

# INSPIRATIONS



**Commission scolaire English-Montréal**  
**English Montreal School Board**

## **DATABASE FOR SPECIAL NEEDS RESOURCES**

### **A resource list for parents, caregivers and teachers**

Updated December 2019  
Compiled by Fay Schipper

This database is strictly a research guide. The English Montreal School Board is not in a position to recommend or endorse any resources that are non-EMSB entities. We strongly suggest that readers research these resources to determine if they are appropriate for the care of their child and meet their specific needs.

If you would like to recommend a resource for this list, please contact  
[fayschipper@gmail.com](mailto:fayschipper@gmail.com)

## Table of Contents

<b>Sections</b>	<b>Resource:</b>	<b>Page</b>
<b>1.</b>	<b>1. Special Needs Academia and Education</b>	<b>1</b>
	1.1 Daycare / Nursery / Pre-Kindergarten	<b>1</b>
	1.2 Ages 4 to 21	<b>2</b>
	1.3 Post-secondary / University	<b>4</b>
	1.3.1 Social Assistance	<b>6</b>
	1.4 Educational Tools / Asset	<b>6</b>
<b>2.</b>	<b>2. Specifically Autism Spectrum Disorders (ASD), Pervasive Development Disorders (PDD)</b>	<b>7</b>
	Includes resources that only accommodate the above special needs. See other sections in this database that include ASD, and PDD within their services.	
<b>3.</b>	<b>3. Therapy / Support Services</b>	<b>14</b>
	Servicing all types of special needs including ASD, Asperger's Syndrome, PDD.	
	3.1 Counselling / Evaluation / Therapy	<b>20</b>
	3.1.1 Support Groups	<b>20</b>
	3.2 Occupational Therapy/Physiotherapy / Kinesiology	<b>20</b>
	3.3 Osteopathy	<b>21</b>
	3.4 Psychological Services	<b>21</b>
	3.5 Sexuality	<b>23</b>
	3.6 Speech and Language Therapy / Audiology	<b>23</b>
	3.7 Medical testing at home	<b>24</b>
<b>4.</b>	<b>4. Recreational Activities and Therapies</b>	<b>25</b>
	4.1 Art / Drama Therapy	<b>25</b>
	4.2 Music Therapy	<b>27</b>
	4.3 Cheerleading	<b>27</b>
	4.4 Gym and Swim	<b>28</b>
	4.5 Horseback Riding	<b>29</b>
	4.6 Martial Arts	<b>29</b>
	4.7 Sailing	<b>30</b>
	4.8 Skating	<b>30</b>
	4.9 Soccer	<b>30</b>
	4.10 Skiing	<b>31</b>
	4.11 Yoga	<b>31</b>
	4.12 Dance	<b>32</b>
	4.13 Zootherapy	<b>32</b>
	4.14 Service Dogs	<b>32</b>
	4.15 Tennis	<b>33</b>
	4.16 Sledge Hockey	<b>33</b>
	4.17 Library Services	<b>33</b>
	4.18 Music Lessons	<b>34</b>
	4.19 Other Recreational Therapies and Activities	<b>35</b>

<b>5.</b>	<b>Tutoring Services</b>	<b>38</b>
<b>6.</b>	<b>Vocational Services</b>	<b>40</b>
6.1	Transitioning Resources	40
6.2	Work-study Program	41
6.3	Rehabilitation Centres	42
6.4	Vocational Services	43
6.5	Resources specific to autism, PDD	44
6.6	Sheltered Workshop / Adapted Work Centre	44
6.7	Vocational Counselling and Support Service	45
6.8	Adult Education and Vocation	46
<b>7.</b>	<b>Medical Clinics</b>	<b>49</b>
7.1	Medical Testing at Home	52
7.2	Specialized Dental Services	
<b>8.</b>	<b>Rehabilitation / Adaptation / Social Integration</b>	<b>52</b>
<b>9.</b>	<b>Supporting Organizations</b>	<b>56</b>
<b>10.</b>	<b>Camps / Respite Care</b>	<b>64</b>
10.1	Day Camps	64
10.2	Sleep-away Camps	68
10.3	Respite	71
<b>11.</b>	<b>Physical Aid Resources (including toys)</b>	<b>74</b>
11.1	Adapted / Adaptive toys	76
11.2	Security	77
<b>12.</b>	<b>Financial Programs and Subsidies</b>	<b>78</b>
12.1	Government Benefits	78
12.2	Financial Advice	81
12.3	Other Financial Programs and Subsidies	82
12.4	Physical Health	82
12.5	Living Environment	83
<b>13.</b>	<b>Transportation</b>	<b>84</b>
13.1	Adaptive Transport	84
13.2	Regular Transport Services: Air, bus, train	85
13.3	Car / Van / Parking	86

# SECTION 1

## SPECIAL NEEDS Academia and EDUCATION

For non-academic programs, please see Section 6 for Vocational Programs and Section 8 for Social Integration Programs.

### SECTION 1.1

#### DAY CARE/ NURSERY / PRE-KINDERGARTEN

**Montreal Oral School for the Deaf** (Please see Section 1.2 for more information)  
The school has a [preschool program](#)

**Pat Roberts Developmental Centre**  
16167 Gouin Blvd. West, St. Geneviève, Quebec H9H 1C9  
Tel: 514-696-5144  
Email: [pat-roberts@wiaih.qc.ca](mailto:pat-roberts@wiaih.qc.ca)  
Website: [www.wiaih.qc.ca/pat-roberts-developmental-centre](http://www.wiaih.qc.ca/pat-roberts-developmental-centre)

A bilingual nursery school for children who are developmentally delayed or have an Autism Spectrum Disorder diagnosis. The daycare service is free for WIAIH members. The Centre is under the West Island Association for the Intellectually Handicapped (WIAIH). (Please see Section 3 for more information about WIAIH and its services).

#### **Social Integration Project for Children with Disabilities in Schools Project integration sociale des enfants handicapés en milieu scolaire – ISEHMS**

386 rue de Gentilly O, Longueuil, Quebec J4H 2A2  
Tel: 450-646-2714

Website: **Error! Hyperlink reference not valid.**

To facilitate the integration of children with disabilities and developmental disabilities into child day care. The training to achieve this goal is for parents and educators.

**The Little Red Playhouse**  
263 Percival, Montreal West, Quebec H4X 1T8  
Tel: 514-486-4032  
Website: [www.littleredplayhouse.com](http://www.littleredplayhouse.com)

The school operates a preschool and Pre-K program for children with autism and speech delay aged 2.5-6 years.

## **SECTION 1.2**

### **AGES 4-21 YEARS**

#### **Centennial Academy High School**

3641 Prud'Homme Avenue, Montreal, Quebec H4A 3H6

Tel: 514-486-5533 #236

Email: [info@centennial.qc.ca](mailto:info@centennial.qc.ca)

Website: [www.centennial.qc.ca](http://www.centennial.qc.ca)

Centennial Academy is an inclusive environment that welcomes students with a wide range of learning challenges, including ADHD, dysgraphia, dyslexia, and autism.

#### **Giant Steps School and Resource Centre**

5460 Connaught Avenue, Montreal, Quebec H4V 1X7

Tel: 514-935-1911

Email: [reception@giantstepsmontreal.com](mailto:reception@giantstepsmontreal.com)

Website: [www.giantstepsmontreal.com](http://www.giantstepsmontreal.com)

Welcomes students aged 4 to 21 who have an Autism Spectrum Disorder diagnosis. Has a book and audio-visual lending library in their resource centre.

#### **Mackay Centre School and Philip E. Layton School for the Blind**

6333 Terrebonne, Montreal, Quebec H4B 2Z4

Tel: 514-483-0550 (for both schools)

Website: [www.emsb.qc.ca/mackay](http://www.emsb.qc.ca/mackay) (for both schools)

The school provides education and rehabilitation to students with motor, language and communication disorders, as well as students with developmental, intellectual, auditory impairments, visual impairments and many other disorders or organic impairments. Philip E. Layton School includes educational and vision rehabilitation services for blind and visually impaired students. The services are provided both within the specialized school setting as well as in regular community schools. They include sensory stimulation, Braille instruction, adaptation of educational materials, consultation services to community classroom teachers and individualized programs based on the student's needs.

#### **Montreal Oral School for the Deaf**

4670 St. Catherine Street West, Montreal, Quebec H3Z 1S5

Tel: Voice/TTY 514-488-4946

Email: [info@montrealoralschool.com](mailto:info@montrealoralschool.com)

Website: [www.montrealoralschool.com](http://www.montrealoralschool.com)

The school services Deaf and Hard-of-Hearing students. The school has a preschool program, closed classrooms for elementary school children, and support for students of all ages mainstreamed into regular hearing classrooms. The focus is on developing spoken language by listening and talking.

**Peter Hall School**

Website: [www.peterhall.qc.ca](http://www.peterhall.qc.ca)

Welcomes 4 – 21-year-old students with intellectual disabilities, Pervasive Developmental Disorders and psychopathological disorders. It has two campuses.

**Head Office**

840, Côte-Vertu West, Saint-Laurent, Quebec H4L 1Y4

Tel: 514-748-6727

Email: [info.ecole@peterhall.qc.ca](mailto:info.ecole@peterhall.qc.ca)

**Peter Hall School Côte-Vertu Campus**

840 Côte-Vertu, Saint-Laurent, Quebec H4L 1Y4

Tel: 514-747-4075

E-Mail: [cote-vertu@peterhall.qc.ca](mailto:cote-vertu@peterhall.qc.ca)

**Peter Hall School Ouimet Campus**

1455 Rochon Street, Saint-Laurent, Quebec H4L 1W1

Tel: 514-748-1050

E-Mail: [ouimet@peterhall.qc.ca](mailto:ouimet@peterhall.qc.ca)

**Summit School**

1750 Deguire, Saint-Laurent, Quebec H4L 1M7

Tel: 514-744-2867

Email: [admin@summit-school.com](mailto:admin@summit-school.com)

Website: [www.summit-school.com](http://www.summit-school.com)

For students, ages 4 to 21, with developmental disabilities including behavioural and emotional disturbances, autism, Down syndrome and severe learning disabilities. It has two other campuses.

**Lauren Hill Campus**

2355 Decelles Street, Saint-Laurent, Quebec H4M 1C2

Tel: 514-937-4661

**Transitional Education Career Centre (TECC) Campus**

1819 René Lévesque, Suite 200, Montreal, Quebec H3H 2P4

Tel: 514-933-4464

**The Donald Berman Yaldei Developmental Centre**

5170 Van Horne, Montreal, Quebec H3W 1J6

Tel: 514-279-3666

Website: [www.yaldei.org](http://www.yaldei.org)

The school welcomes children 4-16 years of age who have autism or a developmental delay. The Centre offers professional and ABA therapists to work in daycares, schools and homes as well as being Centre based.

**Vanguard School**

5935 Chemin de la Cote-de-Liesse, Saint-Laurent, Quebec H4T 1C3

Tel: 514-747-5500

Website: [www.vanguardquebec.qc.ca](http://www.vanguardquebec.qc.ca)

Bilingual school for students with learning disabilities at the elementary and high school level, ages 7-16 years old.

## **SECTION 1.3 POST SECONDARY / UNIVERSITY**

### **Adaptech Research Network**

3040 Sherbrooke West, Montréal, Québec H3Z 1A4

Tel: 514-931-8731 ext. 1546

Email: [info@adaptech.org](mailto:info@adaptech.org)

Website: [www.adaptech.org](http://www.adaptech.org)

conducts research involving college and university students with a variety of disabilities in Canada. Areas of focus are:

- Use and accessibility of information and communication technologies in postsecondary education
- Facilitators and barriers to academic success
- Free or inexpensive software useful to students with various disabilities

**All English speaking CEGEPS and Universities have services for disabled students. The services vary from one school to another:**

#### **Concordia University**

Tel: 514-848-2424, ext. 3525

Email: [acsinfo@concordia.ca](mailto:acsinfo@concordia.ca)

Website: [www.concordia.ca/students/accessibility.html](http://www.concordia.ca/students/accessibility.html)

#### **Dawson College**

Tel: 514-931-8731 ext. 8731

Email: [aasecretary@dawsoncollege.qc.ca](mailto:aasecretary@dawsoncollege.qc.ca)

Website: [www.dawsoncollege.qc.ca/student-accessibility](http://www.dawsoncollege.qc.ca/student-accessibility)

#### **John Abbott College**

Tel: 514-457-6610 x 5398

Email: [access.centre@johnabbott.qc.ca](mailto:access.centre@johnabbott.qc.ca)

Website: [www.johnabbott.qc.ca/service](http://www.johnabbott.qc.ca/service)

#### **Marionopolis College**

4873 Westmount Ave., Westmount, QC H3Y 1X9

Tel: 514.931.8792

Email: [info@marianopolis.edu](mailto:info@marianopolis.edu)

Website: [www.marianopolis.edu/resources-and-services/learning-support/accessibility-centre/](http://www.marianopolis.edu/resources-and-services/learning-support/accessibility-centre/)

#### **McGill University**

Tel: 514-398-6009

Website: [www.mcgill.ca/osd/](http://www.mcgill.ca/osd/)

#### **Vanier College**

Tel: 514-744-7500 ext. 7891

Email: [access@vaniercollege.qc.ca](mailto:access@vaniercollege.qc.ca)

Website: [www.vaniercollege.qc.ca/access/](http://www.vaniercollege.qc.ca/access/)

#### **Centre collégial de soutien à l'intégration – CCSI**

The CCSIs have the mandate to support each of the CEGEPs and subsidized private colleges in offering adapted services without, however, offering direct services to students with disabilities. They are located within each of the CEGEPS. The contact information is listed above.

