition to our PDC walls! Introducing PDC's Wellness Wall - which can be found at the main office and offers a cool mandala for students & staff to colour

in! Mandala colouring is a type of art therapy used to relieve stress and improve attention while also exercising the brain and expressing creativity. A special shoutout to our behaviour technicians for this great idea!

Arguably the best part - it's actually a dry erase board that can be coloured in, cleaned and re-used over & over! Of course, it is available for all to use!



- **Peer Leadership Program: LMAC & PDC Collaborate** 

Laurier Macdonald High School, in collaboration with PDC and our neighbouring Saint-Leonard elementary schools, have put together a Peer Leadership Mentorship program where the senior volleyball players from Laurier Macdonald High School are organizing and running an after-school volleyball program for our Grades 5 & 6 students. Supervised by our Physical Education teachers, this 6-week program starts right after school and includes skill development, sportsmanship, and fair play. Our students are thoroughly enjoying this experience!



- **AFTER-SCHOOL ACTIVITIES @ PDC**   

After-school activities with Enfant & Compagnie are ongoing, with more fun & skills to discover at each session! This week, students enrolled in International Art Studio started working on their own papier-mâché bowls, children enrolled in KidChef Essentials prepared waffles or pasta, and our Karate kids perfected new techniques. Way to go everyone!

- **Upcoming: Dodgeball Tournament** 

In the spirit of teamwork, cooperation, and a healthy lifestyle, the students of Cycle 3, will be participating in a friendly Dodgeball tournament organized by our Spiritual & Community Animator, Mr. Vince. This month-long initiative will culminate with the winning Grade 5 or 6 class to face off against The PDC Predators (Staff Members). A special thank you to our Student Council for this wonderful idea!



Be sure to consult the April calendar sent out earlier this week for upcoming special events & activities! 

