



Nesbitt School Cafeteria Bistro Menu 2024-2025

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|---|
| | | | | | |
| Week 1 Sept. 9 Oct. 14 Nov 18 Jan. 6 Feb. 10 March 24 April 28 June 2 | <u>Cream of Chicken A-2</u> Alfredo Ziti al Forno B-190 Sunrise Vegetables G-1 Fish & Dip B-16 Salad E - 13 | <u>Chicken and Rice Soup A-5</u> Meatballs and Gravy B-110b Mashed Potatoes G-2 Green Beans G-1 Chicken Souvlaki Pita B-88b Lettuce and Tomato E-8 | <u>Tomato Soup A-8</u> Zesty Chicken B-162 Seasoned Rice with carrots D-6 Cocktail Vegetables G-1 Cheeseburger B-71 Lettuce and Tomato E-8 | <u>Chicken Curry Soup A-4</u> Pasta alla Bolognese (Beef) B-134d Garden Vegetables G-1 Chicken Sub B-89 Carrot Coleslaw E-3b | <u>Cream of Celery A-2</u> Three Cheese Pizza B-130 / Vegetable Pizza B-121 Mixed Green Salad E-10 |
| Week 2 Sept.16 Oct. 21 Nov. 25 Jan. 13 Feb.17 March 31 May 5 June 9 | <u>Beef Barley Soup A-1</u> Cheese Manicotti B-72 Broccoli G-1 Pulled Pork Sandwich B-168 Coleslaw E-5 | <u>Country Style Soup A-6</u> Chicken Souvlaki Platter 143b Seasoned Rice with Carrots D-6 Cocktail Vegetables G-1 Philly Steak Chipotle Wrap B-147d Crudit  & Dip E-6 | <u>Lentil Soup A-10</u> Stir-fry Beef Macaroni B-92 Peas & Carrots G-1 Multigrain Chicken Burger B-81 Lettuce and Tomato E-8 | <u>Cream of Mushroom A-2</u> BBQ Chicken Leg B-54 Potato Wedges G-8 Crinkled Carrots G-1 Tuna Melt B-12 Gourmet Salad E-7 | <u>Beef & Vegetable Soup A-3</u> Three Cheese Pizza B-130 / Greek Pizza B-126 Mixed Green Salad E-10 |
| Week 3 Sept. 23 Oct. 28 Dec. 2 Jan. 20 Feb.24 April.7 May 12 | <u>Chicken and Rice Soup A-5</u> Tortellini In Ros  Sauce B-75a Sunrise Vegetables G-1 BBQ Chicken Sub B-55 Coleslaw E-5 | <u>Chicken Curry Soup A-4</u> <u>Chef's Special</u> Santa Fe Veggie Burger B-71e Caesar Salad E-1 | <u>Cream of Chicken A-2</u> Chicken Nuggets B-C7 Mashed Potatoes G-2 Cocktail Vegetables G-1 Beef Taco Bowl B-199b Corn Salad E-21 | <u>Chicken Noodle Soup A-5</u> Lasagna (Beef) B-109 AND Meatless Lasagna (TVP*) B-109VE Green Beans G-1 Chicken Caesar Wrap B-83 Mixed Green Salad E-10 | <u>Cream of Mushroom A-2</u> Three Cheese Pizza B-130 / Veggie Pizza B-122 or B-202 Salad E-13 |



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| Week 4 Sept. 30 Nov. 4 Dec. 9 Jan. 27 March 10 April 14 May 19 | <u>Cream of Celery A-2</u> Chicken Fried Rice B-85 Sunrise Vegetables G-1 Veggie Frittata Potato Wedges G-8 Gourmet Salad E-7 | <u>Beef and Vegetable Soup A-3</u> Tomato Meatball Pasta B-189 Garden Vegetables G-1 Chicken Chipotle Wrap B-198 Crudit  & Dip E-6 | <u>Tomato and Noodles Soup A-8</u> Ocean Bites B-7 Seasoned Egg Noodles D-3 Crinkled Carrots G-1 BBQ Turkey Burger B-157 Carrot Slaw E-3b | <u>Country Style Soup A-6</u> Shepherd’s Pie B-141 Brown Gravy F-1 Peas & Carrot G-1 Vegetarian Quesadilla B-160 Mixed Green Salad E-10 | <u>Lentil Soup A-10</u> Three Cheese Pizza B-130 / Mexican Pizza (beef) B-128 Salad E-13 |
| Week 5 Oct.7 Nov. 11 Dec. 16 Feb.3 March 17 April 21 May 26 | <u>Cream of Mushroom A-2</u> Macaroni & Cheese B-C6b Broccoli G-1 Chicken Fajitas B-97 Lettuce and Tomato E-8 | <u>Chicken Noodles Soup A-5</u> <i>New</i> Citrus Herb Cod Filet B-19 Mashed Potatoes G-2 Pick of the Day Vegetable G-1 Dumpling (Chicken) B-203 Edamame & Cabbage Salad E-35 | <u>Beef and Barley Soup A-1</u> <u><i>Chef’s Special</i></u> Mexican Sub B-113 Corn Salad E-1 | <u>Cream of Celery A-2</u> Butter Chicken B-176 Basmati Rice D-1 Cocktail Vegetables G-1 BBQ Rib Burger (Beef) B-191b Gourmet Salad E-7 | <u>Beef and Vegetable Soup A-3</u> Three Cheese Pizza B-130 / Western Chipotle Pizza (Chicken) B-188 Mixed Green Salad E-10 |
| Labour Day: Sept 2 (Week 2-Opening Menu) Thanksgiving: Oct 14 (Week 1) Convention: Oct.18 (Week 1) Holiday Break: Dec. 23- Jan.3 | Board Wide PED Days: Elementary Schools <ul style="list-style-type: none"> November 1 (Week 3) March 21 (Week 5) April 4 (Week 2) (not Royal Vale HS) | | High Schools <ul style="list-style-type: none"> November 22 (Week 1) April 11 (Weel 3) Not Royal Vale Elem. | March Break: March 3 – 7 Good Friday: April 18 (Week 4) Easter Monday: April 21 (Week5) Victoria Day: May 19 (Week 4) | *TVP- Textured Vegetable Protein (Soya based product) |

Pizza Picture: Gym cartoon vector created by jcomp - www.freepik.com

Burger Picture: Chef illustration vector created by catalyststuff - www.freepik.com

Pasta picture: https://www.freepik.com/premium-vector/pasta-cartoon-characters-cute-wheat-food-mascots-with-happy-faces-hands-legs-restaurant-menu-vector-comic-smiling-healthy-set_29853764.htm#query=pasta%20characters&position=10&from_view=search