## **Disabilities, Opportunities, Internetworking, and Technology (DO-IT)**

Website: [www.washington.edu/doi/](http://www.washington.edu/doi/)

Empowering people with disabilities through technology and education. Promoting awareness and accessibility—in both the classroom and the workplace. It is a rich resource as it strives to:

- Increase the success of people with disabilities in challenging academic programs and careers
- Promote the application of universal design to physical spaces, information technology, instruction, and services
- Freely distribute online content, publications, and videos for use in presentations, exhibits, and the classroom
- Provide resources for students with disabilities, K-12 educators, postsecondary faculty and administrators, librarians, employers, parents, and mentors.
- 

## **National Educational Association of Disabled Students (NEADS)**

Website: [www.neads.ca/en](http://www.neads.ca/en)

Their mandate is to support full access to education and employment for post-secondary students and graduates with disabilities across Canada. They focus on:

1. Student debt reduction
2. Student experience in class and on campus
3. Student and graduate employment

## **Quebec Association of Post-secondary Students with Disabilities**

425 Sherbrooke East, bureau 06, Montreal, QC H2L 1J9

Tel: 514-499-9451

Email: [info@ageips.qc.ca](mailto:info@ageips.qc.ca)

Website: [www.ageipsguide.org/savoir/a-propos-de-ce-guide/](http://www.ageipsguide.org/savoir/a-propos-de-ce-guide/)

An association of disabled students offering a variety of services to ensure the success of your studies. A counselor is appointed to the student to help them solve problems they may have. Help offered can range from note taking to having an ASL interpreter.

## **Quebec Interuniversity Association of Counselors for Students with Disabilities**

Email: [info@aqicesh.ca](mailto:info@aqicesh.ca)

Website: [www.aqicesh.ca/students/services-103](http://www.aqicesh.ca/students/services-103)

An association of disability professionals at universities. The role of AQICESH:

- Group academic advisors working to welcome and integrate students with disabilities
- Promote access to university studies and student life for people with disabilities
- Affirm the expertise of counselors in the academic community
- Acting as a credible interlocutor with the university community as well as with the various government and para-government partners
- Create a network of support and consultation
- Organize development activities on topics of common interest



## **SECTION 1.3.1 SOCIAL ASSISTANCE**

### **Réussir Program**

Website: [www.emploiquebec.gouv.qc.ca/en/citizens-pgu/developing-your-skills-and-having-them-recognized/social-assistance-and-support/reussir-program](http://www.emploiquebec.gouv.qc.ca/en/citizens-pgu/developing-your-skills-and-having-them-recognized/social-assistance-and-support/reussir-program)

Réussir is a social assistance and support program for people with a severely limited capacity for employment who want help gaining access to secondary vocational studies or post-secondary studies. Under the Réussir program, you'll be eligible to receive financial assistance as well as loans and bursaries from the Ministère de l'Éducation, du Loisir et du Sport. The program is for those who:

- Want to take a vocational or postsecondary training program (the program and the educational institution must be recognized by the Ministère de l'Éducation, du Loisir et du Sport)
- Are deemed to have a severely limited capacity for employment
- Have received social assistance for 12 of the past 24 months

To qualify, you have to submit an application for financial assistance under the [Loans and Bursaries Program of the Ministère de l'Éducation, du Loisir et du Sport](#) and meet its eligibility requirements. In addition, if you have one of the recognized major functional disabilities, you must indicate that on your Application for Financial Assistance form. You must also have a general practitioner or medical specialist fill out and send the Medical Certificate – Major Functional Disabilities and Other Recognized Disabilities form. For additional information, please visit [www.afe.gouv.qc.ca/en/loans-and-bursariesfull-time-studies/loans-and-bursaries-program/major-functional-disability](http://www.afe.gouv.qc.ca/en/loans-and-bursariesfull-time-studies/loans-and-bursaries-program/major-functional-disability)

For further information, contact your [local employment centre \(CLE\)](#).

## **SECTION 1.4 EDUCATIONAL TOOLS / ASSETS**

### **McGill Students for Best Buddies**

Email: [mcgill.bestbuddies@gmail.com](mailto:mcgill.bestbuddies@gmail.com)

Best Buddies is a program about friendship and it occurs at the elementary, high school and CEGEP/ University level. The program builds friendships between people with and without intellectual and developmental disabilities (IDD), offering social mentoring while improving the quality of life and level of inclusion.

### **Rick Hansen Foundation School Program**

Email: [access@rickhansen.com](mailto:access@rickhansen.com)

Website: [www.rickhansen.com/schools-communities/school-program](http://www.rickhansen.com/schools-communities/school-program)

This program is about creating an accessible and inclusive world for people with all types of disabilities. It offers **free educational resources for youth in kindergarten to grade twelve**, developed by educators for educators. The toolkits consist of lessons, teacher guides, worksheets and additional resources are connected to provincial curriculum.

## SECTION 2

### SPECIFICALLY AUTISM SPECTRUM DISORDER (ASD), PERVASIVE DEVELOPMENT DISORDERS (PDD)

Please consult other sections in this database to learn of other resources/programs that also service people with autism. Below are six articles that a parent has recommended and we agreed:

[Safety in the Home](#)

[How to Create a Backyard Sanctuary for Kids with Disabilities](#)

[Help teens on the autism spectrum to navigate social relations](#)

[Creating a Home Atmosphere of Solitude to Help Cope with Adult Autism](#)

[When My Son With Autism Melts Down, Here's What I Do](#)

[Breaking Free of Addiction When You Have a Disability](#)

#### **ABC Solutions Inc.**

Tel: 514-316-8312

Email: [info@solutionsabc.ca](mailto:info@solutionsabc.ca)

Website: [www.solutionsabc.ca](http://www.solutionsabc.ca)

Provide behavioural and integration services for children aged 18 months to 18 years old with autism spectrum disorders (ASD), developmental delays, anxiety, attention deficit hyperactivity disorder, learning disabilities and behavioural issues. They also offer educational services in the areas of tutoring, remediation and exam preparation. In addition they provide tools and resources to daycares, schools, parents, and family members.

#### **Agoo Children's Health & Wellness Center**

3230, boul. Curé-Labelle, #305, Laval, Quebec H7P 0H9

Tel: 450-687-6888

Email: [info@agoomd.com](mailto:info@agoomd.com)

Website: [www.agoomd.com](http://www.agoomd.com)

A health center which also offers family and school services for children between the ages of 0 and 18. The services include support, intervention-skills training, prevention, evaluation and therapy.

#### **ASD Montreal**

2360 Notre Dame Street West, #207, Montreal, Quebec H3J 1N4

Tel: 514-484-9996

Email: [asdmontreal@goldlearningcentre.com](mailto:asdmontreal@goldlearningcentre.com)

Website: [www.asdmontreal.com](http://www.asdmontreal.com)

Centre-based programming and instruction for children with Autism.

#### **Asperger Syndrome Support Group**

Contact: Lise Sandstrom

Tel: 514-229-2526

Email: [aspergergroup@bell.net](mailto:aspergergroup@bell.net)

Family and sibling support groups.

## **Autimist**

[www.autimist.com](http://www.autimist.com)

Autimist is an online platform for parents to find autism specialists across Canada. It's easy, simple and secure. It allows parents to book providers, get services (online, in-person and by phone) and pay per session online. It keeps kids' records secure in one place to transition easily from one therapist to another. No waiting lists, no contracts.

## **Autisme Montreal (formerly known as Autism and Pervasive Developmental Disorders Montreal) (ATEDM)**

4450 Saint-Hubert, Suite 320, Montreal, Quebec H2J 2W9

Tel: 514-524-6114

Email: [accueil@autisme-montreal.com](mailto:accueil@autisme-montreal.com)

Website: [www.autism-montreal.com](http://www.autism-montreal.com)

Services include:

- A documentation centre that loans books and videos and sells documents for the price of the photocopies
- A babysitting/shadowing service
- A weekend respite service at La Maisonnette;
- Group outings for people living with Asperger's syndrome and high-functioning autism
- Summer day camps for children, teenagers and adults
- Residential camps during school breaks
- Specialized swimming lessons

## **Autisme Sans Limites**

BP 150 Rue Atwater, CP72109, Montreal, Quebec H3J 2Z6

Tel: 514-966-5685

Website: [www.autismesanslimites.org/en/](http://www.autismesanslimites.org/en/)

A recreational and educational ecosystem that meets the needs of young Asperger and high-functioning autistic adults.

## **Autism Society - Laurentides**

474 Laviolette Street, Saint-Jérôme, Quebec J7Y 2T7

Tel: 450-569-1794

Email: [info@autismelaurentides.org](mailto:info@autismelaurentides.org)

Website: [www.autismelaurentides.org](http://www.autismelaurentides.org)

Serves the Laurentian region of Quebec, offering support, advocacy, programs and respite for individuals with ASD or other developmental disabilities.

## **Autism Speaks Canada**

2450 Victoria Park Avenue, Unit 120, North York, Ontario M2J 4A2

Tel: 1-888-362-6227 ext. 205 (Quebec)

Email: [ascQC@autismspeakscan.ca](mailto:ascQC@autismspeakscan.ca)

Website: [www.autismspeaks.ca](http://www.autismspeaks.ca)

Committed to supporting research and services across Canada. Raising public awareness to encourage inclusion, and collaborates with other organizations.

## **Behaviour Support Partnerships**

5170 West Hill, Montreal, Quebec, H4V 2W7

Tel: 514-998-6132

Contact: Sasha Zalob M.A., BCBA

Email: [sasha@sashadzalob.com](mailto:sasha@sashadzalob.com)

Website: <http://www.sashadzalob.com/en>

Provides ABA program which includes direct work with children with Autism and other developmental disorders, as well as parent training.

### **Big Blue Hug**

6800 Darlington Avenue, Suite 003, Montreal, Quebec H3S 2K1

Tel/Fax: 514-238-2402

Contact: Jason Goldsmith

Email: [jgoldsmith@thebigbluehug.com](mailto:jgoldsmith@thebigbluehug.com)

Website: [www.thebigbluehug.com](http://www.thebigbluehug.com)

Visual communication strategy called "picture talking" used to communicate with autistic children and children delayed in language, social, and cognitive skills. Early intervention program ages 2 and up; no formal diagnosis needed to start; complements other therapies. Beautiful glass painted art created by Ellis, who has autism, spreads awareness about autism and the joy of communication.

### **Blue Light Adult Program**

2950 Rue Edmond, Kirkland, QC H9H 5J5 –Office

Tel : 581-7641

Email: [info@bluelightprogram.com](mailto:info@bluelightprogram.com)

Website: [www.bluelightprogram.com](http://www.bluelightprogram.com)

A full-time day program for adults with intellectual disability and/or autism. Their special needs program is designed to help an adult with a developmental disability acquire the necessary skills to integrate and participate in society to their fullest potential.

### **Programs**

- Problem-solving and decision-making skills
- Stress management
- Communication skills
- Time management
- Use of public transport
- Social skills
- Autonomy development: health and hygiene, nutrition and physical education
- Sexuality and anatomy
- Computer technology skills
- Work integration program (1 or 2 times per month)

### **Boisselle-Ladouceur, Jessica (M.Sc.) - Psychoeducator**

486 Rue Chicoine, Vaudreuil-Dorion, Quebec J7V 7E4

Tel: 514-554-0199

E-mail: [info@JBLEducation.org](mailto:info@JBLEducation.org)

Website: [www.JBLEducation.org](http://www.JBLEducation.org)

Services for children with difficulties related to anxiety, behaviour, socialization, self-esteem, autism, and ADHD. Runs social skills groups for children aged 4 -12. Support services offered to daycare centres.

### **Butterfly Education Center**

2113 St. Regis, Suite 240, D.D.O., QC, H9B 2M9

Tel: 514-704-7106

Email: [anna@butterflyedcenter.com](mailto:anna@butterflyedcenter.com)

Website: [www.butterflyedcenter.com](http://www.butterflyedcenter.com)

Uses the principles of Applied Behaviour Analysis ABA. They treat children, teens and young adults with Autism Spectrum Disorders (ASD), or other related disorders, individually and in groups.

### **Brilliant Beginnings**

Tel: 514-708-5437

Email: [info@brilliant-beginnings.com](mailto:info@brilliant-beginnings.com)

Website: [www.brilliant-beginnings.org](http://www.brilliant-beginnings.org)

Offers ABA, speech, and occupational therapy to children from 18 months to 18 years with Autism and/or Pervasive Developmental Disorders. They provide home, daycare, school-based services in the west island. They have 3 locations:

Ville St-Laurent Centre – 1500 Rue Morin, Suite 200, Ville St Laurent, Quebec H4L 5M7

Laval Centre - 3505 Boul. St Martin O., Suite 205, Laval, Quebec H7T 1A2

Vaudreuil- Dorion – 176 Harwood Blvd, Vaudreuil-Dorion, Quebec J7V 1Y2

### **Clinic for Consultation, Intervention and Training in Autism (CCIFA)**

#### **Clinique de Consultation, Intervention et Formation en Autisme (CCIFA)**

370 Nohbert Blvd Suite 160, Longueuil, Quebec J4J 2Z3

Tel: 450-396-6496

Email: [info@ccifa-ted.com](mailto:info@ccifa-ted.com)

Website: [www.ccifa-ted.com/english/](http://www.ccifa-ted.com/english/)

Private clinic, offering services for children, adolescents and adults on the Autism Spectrum (autism, PDDNOS), their families and the community. They also offer services to school age children who present developmental delays (communication, language, social interactions, cognitive) and behaviour problems (attention deficit disorder with or without hyperactivity, impulsivity, anxiety, aggression, etc.)

### **Coady, Cindy M.A.**

Tel: 514-660-1714

Email: [info@autism-montreal.com](mailto:info@autism-montreal.com)

Website: [www.autism-montreal.com](http://www.autism-montreal.com)

Working with parents to improve the quality of life for their autistic child and families using RDI.

