



**JOHN GRANT HIGH SCHOOL  
STANDARDS & PROCEDURES**

<b>Department or Subject:</b>	<b>Health and Human Development</b>
<b>Cycle and Level Taught:</b>	<b>Autonomy Preparation Program (APP)</b>
<b>Course Code:</b>	<b>615-590</b>

<b>Term 1 (20%)</b>		
<i>Competencies Targeted</i>	<i>Evaluation Methods</i>	<i>General Timeline</i>
<ul style="list-style-type: none"><li>• Recognizes the value of taking a holistic approach to health (physical, mental and emotional)</li><li>• Adopts and healthy, active lifestyle</li></ul>	<ul style="list-style-type: none"><li>• In-class assignments</li><li>• Rubrics</li><li>• Group work</li><li>• Self-evaluations</li><li>• Observation</li></ul>	<ul style="list-style-type: none"><li>• Weekly</li><li>• Weekly</li><li>• Bi-weekly</li><li>• End of term</li><li>• Daily</li></ul>
<i>Communication to Students and Parents</i>	<i>Other Pertinent Information:</i>	
<ul style="list-style-type: none"><li>• Agenda</li><li>• Report card</li><li>• Phone calls</li><li>• Emails</li><li>• Letters home</li></ul>	Topics: <ul style="list-style-type: none"><li>• Stress Management</li><li>• Self-esteem and knowing yourself</li><li>• Food and food-related issues</li><li>• Human body review</li></ul>	

<b>Term 2 (20%)</b>		
<i>Competencies Targeted</i>	<i>Evaluation Methods</i>	<i>General Timeline</i>
<ul style="list-style-type: none"> <li>Recognizes the value of taking a holistic approach to health</li> <li>Adopts and healthy, active lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>In-class assignments</li> <li>Rubrics</li> <li>Group work</li> <li>Self-evaluations</li> <li>Observation</li> </ul>	<ul style="list-style-type: none"> <li>Weekly</li> <li>Weekly</li> <li>Bi-weekly</li> <li>End of term</li> <li>Daily</li> </ul>
<i>Communication to Students and Parents</i>	<i>Other Pertinent Information</i>	
<ul style="list-style-type: none"> <li>Agenda</li> <li>Report card</li> <li>Phone calls</li> <li>Emails</li> <li>Letters home</li> </ul>	Topics: <ul style="list-style-type: none"> <li>Physical wellness</li> <li>Mental health</li> <li>Body image</li> <li>Life Skills</li> </ul>	

<b>Term 3 (60%)</b>		
<i>Competencies Targeted</i>	<i>Evaluation Methods</i>	<i>General Timeline</i>
<ul style="list-style-type: none"> <li>Recognizes the value of taking a holistic approach to health</li> <li>Adopts and healthy, active lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>In-class assignments</li> <li>Rubrics</li> <li>Group work</li> <li>Self-evaluations</li> <li>Observation</li> </ul>	<ul style="list-style-type: none"> <li>Weekly</li> <li>Weekly</li> <li>Bi-weekly</li> <li>End of term</li> <li>Daily</li> </ul>
<i>Communication to Students and Parents</i>	<i>End of Year Evaluation</i>	<i>Other Pertinent Information</i>
<ul style="list-style-type: none"> <li>Agenda</li> <li>Report card</li> <li>Phone calls</li> <li>Emails</li> <li>Letters home</li> </ul>	Summative and Formative Evaluations	<i>Other Pertinent Information</i> Topics: <ul style="list-style-type: none"> <li>Sexuality</li> <li>Healthy Relationships</li> <li>Drugs and alcohol</li> </ul>