



High School Menu - April 6 - June 11, 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	April 5	April 6	April 7	April 8	April 9
Choice 1	Holiday	Fish Lemon Herbs Seasoned Egg Noodles	Chicken Pad Thai	Crispy Coated Chicken Leg Potato Wedges	Rigatoni (Beef)
		Garden Style Vegetables	Pick of the day Vegetables	Sunrise Vegetables	Mixed Vegetables
Choice 2		Multigrain Chicken Burger	BBQ Rib Sub	Taco Bowl (Beef)	Western Chiplote Pizza
		Caesar Salad	Mixed Green Salad	Corn	Salad
	April 12	April 13	April 14	April 15	April 16
Choice 1	Alfredo Ziti Al Forno (Chicken)	General Tao Chicken Seasoned Rice with Carrots	Lasagna (Beef) and Lentil Lasagna	Meatballs in Sauce Gravy	Butter Chicken Basmati Rice
	Cocktail Vegetables	Garden Style Vegetables	Crinkled Carrots	Seasoned Egg Noodles Green Beans	Pick of the Day Vegetables
Choice 2	Cheeseburger	Gyro Pita Sandwich (Beef, Lamb)	Mexican Turkey Wrap	Fish & Dip	Three Cheese Pizza B-131
	Lettuce and Tomato	Salad (for Gyro)	Salad	Mixed Green Salad	Caesar Salad E-1
	April 19	April 20	April 21	April 22	April 23
Choice 1	Cheese Manicotti in Tomato Sauce	Vege Frittata Oven Roasted Potatoes	Chicken a la Parmigiana Seasoned Egg Noodles	BBQ Chicken Leg Potato Wedges	Pot Roast (Beef) Mashed Potatoes
	Cocktail Vegetables	Sunrise Vegetables	Garden Style Vegetables	Pick of The Day Vegetables	Mixed Vegetables
Choice 2	BBQ Grilled Chicken Flatbread	Hamburger	Pull Pork Sanwich	Quesedilla De Carne	Greek Pizza
	Mixed Green Salad	Lettuce and Tomato	Coleslaw	Gourmet Salad	Salad
WEEK 1	April 26	April 27	April 28	April 29	April 30
Choice 1	Chicken Souvlaki Platter With Tzatziki and Pilaf Rice	<u>Discovery Menu</u>	Fish Roulade Seasoned Egg Noodles	Shepherd's Pie Gravy	Cheese Tortellini in Rosée Sauce
	Sunrise Vegetables		Garden Style Vegetables	Mixed Vegetables	Green Beans
Choice 2	Italian Meatball Roll (Beef)	Multigrain Chicken Burger	Taco Bowl (Beef)	Vegetarian Quesadilla	Chicken Caesar Pizza
	Mixed Green Salad	Lettuce & Tomato	Corn Salad	Salad	Gourmet Salad

Cafeteria Menu / Parents

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	May 3	May 4	May 5	May 6	May 7
Choice 1	Teriyaki Chicken Mixed Vegetables	Cabbage Roll Casserole (Beef) Pick of The Day Vegetables	Macaroni and Cheese Garden Style Vegetables	Crispy Coated Chicken Leg Potato Wedges Sunrise Vegetables	Salisbury Steak Gravy Mashed Potatoes Peas and Carrots
Choice 2	Mixed Deli Sandwich Caesar Salad	Dumpling (Chicken) Edamame & Cabbage Salad	BBQ Turkey Burger Gourmet Salad	Philly Steak Sub Crudité & Dip	Three Cheese Pizza Salad
	May 10	May 11	May 12	May 13	May 14
Choice 1	General Tao Chicken Seasoned Rice with Carrots Garden Vegetables	Parmigiana Meatloaf (Beef) Seasoned Egg Noodles Cocktail Vegetables	Alfredo Ziti Al Forno Crinkled Carrots	Chicken Fried Rice Sunrise Vegetables	Pasta Alla Bolognese (No Cheese) Mixed Vegetables
Choice 2	BBQ Rib Sub (Beef) Coleslaw	Chicken Fajita With Salsa Cocktail Vegetables	Italian Pou Teen Gourmet Salad	Cheeseburger Mixed Green Salad	Greek Pizza Lettuce and Tomato
	May 17	May 18	May 19	May 20	May 21
Choice 1	Meatballs in Sauce Gravy Seasoned Egg Noodles Mexican Vegetables	Zesty Chicken Platter Seasoned Rice With Carrots Pick of The Day Vegetables	Baked Spaghetti au Gratin Sunrise Vegetables	Shepherd's Pie Gravy Garden Style Vegetables	Butter Chicken Basmati Rice Mixed Vegetables
Choice 2	Chicken Chipotle Wrap Salad	Fish Taco Bowl B- Coleslaw (for Fish Taco)	Philly Bagel (Beef) Mixed Green Salad	BBQ Grilled Chicken Flatbread Crudités & Dip	Mexican Pizza Mexican Salad
	May 24	May 25	May 26	May 27	May 28
Choice 1	Holiday	Korean Sesame Beef Basmati Rice Sunrise Vegetables	Fish Roulade Seasoned Egg Noodles Mixed Vegetables	Lasagna (Beef) and Lentil Lasagna Crinkled Carrots	Chicken Delight Mashed Potatoes Mexican Vegetables
Choice 2		Mixed Deli Sandwich Gourmet Salad	Multigrain Chicken Burger Salad	Pulled Pork Sandwich Lettuce and Tomato	Vegetable Pizza Mixed Green Salad

Cafeteria Menu / Parents

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	May 31	June 1	June 2	June 3	June 4
Choice 1	Teriyaki Chicken Pick of The Day Vegetables	Olé Meat Pi Parsley Potatoes Mixed Vegetables	BBQ Chicken Leg Potato Wedges Peas and carrots	Chinese Macaroni (Beef) Sunrise Vegetables	Philly Steak Chipotle Wrap Coleslaw
Choice 2	Shish Taouk Sandwich Salad E-13	<i><u>Discovery Menu</u></i>	Italian Meatball Roll (Beef) Mixed Green Salad	Chicken Quesadilla Salsa Lettuce and Tomato	Three Cheese Pizza Salad
	June 7	June 8	June 9	June 10	June 11
Choice 1	Macaroni and Cheese Broccoli	Chicken Souvlaki Platter With Tzatziki and Pilaf Rice Sunrise Vegetables	Savory Tuna Pasta Cocktail Vegetables	Shepherd's Pie Gravy Garden Style Vegetables	Tomato Meatballs Pasta (Beef) Pick of The Day Vegetables
Choice 2	Fish & Dip B-16 Mixed Green Salad	Hamburger Salad	Philly Steak Chipotle Wrap Coleslaw	Chicken Fajita With Salsa Lettuce and Tomato	Chicken Ceasar Pizza Gourmet Salad

Note: Although all due care is taken in the preparation of our meals, they may contain traces of allergens (peanuts, nuts, seeds, soy, milk, eggs, wheat, etc.)

Menu subject to change due to product availability from our suppliers