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COVID-19 SYMPTOMS, TESTING & ISOLATION

Here is an overview of the most recent COVID-19 guidelines regarding symptoms, testing and isolation:

If a student presents the following:

One (1) of the following symptoms: <ul style="list-style-type: none">•Fever: 38.1 ° C (100.6 ° F)•Loss of smell, without nasal congestion•Cough (new or worse), no cause•Shortness of breath or difficulty breathing•Sore throat•Runny nose or congestion	OR Two (2) of the following symptoms: <ul style="list-style-type: none">•Headaches (unusual)•Intense fatigue•Significant loss of appetite•Generalized muscle pain•Nausea or vomiting•Diarrhea•Stomach ache
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He/she must remain at home or will be sent home from school. Per Santé Publique's recommendations, the individual should go for a screening test at the onset of the symptoms. If this recommendation is not followed, a parent/guardian MUST contact the COVID line (514-644-4545) to assess the risk of having COVID-19 and determine the isolation requirements. The other household members MUST self-isolate, as well.

If the student is tested, and the test is NEGATIVE:

- The student may return to school when his/her symptoms have improved.

If the student is tested, and the test is POSITIVE:

- The student must isolate at home since the first day the symptoms appeared (usually 10 days or until cleared by Santé Publique). The other household members must also self-isolate.

If testing is refused and the COVID-19 line is not called for isolation requirements:

- The student MUST isolate for 10 days after onset of symptoms. The other household members must also self-isolate.

Other possible situations:

The student is living with someone who has the above symptoms of COVID-19:

- The student and other household members must self-isolate until the person with symptoms gets tested.

The student is living with someone waiting for testing results, but that person does not have symptoms:

- The student may attend school and continue with other regular activities (assuming the student has no symptoms, as well.)

If you are unsure about any of the above guidelines, contact the COVID-19 line at 514-644-4545.