### **De Kimpe, Violaine Ph.D., Psychologist**

4368 King-Edward Avenue, Montreal, Quebec H4B 2H5

Tel: 514-756-5544

Email: [violaine.dekimpe@sympatico.ca](mailto:violaine.dekimpe@sympatico.ca)

Private practice specializing in children with ASD. Assessments for children with ASD (*ADOS, Vineland, ADI, etc.*), consultation in daycares and schools, parent training, and functional communication stimulation through PECS and play. Services provided both in French and English to families.

### **Douglas Mental Health University Institute**

6875 LaSalle Blvd, Verdun, Quebec H4H 1R3

Tel: 514-761-6131,

Website: [www.douglas.gc.ca/section/child-and-adolescent-psychiatry-141?locale=en](http://www.douglas.gc.ca/section/child-and-adolescent-psychiatry-141?locale=en)

The Child Psychiatry Program is located in the Bond Pavilion at the Douglas Institute, offers a range of bilingual services to youth aged 0 to 17 years and their families. They service children with behaviour problems and pervasive development disorder (PDD). All requests to evaluate or treat a child under the age of 18 must first go to the Youth Mental Health Team of [your CSSS](#). The professional team at the CSSS will evaluate the level of services required for the child and recommend the most appropriate resources to respond to his needs.

### **Le Parapluie Bleu**

4760 Blvd. Samson, Laval Québec H7W 2H7

Tel: 450-314-4904

E-mail: [info@parapluiebleu.ca](mailto:info@parapluiebleu.ca)

Website : [www.parapluiebleu.ca](http://www.parapluiebleu.ca)

A bilingual multidisciplinary therapy centre offering research-based therapy services for children and adolescents with Autism, Language delays, ADD, ADHD, behaviour issues and cognitive skills issues. Therapists see children and their families at the center or at the child's school.

## **Miriam Home and Services**

### **Head office**

8160 Royden Rd., Town of Mount Royal, Quebec H4P 2T2

Tel: 514-345-0210

Website: [www.centremiriam.ca](http://www.centremiriam.ca)

They ensure the best care and support for people living with Autism Spectrum Disorders and developmental disabilities Under the Miriam Home and Services umbrella are a number of programs and services; children and adolescent, community integration programs for adults 21 years and older, Lori Black Community Centre, Miriam Foundation programs for adults 21 years and older, rehabilitation, residential integration services for children and adults, and work integration programs for adults 21 years and older.

### **Lori Black Community Centre**

Houses the administrative offices of the CRDITED Miriam as well as their day and evening programs.

### **Miriam Foundation**

8000 Boulevard Décarie, bureau 620, Montréal, Quebec H4P 2S4

Tel: 514-345-1300

Email: [info@miriamfoundation.ca](mailto:info@miriamfoundation.ca)

Website: [www.miriamfoundation.ca](http://www.miriamfoundation.ca)

The Foundation supports rehabilitative, vocational and residential services and programs that foster increased socialization and community integration for children and adults. Under the Foundation umbrella are four programs and services; Community homes – Association Lou Greenberg Miriam, CRDITED Centre, Gold Centre, and See Things My Way, centre for innovation (STMW).

- 1) The association owns and manages community adapted homes for its clients.
  - 2) The CRDITED Centre provides rehabilitation and residential services as well as community and work integration to children and adults.
  - 3) The Gold Centre has six services and programs; **Abili-T program, Trampoline program, The Gold Learning & Research Centre, The Azrieli Adult Leisure programs, Materia Tech service and Ready Willing & Able,**
  - 4) The STMW Centre for Innovation intends to launch and/or facilitate pilot models related to: diagnosis services for autism and intellectual disabilities, early intervention for pre-school children, specialized classrooms for school-age children, post-secondary integration program for employment and community, long-term community residences and medical/dental services.
- 
- 3.1) **Abili-T** program supports young children by providing highly individualized, 1:1 services based on the principles of Applied Behaviour Analysis (ABA).
  - 3.2) The **Trampoline** program provides specialized intervention to young children using the TEACCH model (Treatment and Education of Autistic and Related Communication ((speech and language) Handicapped Children), as well as other recognized approaches.
  - 3.3) **The Gold Learning & Research Centre/Autism Central** is a bilingual training and resource centre that develops training programs, conferences, workshops. It is a web-based portal of information and resources on autism spectrum disorders and developmental disabilities for professionals, paraprofessionals and parents.
  - 3.4) **Azrieli Adult Leisure** programs offers numerous recreation and leisure activities.
  - 3.5) **Materia Tech** is a bilingual educational resource bank of over 9,000 pieces of material. Organizations, professionals and families have access to this resource that reduce the burden of both financial and human resources that can be spent on the purchase and creation of these materials.
  - 3.6) **Ready Willing & Able** is designed to increase employment participation of people with intellectual disabilities. Call 514-345-8330 ext 123 for more information.

**McGill University PoP Lab****McGill School of Communication Sciences and Disorders**

2001 McGill College, Suite 835, Montreal, Quebec, H3A 1G1

Tel: 514-398-6895

Email: [scsd@mcgill.ca](mailto:scsd@mcgill.ca)

Website: [poplab.mcgill.ca](http://poplab.mcgill.ca)

Studying language and cognitive development in children with autism spectrum disorders to better understand individual differences and to identify ways to facilitate learning.

**Montreal Autism Centre**

Queen Elizabeth Health Complex

2100 Marlowe Avenue, Suite 27, Montreal, Quebec H4A 3L5

Tel: 514-369-2688

Email: [info@autismcentre.org](mailto:info@autismcentre.org)

Website: [www.autismcentre.org](http://www.autismcentre.org)

Specialises in the psychological assessment and treatment of assess individuals of all ages with autism.

**Montreal Children's Hospital**

1001 Decarie Blvd., Montreal, Quebec, H4A 3J1

Tel: 514-412-4400

Website: [www.thechildren.com](http://www.thechildren.com)

The Child Development Program has an Autism Spectrum Disorders program which provides diagnostic services for children of all ages who are suspected of having autism. It includes a pre-school clinic, and a school-age and adolescent clinic A psychopharmacological consultation service is also available.

**Pama Foundation**

Email: [info@pamafoundation.org](mailto:info@pamafoundation.org)

Web: [www.pamafoundation.org](http://www.pamafoundation.org)

Provides financial aid for therapy or equipment. Organizes activities designed to fit the needs of people with ASD, such as sensory friendly Santa Day and Family Movie Day.

**ProAutism**

5250 Ferrier Street, Suite 801, Montreal, Quebec H4P 1L4

Tel: 514-591-2020 • Fax: 514-748-2340

Email: [proautism.camelia@yahoo.com](mailto:proautism.camelia@yahoo.com)

Website: [www.pro-autism.com](http://www.pro-autism.com)

The clinic specializes in RDI®, a program which emphasizes a family approach to Autism Spectrum Disorders, and PDD. Therapeutic principles are applied at home and school and by other professionals such as psychologists, occupational therapists and speech therapists.

**Quebec Federation of Autism**

3396 Jean Talon St E, Montreal, QC H2A 1W8

Tel: 514-270-7386

Email: [info@autisme.qc.ca](mailto:info@autisme.qc.ca)

Website: [www.autisme.qc.ca](http://www.autisme.qc.ca)

Organization promoting community awareness and rights of autistic individuals.

**Reisinger, Lisa, PhD**

Psychologist, West Island Private Psychology Services

231 Elm, Beaconsfield, Quebec H9W 2E2

Tel: 514-293-4463

Provides autism assessment as well as individual intervention and counselling, and family counselling.

**Speaking Autism (formerly Autism Clinic for Intervention and Consultation [CICA Montreal])**

Linda Mastroianni

Tel: 514-886-3190

Email: [lmastroianni@videotron.ca](mailto:lmastroianni@videotron.ca)

Website: [www.speakingautism.ca /](http://www.speakingautism.ca/)

Provides coaching services to families and individuals with autism.

**Speech Language Fun**

5660 Monkland Ave, Montreal, Quebec H4A 1E4

Tel: [514-941-1010](tel:514-941-1010)

Email: [Stephanie@speechlanguagefun.com](mailto:Stephanie@speechlanguagefun.com)

Website: [www.speechlanguagefun.com](http://www.speechlanguagefun.com)

Bilingual private speech and language therapy practice serving children and adults with ASD.

**Ultra-Health Services**

South West One Medical Centre

175 Stillview Avenue, Suite 230, Pointe Claire, Quebec H9R 4R8

Tel: 514-839-9715

Contact: Dr. Stella Benarroch, psychologist, Jennifer Benedik, Speech-Language Pathologist

Email: [contact@ultrahealthservices.com](mailto:contact@ultrahealthservices.com)

Website: [www.ultrahealthservices.com](http://www.ultrahealthservices.com)

They are a multidisciplinary team that offers bilingual services (assessment, treatment, and consultation) in both speech-language pathology and psychology for people with autism spectrum disorder. Dr. Benarroch is able to begin the diagnostic process at 18 months of age.



## **SECTION 3 THERAPY / SUPPORT SERVICES**

### **SECTION 3.1 COUNSELLING / EVALUATION / THERAPY**

#### **Abby's Office**

5250 Ferrier, Suite 801, Montreal, Quebec H4P 1L4

Tel: 514-591-2020 / Fax: 514-748-2340

Email: [abbykb@videotron.ca](mailto:abbykb@videotron.ca)

Website: [abbysoffice.com](http://abbysoffice.com)

A private consulting service focused on individuals with special needs ranging in age from 3 months to 58 years who have been diagnosed with a global developmental delay or impairment, autism, language delay, behavioral problems, Down syndrome, or other special Needs. Therapeutic services in occupational, speech and language, physiotherapy, behavioural therapy, and psychological services are offered as well as home, daycare and school support.

#### **Agence Ometz**

1 Cummings Square

5151 Côte Ste-Catherine Road Montreal, Quebec H3W 1M6

Tel: 342-0000

Email: [info@ometz.ca](mailto:info@ometz.ca)

Website: [www.ometz.ca](http://www.ometz.ca)

Offering employment, immigration, school and social services to help people in the Jewish community. There is also a branch on the West Island.

#### **Agence Ometz West Island**

96 Roger Pilon, D.D.O., Quebec H9B 2E1

Tel: 514-343-3524

#### **Bartimaeus Inc.**

3551 St. Charles Blvd., Kirkland, Quebec H9H 3C4

Tel: 514-991-7432 / Fax: 514-489-8877

Website: [www.bartimaeus.com](http://www.bartimaeus.com)

Offers counselling, behaviour management, a study skills program and other support services to families dealing with behavioural, social, emotional and psychiatric difficulties.

#### **Cappino Physio and Wellness Center**

2101, Trans Canada hwy, Dorval, Quebec H9P 1J1

Tel: 514-684-9073

Email: [info@cappinophysio.ca](mailto:info@cappinophysio.ca)

Website: [www.cappinophysio.ca](http://www.cappinophysio.ca)

Offers a wide range of services; physiotherapy, osteopathy, acupuncture, massage, dietetics, occupational therapy, social work, psychological therapy, medical services, and laboratory services.

#### **Centre Hyperbare de L'Île**

117-B Cardinal Léger, Pincourt, Quebec J7V 7A8

Tel: 514-453-7978 / Fax: 514-453-4184

Contact: Claudine Lanoix

Email: [info@centrehyperbare.com](mailto:info@centrehyperbare.com)

Website: [www.centrehyperbare.com](http://www.centrehyperbare.com)

Hyperbaric oxygen therapy and motor assisted therapy.

**Centre MDC—Multidisciplinary Care Centre**

3869 Sources Blvd, Suite 205, Dollard des Ormeaux, Quebec H9B 2A2

Tel: 514-683-8791 / Fax: 514-683-8072 (call before axing)

Contact: Harriet Greenstone, Ph.D.

Email: [info@centremdc.com](mailto:info@centremdc.com)

Website: [www.centremdc.com](http://www.centremdc.com)

Evaluation and treatment of ADHD, ASD, LD, and social and emotional difficulties. Individual, group, and family therapy, social skills group, parent education & support.

**Centres Neuropsych**

315 St-Martin West Blvd., Laval, Quebec H7M 1Y7

Phone: 514-587-9780

Website: [www.neuropsychologielaval.com/en/](http://www.neuropsychologielaval.com/en/)

Provides psychological and neuropsychological intervention. A variety of professionals provide services to anyone experiencing emotional difficulty, learning or developmental disabilities.

**Clinique Spectrum Inc.**

4077 Decarie Blvd, Montreal, Quebec, H4A 3J8

Tel: 514-500-5355

Email: [dr Garcin@cliniquespectrum.com](mailto:dr Garcin@cliniquespectrum.com)

Website: [www.cliniquespectrum.com](http://www.cliniquespectrum.com)

Provides clinical, diagnostic and assessment services to children, adolescents and adults with autism spectrum disorder and other neurodevelopmental disabilities. The services include Psychological Services, Speech and language pathology, psychiatry, private sexuality education services for individuals, families, couples, behaviour analysis, nutrition, and workshops for parents and professionals.

**Club Alink**

Email: [info@alinkfoundation.ca](mailto:info@alinkfoundation.ca)

Website: [www.facebook.com/clubalink/](http://www.facebook.com/clubalink/)

The Foundation's main mission is to create an inclusive community for adults , ages 18-45 with neuro diverse challenges. The main focus is to build supportive housing and job opportunities, life skills training programs and a social network. They also sponsor a Sunday morning cooking program. For more information contact Sid Milech at [sid.milech@gmail.com](mailto:sid.milech@gmail.com).

**Foundation Coccinelle for Handicapped Children**

6630 Papineau, Suite A, Montreal, Quebec H2G 2X2

Tel: 514-725-0009

Contact: Isabelle Lapierre

Email: [fondationcoccinelle@hotmail.ca](mailto:fondationcoccinelle@hotmail.ca)

Provides leisure and stimulation services for people of all ages with intellectual and physical disabilities.

