



Lester B. Pearson High School

Academic Year: 2020-2021	Department: Physical Education
Subject: Physical Education and Health	Level (Cycle and Year): Secondary 4 and 5

Term 1 - 20% of School Grade Sec. 4: Grade not reported but will be carried over into Term 2 Sec. 5: Grade reported Sport-Etudes: Evaluation is ongoing
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School Reporting Date(s) : August 31st 2020-November 4th 2020

Progress Report: October 13th 2020

Term 1 Report Card: November 20th 2020

Teacher Methods of Communication: Standards and Procedures, Progress Report, Parent-Teacher conferences, Report Card, Online Platforms, E-mail, Phone Calls, Syllabus

Competency Evaluated and Percentage of Term Grade:

C1- Performs movement skills in a variety of physical activity settings **(50% of Final Term I Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
1. Fitness Testing	Muscular endurance	4-5 tests	100%
	Cardiovascular endurance		
	Muscular strength		
	Agility		
	Speed /Power		

Competency Evaluated and Percentage of Term Grade:

C3- Adopts a Healthy, Active Lifestyle **(50% of Final Term I Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
2. Weekly Observations	Brings necessary materials to class	Weekly observation rubrics	60%
	Effort	Participation	
	Participation		
3. Group Project	Anatomy/Physiology	1 project	40%

Term 2 - 20% of School Grade

Reporting Date: November 5th, 2020-January 29th, 2021

Term II Report Card: February 24th, 2021

Teacher Methods of Communication: Standards and Procedures, Parent-Teacher Conferences, Report Card, Online Platforms, E-mail, Phone Calls, Syllabus

Competency Evaluated and Percentage of Term Grade:

C2- Interacts with others in a variety of Physical Activity Environments **(50% of Final Term II Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
1. Sports Skills	Synchronization	3-5 skills	100%
	Cooperation		
	Coordination		
	Sportsmanship		

*Note that social distancing will be practiced as much as possible; subject to change depending on Ministry guidelines.

Competency Evaluated and Percentage of Term Grade:

C3- Adopts a Healthy, Active Lifestyle **(50% of Final Term II Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
2. Weekly Observations	Brings necessary materials to class	Weekly observation rubrics	60%
	Effort		
	Participation		
3. Group Project	Sports Project	1 project	40%

Term 3 - 60% of School Grade

Reporting Date: February 1st, 2021-June 23rd 2021

Teacher Methods of Communication: Standards and Procedures, Report Card, Online Platforms, E-mail, Phone Calls, Syllabus E-mail, Phone Call, Syllabus

Competency Evaluated and Percentage of Term Grade:

C1- Performs movement skills in a variety of physical activity settings **(25% of Final Term III Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
1. Fitness Testing	Muscular endurance	3-5 tests	100%
	Cardiovascular endurance		
	Strength		
	Agility		
	Speed/Power		

Competency Evaluated and Percentage of Term Grade:

C2- Interacts with others in a variety of Physical Activity Environments **(25% of Final Term III Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
2. Sports Skills	Synchronization	3-5 skills	100%
	Cooperation		
	Communication		
	Sportsmanship		

Competency Evaluated and Percentage of Term Grade:

C3- Adopts a Healthy, Active Lifestyle **(50% of Final Term III Grade)**

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
3. Weekly Observations	Brings necessary materials to class		60%
	Effort		
	Participation		
4. Group Project	Lifestyle Habits		40%

- Late work policy :
 - Students are allowed to submit the assignment the next day without penalty.
 - After one day, 5% is deducted for each additional day it is late
 - Once the assignment in question is handed back to students, no late assignments will be accepted and will receive a mark of Zero (0).