



# **Parent Workshop Night**

## **Thursday, November 4<sup>th</sup>, 2021**

### **Mental Health, A Strength-Based Approach**

Time: 6:30PM – 7:30PM

Presented by: Paola Borzone (Guidance Counselor), Janet Perlis (Psychologist), and Despina Vassiliou (Psychologist)

During this presentation participants will gain an understanding of mental health promotion by focusing on identifying and building lagging skills that are negatively impacting the functioning of children. A strength-based approach to help build up skills, including self-regulation skills, can help children learn how to manage and strengthen their responses to challenging situations.

[Click Here to Join the Mental Health Workshop!](#)

### **Assistive Technology: Review of Read & Write**

Time: 6:30PM – 7:30PM

Presented by: Elisa Mei Farina and Andrea Purpas (Assistive Technology Consultants)

The workshop about assistive technology will provide a refresher about Read & Write, a tool that students can use at home and at school to assist them with reading and writing on Google Chrome, Google Docs, Google Slides, etc.

[Click Here to Join the Assistive Technology Workshop!](#)

### **Ensuring a Smooth Transition to High School (Grade 5 & 6 Parents)**

Time: 7:45PM – 8:45PM

Presented by: Victoria Della Cioppa (Student services)

This workshop will include important topics such as, adolescent development (what's going on in the teenage years?), key moments to prepare your child for high school (it's a 16 month process!) and looking at the family as a crucial influence in supporting your child's transition (you know your child best!).

[Click Here to Join the Transition to High School Workshop!](#)

### **Early Literacy**

Time: 7:45PM – 8:45PM

Presented by: Paul Kettner & Julie Tytler (Early Literacy Consultants)

This informal, conversation-based workshop will guide parents on how to include literacy-based conversations, games and habits that contribute to children's reading and writing success.

[Click Here to Join the Early Literacy Workshop!](#)