**Head and Hands**

3465 Benny Ave., Montreal, Quebec H4B 2R9

Tel: 514-481-0277

Email: [info@headandhands.ca](mailto:info@headandhands.ca)

Website: [www.headandhands.ca](http://www.headandhands.ca)

Free youth-oriented counselling (ages 12-25) and tutoring (12-18). Frequent problems addressed include depression, low self-esteem, anger management, identity issues and relationship issues.

**Hudson Literacy Clinic**

472 F Rue Main, Hudson, Quebec. J0P1H0

Tel: 514-699-1503

Contact: Laura Caprini

Email: [laura@hudsonliteracyclinic.ca](mailto:laura@hudsonliteracyclinic.ca)

Website: [hudsonliteracyclinic.ca](http://hudsonliteracyclinic.ca)

A diagnostic/remediation center serving the communities of Hudson, Rigaud, St. Lazare, Vaudreuil-Dorion and the Greater Montreal and surrounding areas. Offering remediation services, diagnostic dyslexia screenings, reading assessments to school aged children, young adults, and anyone seeking to improve their literacy skills. They specialize in the treatment of reading, spelling, writing, and comprehension difficulties.

**Inov8 Education Consulting**

Tel: 514-600-0303

Contact: Andrea Prupas M.A.

Email: [andrea@inov8-ed.com](mailto:andrea@inov8-ed.com)

Website: [www.inov8-ed.com](http://www.inov8-ed.com)

Specializing in assistive and communication technologies for children with ASD, developmental delays or learning disabilities. Parent seminar series and private consultations are available.

**Jeremy Wexler Therapy**

Queen Elizabeth Health Complex, 2100 Marlowe Suite 43, Montreal, Quebec H4A3L5

Tel: 514-799-6965

Contact: Jeremy Wexler MA/MSW

Email: [jeremywexlertherapy@gmail.com](mailto:jeremywexlertherapy@gmail.com)

Website: [www.jeremywexlertherapy.com](http://www.jeremywexlertherapy.com)

Focusing on the functioning of families with children with learning difficulties or autism.

**Kiddo Active Therapy** (4 locations)

223 boul. St Jean, Pointe Claire, Quebec H9R 3J1, Pointe Claire Plaza

Tel: 514-428-0123

Website: [www.kiddoactive.com](http://www.kiddoactive.com)

Kiddo Active Laval

In partnership with Claritas

315 Boulevard Saint-Martin West Laval, Quebec H7M 1Y7

Tel: 514-428-0123

Kiddo Active Montreal

845 Querbes, Office 205, Montreal, Quebec H2V 3X1

Tel: 514-428-0123

Website: [www.kiddoactive.com](http://www.kiddoactive.com)

Kiddo Active Vaudreuil-Dorion

In partnership with Espace Bien-être

11 Cité des Jeunes Est., Suite 101 Vaudreuil-Dorion, Quebec J7V 0N3

A multi-disciplinary clinic offering occupational, physio, and speech therapy, and the services of a registered dietician. For children 0 to 18 years of age with sensory-motor difficulties, speech and language delays, autism, ADD/ADHD, dyspraxia, learning disabilities, and more.

**Logical Letters**

245 Victoria Ave, Westmount, Quebec H3Z 2M6

Tel: 514-938-5222

Email: [info@logicalletters.ca](mailto:info@logicalletters.ca)

Website: [www.logicalletters.ca](http://www.logicalletters.ca)

Dyslexia, reading, spelling and writing remediation.

### **Medipsy Psychological Services & the Medipsy ADHD Clinic**

4610 St. Catherine West, Westmount, Quebec H3Z 1S3

Tel: 514-419-3005

Email: [info@medipsy.ca](mailto:info@medipsy.ca)

Websites: [www.medipsy.ca](http://www.medipsy.ca) and [www.adhd-tdah.ca](http://www.adhd-tdah.ca)

Bilingual psychological services for people of all ages with ADD or ADHD. Services can include specialized coaching for ADHD, sex therapy, individual, couple's and family therapy, career and vocational guidance.

### **Morneau Shepell**

Montreal (Pointe-Claire, Westmount, Montreal East), Sherbrooke, Terrebonne

Tel: 1-866-653-2397

Email: [childrensupportolutions@morneaushepell.com](mailto:childrensupportolutions@morneaushepell.com)

Website: [www.childrensupportolutions.com](http://www.childrensupportolutions.com)

Services provided are for children and teens of all abilities (autism, ADHD, PDD, and many other disorders). Therapies include psychology, neuropsychology, psychoeducation, speech-language pathology, special education, physiotherapy, occupational therapy, behavioural therapy.

### **Montreal Anger Management Centre**

5845 Cote Des Neiges, Suite 440, Montreal, Quebec H3S 1Z4

Tel: 514-737-7208

Contact: Tom Caplan, MSW

Email: [tcaplan@sympatico.ca](mailto:tcaplan@sympatico.ca)

Website: [www.tomcaplanmsw.com](http://www.tomcaplanmsw.com)

Therapies include couples relationship problems, family stress, anger management, anxiety, grief and depression, life crises, low self-esteem, social problems, work-related problems, substance abuse, domestic violence, and more.

### **Montreal Therapy Centre – Counselling Services**

Queen Elizabeth Health Complex

2100 Marlowe, Suite 532, Montreal, Quebec H4A 3L5

Tel: 514-244-1290

Website: [www.montrealtherapy.com](http://www.montrealtherapy.com)

Offers services for children, adolescents, individuals, families and couples therapy, art therapy. Therapies can help individuals with learning disabilities, grief, trauma, anxiety, depression, eating disorders, ADHD, self-esteem, and behaviour disorders.

### **My Smart Hands Quebec**

152 Rue Evergreen, Hudson, Quebec J0P 1H0

Tel: 450-458-5274

Contact: Denise O'Brian

Email: [denise@mysmarthands.com](mailto:denise@mysmarthands.com)

Website: [www.MySmartHandsQuebec.com](http://www.MySmartHandsQuebec.com)

Teaches American Sign Language (ASL) to hearing babies and those with communication difficulties. When these children learn sign language, it is another tool in addition to verbal/auditory input/output. Classes and workshops for parents and educators/daycare providers are offered.

### **Quebec Society for Disabled Children**

2300 Boulevard René-Lévesque West, Montreal, Quebec H3H 2R5

Tel: 514-937-6171

Email: [sehq@enfantshandicapes.com](mailto:sehq@enfantshandicapes.com)

Website: [www.enfantshandicapes.com](http://www.enfantshandicapes.com) (one of many websites)

Offers support services for families, information, and summer camp for disabled children. Extensive database of resources and therapies offered.

**Regroupement pour la Trisomie 21 (Down syndrome)**

3250 St. Joseph Blvd E, Montreal, Quebec H1X 1P7

Tel: 514-850-0666 / Fax: 514-850-0660

Email: [info@trisomie.qc.ca](mailto:info@trisomie.qc.ca)

Website: [www.trisomie.qc.ca](http://www.trisomie.qc.ca)

Social Service organization for people with Down syndrome. Provides programs, information and raises public awareness for families of children with Down syndrome.

**reKinexion– BrainGym®**

Mailing address: 64 Franklin Avenue, Mont-Royal, Quebec H3P 1B7

Tel: 514-341-1677 (office) 514-794-1497 (Workshop)

Website: [www.rekinexion.com/en/braingym](http://www.rekinexion.com/en/braingym)

Workshops on BrainGym® are offered to educators, teachers and professors to enhance learning abilities at school; reading, writing, math, sports, adaptation, concentration, etc. Private sessions available upon request.

**Rothstein, Alexandra M.A., BCBA**

Tel: 514-916-0136

Email: [info@alexandrarothein.ca](mailto:info@alexandrarothein.ca)

Website: [www.alexandrarothein.com](http://www.alexandrarothein.com)

Certified behavioural analyst specializing in autism, developmental disabilities and behavioural difficulties. Offers private consultations, social skills groups, parent workshops and training.

**Sedona Counselling Centre of Montreal**

5708 Monkland Avenue, Montreal, Quebec H4A 1E6 (corner of Harvard)

Contact: Vikki Stark, P.S.W., M.F.T.

Tel: 514-487-2828

Email: [info@CentreSedona.com](mailto:info@CentreSedona.com)

Website: [www.CentreSedona.com](http://www.CentreSedona.com)

A full range of counseling and services, including individual, couple, family therapy, hypnotherapy, art and drama therapy. Also counseling children and teens with special needs.

**Sirota, Corrie M.S.W, P.S.W.**

Tel: 514-237-2348

Email: [corrie@corriesirota.com](mailto:corrie@corriesirota.com)

Website: [www.corriesirota.com](http://www.corriesirota.com)

Grief loss and bereavement specialist as well as self-esteem, stress management and motivation.

**Stars Today Special Needs Consultants**

Tel: 514-296-5891

Email: [nansonsclass@gmail.com](mailto:nansonsclass@gmail.com)

Family support, assessments, therapeutic services, educator training, in-school help, social skills training and behavioural programs.

## **TacTics Resource Service**

Tel: 514-487-3533

Contact: Linda Aber, C.C.F.E.

Website: [www.lindaaber.com](http://www.lindaaber.com)

Offers social skills groups for youth, plus workshops for parents/teachers (Nurtured Heart Parent Workshop and Theraplay Social Skills and Thinking Group) who live and work with challenging children, (ADHD, LD, ODD, high functioning autism, mood and attachment disorders).

Nurtured Heart Parent Workshops-6 weekly sessions. Parents learn a set of effective strategies designed for use with challenging, intense children; learn a vocabulary of positivity that transforms youth from the inside out. Enforce rules with structured, quick non-punitive consequences, that "repair and refuel" the parent-child connection.

Theraplay Social Skills & Thinking Groups (parents and youth ages 5-14) Children and parents learn pro social, cognitive, anger reduction and self-control skills. Through fun, activities, self-esteem, parent-youth and peer connections are enhanced. Targeted skills: reading faces, body language, empathy, responsibility, integrity.

## **ULTRA-Health Services**

175 Stillview Ave, Pointe Claire, Quebec, H9R 4S3

Tel: 514-839-9715

Website: [www.ultrahealthservices.com](http://www.ultrahealthservices.com)

Founded by two parents (a speech-language pathologist and a child psychologist). They draw upon a pool of resources to provide services so that clients can achieve and exceed their goals. Assessment, treatment, and consultation services provided in English, French, and some services in Spanish.

## **West Island Association for the Intellectually Handicapped (WIAIH)**

111 Donegani, Pointe Claire, Quebec H9R 2W3

Tel: 514-694-7090 / Fax: 514-694-5839

Email: [info@wiaih.qc.ca](mailto:info@wiaih.qc.ca) (Head office)

Website: [www.wiaih.qc.ca](http://www.wiaih.qc.ca)

Provides services to people of all ages with intellectual disabilities. Under the WIAIH umbrella are 4 services/programs for children; Pat Roberts Developmental Centre, Me too daycare integration service, Paus-action babysitter and companion referral service, and Angleman Respite Centre.

- 1) Pat Roberts Developmental Centre is an adapted nursery school for children from birth to 6 years of age.
- 2) The daycare service is free for WIAIH members.  
For more info: 514-694-7090, ext. 220 or email [daycare@wiaih.qc.ca](mailto:daycare@wiaih.qc.ca)
- 3) The referral service is free for WIAIH members. Info: 514-694-7090 ext. 213.
- 4) Angleman Centre, 14400 boul. Gouin O., Pierrefonds, Quebec H9H 1B1, for more info: 514-316-9017 or email [a.rollins@wiaih.qc.ca](mailto:a.rollins@wiaih.qc.ca)

Under the WIAIH umbrella are 5 services/programs for teens and adults; recreation activities, Amuse action afternoon care program, Paus-action babysitter and companion referral service, Angleman Respite Centre, and the Valois residence.

- 1) For recreation services call Tracy Wrench, recreation coordinator at 514-694-6531, ext. 218 or email [recreation@wiaih.qc.ca](mailto:recreation@wiaih.qc.ca).
- 2) Afternoon Program is for those who are 12 years of age or older. Info: 514-694-6531 ext. 218 or email [amuse-action@wiaih.qc.ca](mailto:amuse-action@wiaih.qc.ca)
- 3) The referral service is free for WIAIH members. Info: 514-694-7090 ext. 213.
- 4) Angleman Respite Centre, 14400 boul. Gouin O, Pierrefonds, Quebec H9H 1B1. Info: 514-316-9017 or email [a.rollins@wiaih.qc.ca](mailto:a.rollins@wiaih.qc.ca)
- 5) The Valois Residence is a permanent home for 9 adults needing support for daily living. Info: 514-697-0220, or email [valois@wiaih.qc.ca](mailto:valois@wiaih.qc.ca).

## **West Island Neuropsychology and Counseling Centre**

6600 Trans-Canada, Suite 514, Pointe Claire, Quebec H9R 4S2

Tel: 514-505-9462

Email: [admin@wincc.ca](mailto:admin@wincc.ca)

Website: [www.westislandneuroandcounseling.com](http://www.westislandneuroandcounseling.com)

Multi-disciplinary clinic offering individual, couple, family and group therapies; neuropsychological/psycho-educational testing; tutoring/remediation (with a specialty in dyslexia), and various types of brain training. Assess and treat individuals with ADHD, learning delays/disabilities, social and emotional difficulties, behavioural problems, anxiety, depression and more.

### **SECTION 3.1.1 SUPPORT GROUPS**

#### **L'Étoile de Pacho**

4831 Ste-Catherine East, Montreal, Quebec, H1V 1Z7

Tel: 438-476-6939

Email: [info@etoiledepacho.ca](mailto:info@etoiledepacho.ca)

Website: [www.etoiledepacho.ca](http://www.etoiledepacho.ca)

A support group for parents with children with physical and / or intellectual disabilities or a serious illness.

