### Action Sport Physio

**Health and Wellness** 

### INFORMATION SESSION for all parents

# 1 in 5 sport-related injuries is a **concussion**

## Do you know how to recognize one?

Learn the signs and symptoms of a concussion and the appropriate management to keep your child safe

## Tues, September 17, 2019. | 7 PM



Lester B. Pearson High School 11575 Ave P.M. Favier

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