### **SECTION 3.2 OCCUPATIONAL THERAPY / PHYSIOTHERAPY / KINESIOLOGY**

#### **Choose To Learn**

27 RockHill, Lac Brome, Quebec J0E 1V0

Tel: 450-242-2816 / Fax: 450-242-2331

Contact: Caroline Hui M.Sc.

Email: [info@choosetolearn.ca](mailto:info@choosetolearn.ca)

Website: [www.choosetolearn.ca](http://www.choosetolearn.ca)

O.T. for children with special needs including autism, ADHD, Dyspraxia, sensory and motor difficulties.

#### **Ergothérapie les milles-pattes**

699 Marco-Polo, Boucherville, Quebec J4B 6K8

Tel: 450-449-4492

Email: [info@ergomp.com](mailto:info@ergomp.com)

Website: [www.ergomp.com](http://www.ergomp.com)

Occupational therapy for children, teens and young adults with autism, ADD. Osteopath services are also offered to babies and children.

#### **Groupe Ergo Resources**

434 Chicoine Road, Vaudreuil-Dorion, Quebec J7V 7E4 (see website for 9 other offices in surrounding Montreal areas)

Tel: 450-455-3244

Email: [vaudreuil@ger-ergo.com](mailto:vaudreuil@ger-ergo.com)

Website: [www.ger-ergo.com](http://www.ger-ergo.com)

O.T., services children with motor delay, autism, ADD and sensory issues.

#### **L'Ergothérapie de la Maison à l'école (EDME)**

1020 Henri-Bourassa East, Montreal, Quebec H2C 1G2

Tel: 514-337-8866

Email: [montreal.info@edme.org](mailto:montreal.info@edme.org)

Website: [www.edme.org](http://www.edme.org)

### **L'Essence en Mouvement**

246 Lacharité Avenue, Lasalle, Quebec H8P 2B8

Tel: 514-363-3531

Email: [info@lessenceenmouvement.org](mailto:info@lessenceenmouvement.org)

Website: [www.lessenceenmouvement.org](http://www.lessenceenmouvement.org)

Occupational therapy for children with developmental disabilities using a holistic approach.

### **Notkin, Dorothy**

7797 Kildare, Montreal, Quebec H4W 1C6

Tel: 514-488-3138

Toddlers to teenagers with developmental delay, autism, Dyspraxia, motor coordination. Uses sensory integration, neuro-development, Brain Gym®.

### **R-Go Clic - Ergothérapie pour enfants**

303 Chemin de la Grande-Côte, Rosemère, Quebec J7A 1J7

Tel: 514-962-2542

Email: [info@rgoclic.com](mailto:info@rgoclic.com)

Website: [www.rgoclic.com](http://www.rgoclic.com)

Bilingual occupational therapy services for children and teens with difficulty in attention, motor skills, behaviour, writing, sensory functioning, learning, visual perception, computer skills, social skills, anxiety, daily activities, etc.

### **Step by Step Physiotherapy**

6900 Decarie Blvd., Montreal, Quebec H3X 2T8

Tel: 514-804-8925 or

Dollarddes Ormeaux, Quebec H9B 2Y1

Tel: 514-963-7934

A pediatric physiotherapy clinic providing services in orthopedics, neurology and gross motor delay.

## **SECTION 3.3**

### **OSTEOPATHY**

#### **LPP - Learning Potential Program**

Several locations

[Tel:514-880-5424](tel:514-880-5424)

Contact: Mat Boulé D.O. Osteopath, Posturologist

Email: [mat@matboule.com](mailto:mat@matboule.com)

Website: [www.matboule.com](http://www.matboule.com)

The LPP approach aims at improving learning.

## **SECTION 3.4**

### **PSYCHOLOGICAL SERVICES**

#### **Claro, Anthony, Ph.D.**

SouthWest One

175 Stillview, Suite 230, Pointe Claire, Quebec H9R 4R9

Tel: 514-839-9715

Website: [www.ultrahealthservices.com/dr-anthony-claro/](http://www.ultrahealthservices.com/dr-anthony-claro/)

Licensed psychologist providing a wide range of psychological and psychoeducational assessments to identify ASD, developmental delays, intellectual disabilities, ADHD, learning disabilities, emotional/behavioral disorders in children, adolescents and young adults.

#### **Dworkind, Marlene M.Ed., OPQ**

Tel: 514-488-0555 / Email: [marlene@dworkind.com](mailto:marlene@dworkind.com)

Website: [www.dworkindpsychology.com](http://www.dworkindpsychology.com)

Specializing in psycho-educational assessments for all ages. Services mainly those with learning disabilities and ADHD.



**Kajzer, Branko M.A. CCPA**

1851 Saint Catherine, Suite 220, H3H 1M2

Tel: 514-886-9901

Email: [info@mytherapistmontreal.com](mailto:info@mytherapistmontreal.com)

Website: [www.mytherapistmontreal.com](http://www.mytherapistmontreal.com)

A psychotherapist providing individual, art therapy, groups, therapy for children and teens.

**Montreal Autism and Psychological Evaluation Clinic**

5115 Av. Trans Island, Suite 218-B1, Montreal, Quebec H3W 2Z9 (Metro Snowdon)

Tel: 514-441-9099

Email: [info@autismemontreal.com](mailto:info@autismemontreal.com)

Website: [www.autismemontreal.com](http://www.autismemontreal.com)

Bilingual private practice specializing in autism diagnostic evaluations. They also provide cognitive and developmental assessments.

**Parent-Child Resource Centre**

2791 Côte-St-Catherine, Montreal, Quebec H3T 1B5

Tel: 514-733-4959, ext. 225

Contact: Susan Hayut M.Ed. psychologist, psychotherapist

Email: [susan.hayut@gmail.com](mailto:susan.hayut@gmail.com)

Website: [www.psychologiaclinic.com](http://www.psychologiaclinic.com)

Does psychoeducational evaluations as it relates to ADHD, learning disorders, anxiety, and depression. Employs a holistic approach in working with individuals with learning or behaviour issues.

**Pazzia-Guiducci, Dr. Olga OPQ**

Tel: 514-466-1537

Email: [olga.pazzia-guiducci@mail.mcgill.ca](mailto:olga.pazzia-guiducci@mail.mcgill.ca) or [olgaphd@yahoo.ca](mailto:olgaphd@yahoo.ca)

Office in Snowdon area.

Assessment and therapy for children and adults with special needs. Learning and behavioural problems, derogation, individual and family counselling, program development.

**Pidgeon, Catherine, M.A**

1172 Champetre, St-Lazare, Quebec J7T 3K9

Tel: 514-743-3388

Services offered: parental coaching, psychological evaluation, intervention, possibility of meeting at home.

**Shoiry, Elizabeth BSc, OPQ**

4226 St. Blvd St. Jean, Suite 205, Dollard des Ormeaux, Quebec H9G 1X5

Tel: 514-736-0793

Psycho educational/neuropsychological evaluation for children, adolescents and adults with ADHD, learning disabilities, and autism.

**Votre Clinique de Psychologie / Your Psychology Clinic - Dr. Mary Tsonis**

1595 Daniel Johnson, Suite 320, Laval, QC H7V 4C2

Tel.: 514-357-2122

Website: [www.votrepsylaval.com](http://www.votrepsylaval.com)

Evaluations and intervention services for children, adolescents, adults, couples and families. Assess children with developmental, learning, behavioural or emotional difficulties with differential diagnostic evaluations for autism, developmental delays, ADHD, learning disabilities, neurological conditions.

**Zanni, Caroline PhD**

6894 Somerled, Montreal, Quebec H4V 1V1

Email: [dr.z@videotron.ca](mailto:dr.z@videotron.ca)

Website: [www.drzanni.net](http://www.drzanni.net)

Specializing in ADHD, developmental disabilities, and autism.

## **SECTION 3.5 SEXUALITY**

### **Action pour l'Autisme, Asperger**

7012 St. Laurent Apt 301, Montreal, Quebec H2S 3E2

Contact: Isabelle Hénault, Psychologist - Ph.D. Sexologist – M.A

Tel: 514-990-3373

Email: [actionsautismeaspergerfrance@gmail.com](mailto:actionsautismeaspergerfrance@gmail.com)

Website: [www.actionsautismeasperger.org](http://www.actionsautismeasperger.org)

Apsychologist and sexologist, working with people with autism. Also works with parents.

### **Sexpressions**

PO Box 22516

5820 Monkland Avenue, Montreal, Quebec H4A 3T4

Contact: Stephanie Mitelman Bercovitch, M.A. Certified Sexuality Educator

Tel: 514-983-9600

Email: [info@sexpressions.ca](mailto:info@sexpressions.ca)

Website: [www.sexpressions.ca](http://www.sexpressions.ca)

Specializing in [special education](#), particularly for youth with autism.

## **SECTION 3.6 SPEECH and LAUNGUAGE THERAPY / AUDIOLOGY**

### **Audiology Centre West**

2100 Marlowe Avenue, suite 441, Montreal, Quebec H4A 3L5

Tel: 514-488-5558

Email: [infoaudio@videotron.ca](mailto:infoaudio@videotron.ca)

Website: [www.audiologie-centre-ouest.com](http://www.audiologie-centre-ouest.com)

The clinic offers hearing services to clients from infants to adults of all ages. They also offer pre and post hearing aid fitting evaluations to these age groups.

### **Blocks Speech and Language Clinic**

845 Querbes, Suite 200, Outremont, Quebec H2V 3X1

Tel: 514-974-5258

Email: [info@blockstherapy.com](mailto:info@blockstherapy.com)

Website: [www.blockstherapy.com](http://www.blockstherapy.com)

Services include speech and language therapy, art therapy, occupational therapy, physiotherapy, day care and school screening.

### **Maftoul, Rebecca SLP**

Tel: 514-562-5736

Email: [nfo@rebeccamaftoul.com](mailto:nfo@rebeccamaftoul.com)

Website: [www.rebeccamaftoul.com](http://www.rebeccamaftoul.com)

Specializes in working with children with autism.

### **Montreal Fluency Centre**

4626 Ste. Catherine Street West, Westmount, Quebec H3Z 1S3

Tel: 514-489-4320

Contact: Dr. Rosalee C. Shenker

Email: [info@montrealfluency.com](mailto:info@montrealfluency.com)

Website: [www.montrealfluency.com](http://www.montrealfluency.com)

Provides bilingual services in speech therapy and educational psychology to preschoolers to high school.

**Speech Language Fun** (formerly Stephanie Finkelstein)

Tel: 514-941-1010

Contact: Stephanie Finkelstein, M.Sc. SLP  
5660 Monkland, Montreal, Quebec H4A 1E4

E-mail: [stephanie@speechlanguagefun.com](mailto:stephanie@speechlanguagefun.com)

Website: [www.speechlanguagefun.com](http://www.speechlanguagefun.com)

Consultations, evaluations, and therapy also available in the following areas: early intervention, autism, social skills/pragmatics, stuttering/fluency, voice, articulation, apraxia/motor speech, language, pre-literacy, tongue thrust, and auditory processing. Home/school visits also available.

**Speech Therapy Montreal**

5555 Westminster, Suite 210, Cote-St.-Luc, Quebec H4W 2J2

Tel: 514-346-4258

Contact: Mindy NiloffBackler, M.Sc.CCC-SLP

Email: [mindy@speechtherapymontreal.com](mailto:mindy@speechtherapymontreal.com)

Website: [www.speechtherapymontreal.com](http://www.speechtherapymontreal.com)

Evaluating and treating speech and language delays and disorders, articulation and phonology, autism/PDD, language-learning disabilities, and stuttering.

**Spector-Eisenberg, Stacey MSc SLP**

Tel: 514-862-6344

Email: [staceyspectoreisenberg@gmail.com](mailto:staceyspectoreisenberg@gmail.com)

Assessment and individual intervention for pre-school and school aged children.

**The Voice Box**

5845Cote-des-Neiges, Suite 645, Montreal, Quebec H3S 1Z4

Tel: 514-886-1429

Email: [info@thevoicebox.ca](mailto:info@thevoicebox.ca)

Website: [www.thevoicebox.ca](http://www.thevoicebox.ca)

Offering bilingual services to people of all ages. This also includes children affected by Autism, speech and language delays, or language-based learning disabilities.

**Zeviar, Michelle, SLP**

236 NeptuneBlvd, Dorval, Quebec H9S 2L4

Tel: 514-567-2625 / Fax: 514-487-1150

Bilingual service in treating children of all ages with communication disorders.

**SECTION 3.7**

**MEDICAL TESTING AT HOME**

**Santé Mobile A1**

12348 Rue Lachapelle, Montréal, Quebec H4J 2M8

Tel: 514-461-1186

Contact: Antonio Izzo

Email: [info@santemobile.com](mailto:info@santemobile.com)

Website: [www.santemobile.com](http://www.santemobile.com)

Mobile medical testing services will come to your home to perform lab tests for all ages.

## **SECTION 4**

### **RECREATIONAL, LEISURE ACTIVITIES, AND THERAPIES**

#### **Altergo**

525 Dominion St., Suite 340, Montreal, Quebec H3J 2B4

Tel.: 514-933-2739

Email: [info@altergo.ca](mailto:info@altergo.ca)

Website: [www.altergo.ca](http://www.altergo.ca)

Promotes culture, sports and recreation for disabled persons, including support to participate in everyday programs offered in their own communities. To help your child participate, he or she may be entitled to a subsidy to pay for the costs of a personal attendant. Request information from Altergo. Click on [www.altergo.ca/resources/repertoire](http://www.altergo.ca/resources/repertoire) for extensive lists by disability, age or activity.

#### **K  roul**

4545 Pierre-De Coubertin Ave., Montreal, Quebec H1V 3N7

Tel: 514-252-3104

Email: [infos@keroul.qc.ca](mailto:infos@keroul.qc.ca)

Website: [www.keroul.qc.ca](http://www.keroul.qc.ca)

Data on accessible hotels, motels, restaurants and tourist attractions for travelers with restricted mobility. Data bank available on accessible places in Quebec.

### **SECTION 4.1**

#### **ART / DRAMA THERAPY**

##### **Autism and Art in the Laurentians (AAL)**

Laurentian Regional High School

448 Argenteuil, Lachute, Quebec J8H 1W9

Tel: 450-562-8571 Ext.8449

Contact: Melanie Bujold

Email: [mbujold@swlauriersb.qc.ca](mailto:mbujold@swlauriersb.qc.ca)

AAL is a free art and social program for anglophone teens and young adults on the autism spectrum who live in the Laurentians.

##### **Centre for the Arts and Human Development (CAHD)**

7079 Terrebonne Avenue, Montreal, Quebec H4B 2B4

Tel: 514-848-2424, ext 8619

Contact: Lenore Vosberg

Email: [cahd@concordia.ca](mailto:cahd@concordia.ca)

Website: [www.concordia.ca/research/cahd.html](http://www.concordia.ca/research/cahd.html)

Is an educational, clinical and research centre serving adults with developmental and intellectual disabilities. The program uses four types of creative arts therapies – art, drama, music and dance/movement – to promote autonomy, improve self-confidence and social skills, and enhance overall quality of life for its participants CAHD is under the [Department of Creative Arts Therapies](#) in the [Faculty of Fine Arts](#) at Concordia University.

##### **I Can Dream Theatre**

Email: [icandreamtheatre@gmail.com](mailto:icandreamtheatre@gmail.com)

Facebook: I Can Dream Theatre – Montreal

Website: [www.icandreamtheatre.com](http://www.icandreamtheatre.com)

A charitable community organization that provides adults with special needs opportunities to develop their talents in the performing arts, specifically in the areas of acting, singing, dancing and playing musical instruments.

**Kirstein, Ali, Drama Therapist**

4865 de Maisonneuve West, Montreal, Quebec H3Z 2M9

Tel: 514-887-3674

Email: [alikirstein@hotmail.com](mailto:alikirstein@hotmail.com)

Using drama therapy, works with children and families with varying needs including special needs ie. social issues, physical disabilities, emotional difficulties, eating disorders, depression. Provides another avenue for communicating issues.

**Les Muses : Centre des Arts de la Scène**

5017, Saint-Hubert, bureau 317, Montréal H2J 2X9

Tel: 514-350-8060 ext. 8834

Website: [www.lesmuses.org/en/](http://www.lesmuses.org/en/)

This art school offers professional training in theatre, dance and song to artists living with disabilities (intellectual, pervasive developmental disorder, autism, physical or sensory). The program provides a professional and social setting that leads to integration of advanced students and graduates into the artistic milieu.

**Montreal Therapy Centre**

Queen Elizabeth Health Complex, 2100 Marlowe, Suite 539, Montreal, Quebec H4A 3L5

Tel: 514-249-7262

Website: [www.montrealtherapy.com](http://www.montrealtherapy.com)

Serving people of all ages.

**Temple Art Hive**

Temple Emanu-El-Beth Sholom

4100 Sherbrooke Street West, Westmount, Quebec H3Z 1A5

Website: [www.templemontreal.ca](http://www.templemontreal.ca)

An inclusive art initiative where people of all ages and abilities can do art.

**The Children's Theatre**

Studio address: 6224 Godfrey Ave Montreal, Quebec H4B 1K3

Mailing address: Montreal Children's Theatre, 24 Stonecrest, Hudson, Quebec J0P 1H0

Tel: 514-484-6620

Website: [www.childrens-theatre.ca](http://www.childrens-theatre.ca)

Acting classes for cognitively high functioning children and adolescents with autism or social challenges. No acting experience necessary.

**Spectrum Productions**

5445 Gaspé Avenue, local 415, Montreal, Quebec H2T 3B2

Tel: 514-448-1644

Email: [info@productionsspectrum.com](mailto:info@productionsspectrum.com) / Website: [www.productionsspectrum.com](http://www.productionsspectrum.com)

Creating opportunities for youth and young adults with autism through video and media productions. They offer five programs to their participants:

- 1) Summer day camp for all ages.
- 2) After school program - weekly two-hour sessions during the school year, where participants explore their creative interests through video production.
- 3) Saturday morning cartoons - creating cartoons, stop-motion animations and small productions.
- 4) Social club - meets on Friday nights, cooks supper and social activities.
- 5) Youth social club - Specifically for youth 8 - 14 and runs approximately twice a month on Saturday from 1-4 pm. Uses the framework from the Friday social club.
- 6) Production Club - Production Club is aimed at giving young filmmakers experience working with industry-standard equipment while advancing their understanding about camera, lighting, sound, directing and editing.

## **VSAQ Visions sur l'Art Quebec**

Studio address: 7005, boul. de Maisonneuve Ouest, Montreal, Quebec H4B 1T3

Mailing address: 6560 Viau Montréal, Québec H1T 2Y7

Tel: 514-527-4527 ext. 2261

Email: [vsaq@vsaq.org](mailto:vsaq@vsaq.org)

Website: [www.vsaq.org](http://www.vsaq.org)

Promote the development of creativity and artistic talents in people with special needs and the integration of these artists into Quebec's artistic community.

## **SECTION 4.2 MUSIC THERAPY**

### **Association québécoise de musicothérapie**

Tel: 514-264-6335

Email: [info@musicotherapieaqm.org](mailto:info@musicotherapieaqm.org)

Website: [www.musicotherapieaqm.org](http://www.musicotherapieaqm.org)

An association that has a database of music therapists in Quebec.

### **Mackell, Grace, MTA**

63 des Muguets, Valleyfield, Quebec J6T 6N4

Tel: 438-889-1208

Email: [gmackell@gmail.com](mailto:gmackell@gmail.com)

Works with young children with autism, and children with all types of needs. Offering private contracts.

### **Piano Art**

Tel: 514-254-2533

Email: [rady4433@hotmail.com](mailto:rady4433@hotmail.com)

Website: [www.rady4433.wix.com/pianoart](http://www.rady4433.wix.com/pianoart)

Bilingual adapted piano lessons for students with autism, ADHD and other developmental disabilities.

### **Westmount Music Therapy**

4695 Maisonneuve West, Westmount, Quebec H3Z 1S4

Contact: Alison Usher-Jones, BMT, MTA

Tel: 514-942-0698

Email: [info@westmountmusictherapy.ca](mailto:info@westmountmusictherapy.ca)

Website: [www.westmountmusictherapy.ca](http://www.westmountmusictherapy.ca)

Bilingual music therapy for with children and youth with autism, ADD/ADHD, emotional regulation, anger management, youth at risk, mental health issues and more.

## **SECTION 4.3 CHEERLEADING**

### **Flyers All Starz Special Needs Cheerleading**

9233 Thimens, Pierrefonds, Quebec H8Y 0A1

Tel: 514-332-3777 –ask for Stephany De Rosa, Team Coach or Helen Dicso, 514-916-0911

Email: [info@flyerscheerleading.net](mailto:info@flyerscheerleading.net)

Website: [www.flyerscheerleading.net](http://www.flyerscheerleading.net) or on Facebook

Games, physical fitness, gymnastics, tumbling, stunting, pyramids, performances and fun. Adapted program for all types of disabilities including autism, Down syndrome, physical, intellectual, behavioural, ADHD, etc. Program is individualized.

## **SECTION 4.4 GYM AND SWIM**

### **Aqua-K.I.D.S.**

NDG YMCA, 4335 Hampton, Montreal, Quebec H4A 2L3

Tel: 450-698-2425

Contact: Judy Deere

Swim, art, and gym program for children with learning disabilities, ADHD and mild autism. Ages 6-16.

### **Aqua Percept and Adapted Gym & Swim Program**

Pointe-Claire Aquatic Centre

60 Maywood, Pointe-Claire, Quebec H9R 0A7

Tel: 514-630-1202

Website: **Error! Hyperlink reference not valid.**[www.pointe-claire.ca/en/culture-recreation/aquatic-centre/](http://www.pointe-claire.ca/en/culture-recreation/aquatic-centre/)

Co-ed, ages 4-10. Aqua Percept: Gym and swim program for children with motor problems, ADD, ADHD, or poor coordination. Adapted Gym & Swim Program for lower functioning children. One-hour program during the year. For summer camp, see camp section.

### **GymnO Montréal**

660 Villeray, Montreal, Quebec H2R 1J1

Activities held at - Collège Notre-Dame, 3799 Queen Mary Road, Montreal, Quebec

Tel: 514-721-3663

Email: [montreal@gymno.org](mailto:montreal@gymno.org)

Website: [www.gymno.org](http://www.gymno.org)

Programs that include indoor gym, pool, and socialization activities for children with learning disabilities, ages 5 - 15.

Other locations:

### **Laval**

2465 rue Honoré-Mercier, Laval, Quebec H7L 2S9

Tel: 450-625-2674 / Fax: 450-625-3698

Email: [laval@gymno.org](mailto:laval@gymno.org)

### **Repentigny**

#### **Centre aquatique Jacques-Dupuis**

130 rue Valmont, Repentigny, Quebec J5Y 1N9

Tel: 450-582-7930

Email: [repentigny@gymno.org](mailto:repentigny@gymno.org)

### **P.L.A.Y.@Gym (two locations)**

14770 Pierrefonds Blvd, Pierrefonds, Quebec H9H 4Y6

3400 Rue du Marché #203, Dollard des Ormeaux, Quebec H9B 2Y1

Tel: 514-795-4266

Email: [playatgym@gmail.com](mailto:playatgym@gmail.com)

Website: [www.playlimitless.ca](http://www.playlimitless.ca)

A gymnastics program designed by an occupational therapist to address the many needs of kids/adolescents/adults with special needs. New participants require an evaluation prior to registration.

### **S.W.A.M. (formerly SwimAbility)**

CEGEP du Vieux Montreal Pool  
255 Ontario Street East, Montreal, Quebec H2X 1X6  
Tel: 888-530-5618  
Email: [montreal@swamcanada.ca](mailto:montreal@swamcanada.ca)  
Website: [www.montreal.qc.swamcanada.ca](http://www.montreal.qc.swamcanada.ca)

Provides swimming lessons specifically adapted to children with special needs. Instructors are trained to teach children with a range of needs, including Down syndrome, autism, Global developmental delay, epilepsy, ADD, visual and hearing impairments. Established under the umbrella of the Students' Society of McGill University, volunteer run by McGill students.

## **SECTION 4.5 HORSEBACK RIDING**

### **Enfants en Équilibre**

486 rue Chicoinne, Vaudreuil-Dorion, QC J7V 7E4  
Tel : 438-402-3341  
Email : [info@enfantsenequi-libre.com](mailto:info@enfantsenequi-libre.com)

Offering equine assisted therapy, recreation, sport and learning programs to individuals with special needs with the purpose of contributing positively to their cognitive, physical, emotional and social well-being. CanTRA certified.

### **Equitation Therapeutic La Difference**

11381 Cote Des Anges, Mirabel, Quebec J7N 2W3  
Tel: 450-475-0198  
Contact: Manon Noel  
Email: [equitationtherapeutiqueladifference@hotmail.com](mailto:equitationtherapeutiqueladifference@hotmail.com)

### **Projet Equestre Goldie**

11856 Rang St Etienne, Saint Benoit, Quebec J7N 2T2  
Tel: 450-258-4666  
E-mail: [projet\\_goldie@hotmail.com](mailto:projet_goldie@hotmail.com)  
Website: [www.projetgoldie.com](http://www.projetgoldie.com)

Provides therapeutic riding services for children with physical and mental disabilities, and/or learning difficulties.

### **Lucky Harvest Therapeutic Riding Centre**

1900, Route 202, Hinchinbrooke, Quebec J0S 1A0  
Tel: 450-264-0282  
Website: [www.luckyharvestproject.wordpress.com](http://www.luckyharvestproject.wordpress.com)

Equine therapy for persons of all ages, living with physical, intellectual, developmental, psychological, or emotional limitations. Bilingual services.

## **SECTION 4.6 MARTIAL ARTS**

### **ADAMA - Association de Développement des Arts Martiaux Adaptés**

2-5118 2e Avenue, Montréal, Quebec H1Y 2Y1  
Tel: 514-817-4614  
Email: [info@adamacanada.org](mailto:info@adamacanada.org)  
Website: [www.adamacanada.org](http://www.adamacanada.org)

The association offers adapted judo and karate to anyone with special needs.



### **Autism Karate**

Tel: 514-290-7193

Contact: Chief Instructor: Andre Langevin

Email: [autismekarate@hotmail.com](mailto:autismekarate@hotmail.com)

Website: [www.autismekarate.org](http://www.autismekarate.org)

Courses every Saturday at ProformLaprairie, 50 boul Taschereau at 13:00

Courses at Centre Recreatif Gadbois located at 5485 Chemin cote St-Paul Montreal every Sunday at 10:00 and 11:00 a.m.

A conclusive experience for children with autism and their parents. Ages 3 and up.

### **Centre du Sablon**

755 Chemin du Sablon, Laval, Quebec. H7W 4H5

Tel: 450-688-8961

Website: [www.centredusablon.ca/en/](http://www.centredusablon.ca/en/)

Adaptive judo, other sports, social skills, and tutoring.

## **SECTION 4.7**

### **SAILING**

#### **The Association Québécoise de Voile Adaptée (AQVA)**

Head office: 525 Dominion, Montreal, Quebec H3J 2B4

Tel: 514-846-2171

Email: [administration@aqva.org](mailto:administration@aqva.org)

Website: [www.aqva.org](http://www.aqva.org)

Pointe Claire Yacht Club:

1 Avenue Cartier, Pointe Claire, Québec H9S 4R3

Tel: 514-694-8021

Email: [aqva.reservations@gmail.com](mailto:aqva.reservations@gmail.com)

Offers people with mobility impairments regardless of their level of ability to discover the joys of sailing using specially designed sailboats which are adapted to each sailor.

## **SECTION 4.8**

### **SKATING**

#### **Saint-Léonard Figure Skating Club**

7755, Colbert Street, Saint-Léonard, Quebec H1S 2Y7

Tel.: 514-593-7878

Email: [info@cpasaintleonard.com](mailto:info@cpasaintleonard.com)

Website: [www.cpasaintleonard.ca](http://www.cpasaintleonard.ca)

For children 5-13 years with intellectual and physical disabilities.

## **SECTION 4.9**

### **SOCCER**

#### **Pointe-Claire Amateur Soccer Association**

100 Terre Cotta, Pointe-Claire, Quebec H9R 5A4

Email: [info@soccerpointeclaire.com](mailto:info@soccerpointeclaire.com)

Website: [www.soccerpointeclaire.com](http://www.soccerpointeclaire.com)

#### **St. Lazare Hudson Soccer Club**

1850 Rue des Loisirs #157, Saint-Lazare, Quebec J7T 3B4

Tel: 450-510-0022

Email: [mightyhawks@slhsoccer.com](mailto:mightyhawks@slhsoccer.com)

Website: [www.slhsoccer.com](http://www.slhsoccer.com)

For youth aged 5 to 21 who are intellectually challenged, or have poor social skills or low self-esteem due to behavioural or learning difficulties, autism, Down syndrome, visually impaired, epilepsy, physically impaired but mobile, CP, dyslexia, dyspraxia, dysphasia, juvenile arthritis and more.

### **Super Sonics Soccer, Lakeshore Soccer Club**

16849 St. Hymus, Kirkland, Quebec H9H 3L4

Tel: 514-697-6973

Website: [www.lakeshoresoccer.ca/home/club/supersonics/](http://www.lakeshoresoccer.ca/home/club/supersonics/)

Program open to children aged 4 - 20 years who are intellectually challenged, or who suffer from poor social skills or low self-esteem due to behavioural or learning difficulties. (This includes children with autism, Down syndrome, visually impaired, epilepsy, physically impaired but mobile, cerebral palsy, severe dyslexia, dyspraxia etc.).

## **SECTION 4.10**

### **SKIING**

#### **Canadian Adaptive Snow sports**

Website: [www.cads.ski/](http://www.cads.ski/)

A listing of facilities that offer adapted skiing (Under contact click clubs to see the list).

#### **Centre de Ski Mont Rigaud**

321 des Érables, Rigaud, Québec J0P 1P0

Tel: 450-451-0000 or 514-990-1286

Email: [info@skimontrigaud.com](mailto:info@skimontrigaud.com)

Website: [www.ski.montrigaud.com](http://www.ski.montrigaud.com)

Private ski lessons with qualified instructors for children with disabilities.

#### **Adaptive Sports Foundation (Formerly The Eastern Townships Disabled Skiers Foundation)**

549 Knowlton, Lac Brome, Quebec J0E 1V0

Tel: 450-243-5985

Website: [www.sportsadaptes.ca/en/index.html](http://www.sportsadaptes.ca/en/index.html)

Offers winter and summer sports activities to physically disabled children and adults.

#### **Ski Mont Habitant**

12 chemin des Skieurs, Saint-Sauveur, Québec J0R 1R2

Tel: 450-227-3168 or 1-866-867-2637

Website: [www.monthabitant.com](http://www.monthabitant.com)

Private ski lessons with qualified instructors for people with disabilities.

#### **Special Olympics Ski Club of Owl's Head**

40, chemin du Mont Owl's Head, Mansonville, Québec J0E 1X0

Tel: 514-843-8778 ext. 230

Web: [www.specialolympicsquebec.ca](http://www.specialolympicsquebec.ca)

Two ski programs at Owl's Head Ski Center, under the supervision of instructors/coaches who are qualified in working with people living with an intellectual or physical disability and assisted by volunteers.

## **SECTION 4.11**

### **YOGA**

#### **Ondine Guralnick**

Tel: 450-671-9111

Email: [info@expoyoga.ca](mailto:info@expoyoga.ca)

Website: [www.expoyoga.ca/en/](http://www.expoyoga.ca/en/)

Ondine is a certified Hatha yoga teacher who combines art and yoga.

#### **Shevaya Wellness (formerly Monica Merleau/Shevaya Wellness)**

6900 Decarie, Suite M, Montreal, Quebec H3X 2T8

Tel: 514-739-1881

Email: [info@shevaya.com](mailto:info@shevaya.com)

Website: [www.shevaya.com](http://www.shevaya.com)

## **Yoga with Jackie**

Tel: 514-295-7742

Email: [jackiegonshor@yahoo.ca](mailto:jackiegonshor@yahoo.ca)

Website: [fb.com/YogaWithJackieHerman](https://fb.com/YogaWithJackieHerman)

In Jackie's Yoga classes the children play games, sing, laugh and have fun. Classes provide skills for self-regulating, breath work for focusing, practicing yoga postures that increase brain and body coordination, enhancing social/emotional and sensory awareness. Private or group home sessions, daycares, schools and camps.

## **SECTION 4.12 DANCE**

### **Funky Feet Dance Company**

2115 Saint Régis Blvd, Dollard Des Ormeaux, Quebec H9B 2M9

Tel: 514-684-7300

Website: [www.funkyfeet.ca](http://www.funkyfeet.ca)

Dance classes for children and teens.

### **National Centre for Dance Therapy**

Les Grands Ballets Canadiens de Montréal

1435, De Bleury, suite 500, Montréal, Québec H3A 2H7

Contact: Anna Aglietta

Tel: 514-849-8681

Email: [dansetherapie@grandsballets.com](mailto:dansetherapie@grandsballets.com)

Website: [www.grandsballets.com/en/national-centre-for-dance-therapy](http://www.grandsballets.com/en/national-centre-for-dance-therapy)

The NCDT provides adapted dance classes to children with Down syndrome, autism, and intellectual disabilities. The dance classes being offered are: [Creative Dance – Autism \(4-8\)](#); [Ballet – Autism \(9-17\)](#); [Creative Dance – Down Syndrome and Intellectual Disabilities](#) (6 years +); [Street Dance with Lazylegz and Melissa](#) (people with physical disabilities or motor disorders and/or mild intellectual disabilities, 15-30 years)

### **Studio J**

16950 Hymus Blvd

Kirkland, Quebec H9H 3W7

Tel: 514-835-5227

WEBSITE: FACEBOOK

## **SECTION 4.13 ZOOTHERAPY**

### **Pup Wellness (formerly PACCK Foundation)**

647 Route 202, Hemmingford, Quebec J0L 1H0

Tel: 514-244-0168

Email: [info@pupwellness.com](mailto:info@pupwellness.com)

Website: [www.pupwellness.com](http://www.pupwellness.com)

They offer a program at Giant Steps School for students with autism and developmental disabilities. They participate in Canine-Assisted Pre-vocational and Therapy programs.

They have expanded their therapy programs to a wider age range and abilities.

## **SECTION 4.14 SERVICE DOGS**

### **ASISTA**

4530 Autoroute 440, Laval, Quebec H7T 2P7

Tel: 450-781-1200 ext.3031

Email: [info@asista.ca](mailto:info@asista.ca)

Website: [www.asista.ca](http://www.asista.ca)

Supplying certified service dogs on a short and long-term basis to people with ASD.

## **MIRA**

### **Head Office**

1820 Rang Nord-Ouest, Sainte-Madeleine Quebec J0H 1S0

Tel: 450-795-3725

Email: [www.info@mira.ca](mailto:www.info@mira.ca)

Website: [www.mira.ca/en/](http://www.mira.ca/en/)

Provides dogs to those with one or many visual or motor disabilities, and to children with autism or PDD.

## **SECTION 4.15**

### **TENNIS**

#### **Proset Autism**

Tel: 438-321-1564

Email: [info@prosetautism.ca](mailto:info@prosetautism.ca)

Website: [www.prosetautism.ca](http://www.prosetautism.ca)

An adapted tennis program for children, teens and adults with autism, PDD-NOS, ADHD and Down syndrome. With 6 locations: Pincourt, Kirkland, Vaudreuil, Westmount and two in Pointe Claire.

## **SECTION 4.16**

### **SLEDGE HOCKEY**

#### **Montreal Sledge Hockey**

Howie-Morenz Arena

8650 Querbes St. Montreal. Quebec H3N 2G5

Tel: 514-995-2913

Email: [hockeyluge@hotmail.com](mailto:hockeyluge@hotmail.com)

Website: [www.parahockey.com](http://www.parahockey.com)

## **SECTION 4.17**

### **LIBRARY SERVICES**

#### **Grand Bibliothèque (Bibliothèque nationale du Québec)**

475 de Maisonneuve Boulevard East, Montreal, QC H2L 5C4

Tel: 514-873-1100

Website: [www.bnquebec.ca](http://www.bnquebec.ca)

A cultural venue providing open and free access to more than four million items, including two million books. Providing specialized services to children aged 0 to 13, teenagers, business people, newcomers to Quebec, members of cultural communities. Accessible for people with disabilities of all ages with mobility, agility, auditory, speech, vision or intellectual challenges. The building is fully wheelchair accessible, with adapted counter services, Braille and auditory signals in the elevators, ample space for wheelchairs to circulate (except reading terraces), adapted work tables and washrooms, and more.

#### **Library of Congress**

Location: Washington, DC

Offers many online links:

- 1) Library of Congress online catalog and other online catalogs at <https://catalog.loc.gov/>
- 2) Digital Collections provide access to primary resources relating to history and the culture of United States. <https://www.loc.gov/collections/>
- 3) The Teachers Page provides tips and tricks for using the collections, as well as frameworks, activities, and lessons that provide context for their use. <http://www.loc.gov/teachers/>
- 4) Global Gateway: World Culture and Resources digital collections from around the world at <http://international.loc.gov/intldl/intldlhome.html>
- 5) The America's Library is designed especially for young children and their families to explore the stories of America's past at <http://www.americaslibrary.gov/>
- 6) Exhibitions featured at the Library of Congress and online at <http://www.loc.gov/exhibits/>
- 7) Especially for Researchers" at <http://www.loc.gov/rr/main/inforeass/>

## **NATIONAL NETWORK FOR EQUITABLE LIBRARY SERVICE (NNELS)**

Website: [www.nnels.ca](http://www.nnels.ca)

Make copies of books in accessible formats available to Canadian readers who have print disabilities. Perceptual disabilities (commonly known as "print disabilities") include three broad categories of people who require accessible formats:

- Severe or total impairment of sight or hearing or the inability to focus or move one's eyes
- the inability to hold or manipulate a book, or
- an impairment relating to comprehension.

Quebec libraries do not participate in the NNELS program. However should you want books that are in an accessible format, approach your local library, tell them about NNELS. Your library has to apply for the service by signing their agreement and taking an online tutorial. For further information contact [support@nnels.ca](mailto:support@nnels.ca) or call 1-888-848-9250 (option 5).

### **SECTION 4.18 MUSIC LESSONS**

#### **Creaversity - Steven Atme**

Locations: Summit School, 1750 Deguire Street, and Epilogue Musique, 1726 Saint-Denis

Tel: 514-686-8682

Email: [atmepianosphd@hotmail.com](mailto:atmepianosphd@hotmail.com)

Offering private courses for all ages teaching piano, singing and acting, and group courses. Steven is also a public speaker, sharing his speech 'Special People Have Dreams Too.'

#### **SHARING MUSIC UNITES US® - ARTIST JAYE**

Contact: Artist Jaye

Email: [Jaye@yahoo.ca](mailto:Jaye@yahoo.ca)

Website: [www.artistjaye.com](http://www.artistjaye.com)

Teaches guitar in studio or online through Skype. Artist Jaye provides free school visits and guitar giveaways to promote the message that music unites us, and that it can make a difference for children, especially those with special needs.

## **SECTION 4.19 OTHER RECREATIONAL THERAPIES AND ACTIVITIES**

### **Accessible Parks**

Email: [christine@strollerparking.ca](mailto:christine@strollerparking.ca)

Website: [www.strollerparking.ca](http://www.strollerparking.ca)

Reviews over 800 parks in Montreal and the surrounding area.

### **CIVA – Integration Centre for Active Living**

525 Dominion St. Suite 330, Montreal, Quebec H3J 2B4

Accessible entrance: 2290 Workman St.

Tel: 514-935- 1109

Email: [info@civa.qc.ca](mailto:info@civa.qc.ca)

Website: [www.civa.qc.ca](http://www.civa.qc.ca)

Promotes the social integration and independence of adults with a physical disability. This is achieved by offering adaptive sport activities, personal growth workshops and creative art workshops.

### **Eli Experience**

1275 Avenue des Canadiens-de-Montreal, Montreal, Quebec

Tel: 514-718-6377

Email: [vanessa@eliexperience.com](mailto:vanessa@eliexperience.com)

Website: [www.eliexperience.com](http://www.eliexperience.com)

They integrate children with autism and sensory processing difficulties into everyday social and community settings. Events are held at different locations in Montreal.

### **Lara Travel – Margo Pedersen**

555 Decarie Blvd. Saint Laurent, Quebec H4L 3L1

Tel: 514-341-1503

Email: [pina@laratravel.com](mailto:pina@laratravel.com)

Website: [www.laratravel.com](http://www.laratravel.com)

Travel agent specializing in special needs travel.

### **The Sylvan Adams YM-YWHA**

Ben Weider Jewish Community Centre

5400 Westbury Avenue, Montreal, Quebec H3W 2W8

Tel: 514-737-6551

Website: [www.ymywha.com](http://www.ymywha.com)

The Marlene and Joel King Special Needs Department offers a variety of recreational and leisure activities to children and adults with special needs. The programs are for people with special needs, be they physical, developmental or intellectual.

### **Dynamix**

Tel: 514-333-8326

Email: [montreal@getdynamix.com](mailto:montreal@getdynamix.com)

Website: [www.getdynamix.com](http://www.getdynamix.com)

Works with children with special needs by providing experiential teambuilding workshops to help develop critical social and cooperative skills.

### **Friendship Circle**

4585 Bourret, Montreal, Quebec H3S 1X1

Tel: 514-735-2255 / Email: [info@friendshipcircle.ca](mailto:info@friendshipcircle.ca)

Website: [www.friendshipcircle.ca](http://www.friendshipcircle.ca)

The programs are for children, teens and young adults with special needs. The programs are designed to nurture the person's social, physical, and cognitive skills. Respite teenage volunteers and educators interact with individual with special needs to build friendships. Also, support programs for siblings and parents. Also now offers Connect 21 for young adults.

**Hope Corporation for the Intellectually Disabled Children  
Corporation l'Espoir du Déficient**

55 Dupras Ave. Bureau 511, Lasalle, Quebec H8R 4A8

Tel: 514-367-3757

Email: [info@corporationespoir.org](mailto:info@corporationespoir.org)

Website: [www.corporationespoir.org](http://www.corporationespoir.org)

Offers a variety of programs for children with intellectual disabilities.

**Jooay**

Email: [jooay@childhooddisabilities.ca](mailto:jooay@childhooddisabilities.ca)

Website: [www.jooay.com](http://www.jooay.com)

A mobile and web-based app that provides information about leisure activities for special needs children and youth in communities across Canada.

**Leisure Centre for the Deaf (formerly Montreal Recreational Centre for the Deaf)**

8146 Drolet, Montreal, Quebec H2P 2H5

Tel/TTY: 514-383-0012

Provides deaf individuals with an opportunity to participate in activities adapted to their needs and for members to receive mutual support, along with various other services.

**Parasports Quebec (formerly Quebec Wheelchair Sports Association)**

4545 Pierre-De-Coubertin Ave, Montreal, Quebec H1V 0R2

Tel: 514-252-3108

Email: [info@parasportsquebec.com](mailto:info@parasportsquebec.com)

Website: [www.aqsfr.qc.ca](http://www.aqsfr.qc.ca)

Coordinates, facilitates access to wheelchair sports at every level for disabled people.

**Quebec Blind Sports Association (ASAQ)**

4545 Pierre-De-Coubertin Ave, Montreal, Quebec H1V 0B2

Tel: 514-252-3178

Email: [infoasag@sportsaveugles.qc.ca](mailto:infoasag@sportsaveugles.qc.ca)

Website: [www.sportsaveugles.qc.ca](http://www.sportsaveugles.qc.ca)

Promotes and organizes sports activities for semi-blind and visually impaired children and their siblings aged 6 to 14 years in Quebec.

**Quebec Deaf Sports Association (ASSQ)**

4545 Pierre-De-Coubertin Ave., Montreal, Quebec H1V 0B2

Tel/TTY: 514-252-3069

Video relay service: 1-438-476-6315

Website: [www.assq.org/en/](http://www.assq.org/en/)

Promotes sports, recreational and physical activity for deaf and hearing-impaired people in Quebec.

**Multi-Ethnic Association for the Integration of Persons with Disabilities**

6462 St. Laurence Blvd. Montreal, Quebec H2S 3C4

Tel: 514-272-0680

Email: [ameiph@ameiph.com](mailto:ameiph@ameiph.com)

Website: [www.ameiph.com](http://www.ameiph.com)

Facilitates the social integration of people with a physical or intellectual disability. Recreational activities, French language courses, art workshops, and job readiness workshops are offered.

**Special Olympics Quebec**

1274 Jean Talon East, Suite 200 Montreal, Quebec H2R 1W3

Tel: 514-843-8778

Email: [info@olympiquesspeciaux.qc.ca](mailto:info@olympiquesspeciaux.qc.ca)

Website: [www.olympiquesspeciauxquebec.ca/en/index.sn](http://www.olympiquesspeciauxquebec.ca/en/index.sn)

Promotes sports events for those with intellectual disabilities, check the website for all of their branches.

**Sportball**

63 Rue Beacon, Kirkland, Quebec H9J 2E9

Tel: 514-331-3221

Email: [adminqc@sportball.ca](mailto:adminqc@sportball.ca)

Website: [www.sportball.ca](http://www.sportball.ca)

Non-competitive sports instruction for children 16 months – 12 years old. Kids are introduced to eight popular sports: soccer, hockey, basketball, baseball, volleyball, tennis, golf and football. Check website for their many other locations.

**The Adaptive Sports Foundation**

549 Knowlton Rd. Knowlton, Quebec J0E 1V0

Tel: 450-243-5985

Website: [www.sportsadaptes.ca/en/index.html](http://www.sportsadaptes.ca/en/index.html)

Offers outdoor summer and winter adaptive sport programs to children and adults with a physical disability.

**Un Prolongement à la Famille de Montréal**

1621, boul. Pie-IX, local S-21, Montréal, Quebec, H1V 2C3

Tel: 504-7989

Email: [info@upfm.ca](mailto:info@upfm.ca)

Website: google Un Prolongement à la Famille de Montréal then click translate this page

This organization offers social participation activities as well as sports and recreation activities including theater, painting, crafts and computers for adults with mild to moderate intellectual disabilities.

**Viomax**

Luci-Bruneau Rehabilitation Centre

2275 Laurier Avenue East, Montreal, Quebec H2H 1L6

Tel: 514-527-4527 #2329

Email: [viomax.viomax@ssss.gouv.qc.ca](mailto:viomax.viomax@ssss.gouv.qc.ca)

Website: [www.viomax.org](http://www.viomax.org)

Offers a variety of programs for physically and intellectually disabled children and adults.



## SECTION 5 TUTORING SERVICES

### **Bartimaeus**

3551 Saint-Charles Blvd, Kirkland, QC H9H 3C4

Tel: 514-991-7432

Website: [www.bartimaeus.com](http://www.bartimaeus.com)

Support individuals who are experiencing moderate to severe behavioural difficulties as a result of emotional, psychological and developmental difficulties. Teachers, school administrators and other stakeholders working with challenging students or situations, in the classroom and transition times (lunch, recess, daycare).

### **Brightside Learning**

4226 Saint Jean Blvd #305, Dollard Des Ormeaux, Quebec H9G 1X5

Tel: [514-398-0131](tel:514-398-0131)

Contact: Robin Bernstein

Email: [brightsidelearning@gmail.com](mailto:brightsidelearning@gmail.com)

Website: [www.brightsidelearning.com](http://www.brightsidelearning.com)

Specialized programs help students realize their potential and become independent, self-advocating learners. Services include academic coaching/tutoring, successful learning strategy implementation and literacy programs for various types of learners, including those with learning disabilities.

### **Club Education**

Elm Plaza, 275 Elm Avenue, Unit 10, Beaconsfield, Quebec H9W 2E4

Tel: 514-674-0914

Website: Facebook

A place to learn how to learn. Tutoring K- Secondary V, Communication with schools and teachers, educational assessments, learning packages, supervised homework, test and exam preparation, career counseling, study skills, speech/language assessments and therapy, social skill groups for children with high functioning autism, and PDD.

### **Education360**

99 Place Frontenac, Pointe-Claire, Quebec H9R 4Z7

Tel: 514-426-1360 / 1-866-656-1360 / Fax: 514-426-8071

Email: [info@education360.ca](mailto:info@education360.ca)

Website: [www.education360.ca](http://www.education360.ca)

### **Kumon**

Tel: 1-800-222-6284

Contact: Kumon for a centre near you.

Website: [www.kumon.com](http://www.kumon.com)

A learning centre which offers an after school program which focuses on math and reading from pre-school to the end of high school.

### **Lansdowne Tutoring Centre (two sites)**

1000 Lucerne Road, suite 200 Town of Mount Royal, Quebec H3R 2H9

Tel: 514-487-6516

203 Hymus Blvd #200, Pointe Claire, Quebec H9R 1E9

Tel: 514-697-4133

Website: [www.thelansdownecentre.org](http://www.thelansdownecentre.org)

Offers tutoring on reading, writing and mathematics remediation, cognitive *and* learning strategy instruction, and organizational support from pre-school through university.

**Liberty Tutoring**

Tel: [514-225-1898](tel:514-225-1898)

Website: [www.libertytutoring.ca](http://www.libertytutoring.ca)

Tutoring services are offered in your home.

**Lise L'Heureux**

4582 Melrose, Montreal, Quebec H4A 2S9

Tel: 514-768-9567

Email: [info@liselheureux.com](mailto:info@liselheureux.com)

Website: [www.liselheureux.com](http://www.liselheureux.com)

Learning Specialist who teaches English and French reading and spelling to dyslexic children, teens and adults using a systematic language-based approach developed specifically for learners with language processing deficits associated with dyslexia. Also tutors children with other developmental deficits that inhibit written language acquisition.

**Multisensory Reading Clinic**

3220 *Éliane Rd Laval*, Quebec H7P 5N6.

Tel: [450-624-9948](tel:450-624-9948)

Website: [www.multisensoryreadingclinic.com](http://www.multisensoryreadingclinic.com)

Literacy intervention and remediation for non-readers and struggling readers with dyslexia, using the Orton-Gillingham Therapeutic Tutoring Approach.

**Oxford Learning Centre**

Contact: Oxford Learning Centre for a centre near you by visiting their website.

Website: [www.oxfordlearning.com](http://www.oxfordlearning.com)

Uses cognitive learning techniques to help children develop more effective ways of thinking, concentrating, listening and remembering. Offers tutoring programs for school subjects in every grade.

**Strategic Learning Centre**

189 Hymus Blvd. Suite 201, Point-Claire, Quebec H9R 1E9

Tel: 514-631-9745

Email: [info@strategiclearning.ca](mailto:info@strategiclearning.ca)

Website: [www.strategiclearning.ca](http://www.strategiclearning.ca)

In operation since 1989, Strategic Learning Centre is a learning clinic with a wide range of specialized programs which definitively address students' learning disabilities, resulting in better, more confident learners.

## **SECTION 6 VOCATIONAL SERVICES**

### **Section 6.1 Transitioning Resources**

#### **John Grant High School, English Montreal School Board**

5785 Parkhaven Avenue, Cote Saint-Luc, Quebec H4W 1X8

Tel: 514-484-4161

Email: [johngrant@emsb.qc.ca](mailto:johngrant@emsb.qc.ca)

Website: [www.emsb.qc.ca/johngrant](http://www.emsb.qc.ca/johngrant)

The school is devoted to servicing the needs of students with mild to severe learning disabilities, aged 12-21 years. Students follow a modified program and may continue on to receive a Ministry Certificate in the Work Oriented Training Path (WOTP) upon successful completion. Though this is not a high school leaving certificate (Diplôme d'études secondaires or DES), it is an official certification designed to prepare students for the workforce. Students may also receive Ministry Certification through the Challenges Program. They also offer a local Transition Program designed to prepare students for adulthood.

#### **LIFE Program (Learning Independence through Functional Education), Lester B. Pearson School Board**

Located at Lindsay Place High School

111 Broadview Ave. Pointe Claire, Quebec H9R 3Z3

Tel: 514-422-3000 (LBPSB phone number)

Students aged 18 to 21 with special needs gain independent life skills through educational, functional, and social experiences.

#### **L.I.N.K.S., English Montreal School Board**

9905 Papineau Street, Montreal, Quebec H2B 1Z9

Tel: 514-723-2845

Email: [links@emsb.qc.ca](mailto:links@emsb.qc.ca)

Website: [www.emsb.qc.ca/links](http://www.emsb.qc.ca/links)

The school services students ages 12-21 who have been diagnosed with mild to severe learning disabilities. Their focus is to ensure the academic, moral, social, and cultural aspects of the students and become contributing members of society. They offer four programs that can be tailored to meet the needs of each student. The programs are CASP (Competency-based Approach to Social Participation), Challenges, MAP (Modified Academic Programme), and Work Oriented Training Path (WOTP).

#### **Moisson Montreal**

6880 Chemin de la Côte-de-Liesse, Saint-Laurent, QC H4T 2A1

Tel: 514-344-4494

Website: [www.moissonmontreal.org/en/](http://www.moissonmontreal.org/en/)

A food bank that provides an excellent way to learn work and socialization skills. They have had individuals as volunteers from Summit T.E.C.C., Giant Steps School, CRDI TED, École Évangéline, and the Miriam Home.

#### **Peter Hall School – Gateway Program**

840, Boul. de la Côte-Vertu, St-Laurent, Quebec H4L 1Y4

Tel: 514-747-4075

Email: [cote-vertu@peterhall.qc.ca](mailto:cote-vertu@peterhall.qc.ca)

Website: [www.peterhall.qc.ca](http://www.peterhall.qc.ca)

Welcomes students with intellectual disabilities, Pervasive Developmental Disorders and psychopathological disorders between the ages of 15 to 21. Promotes independence and supports the philosophy of "Life Long Learning" through a variety of educational activities within the school and the community.

### **See Things My Way Centre**

8000, boul. Decarie, Suite 620, Montreal, Quebec H4P 2S4

Tel: 514-345-8833

Email: [info@seethingsmyway.org](mailto:info@seethingsmyway.org)

Website: [www.seethingsmyway.org](http://www.seethingsmyway.org)

The centre has two federally funded programs:

**Worktopia: Community Works Canada®**(CWC) is a pre-employment training program for teens and young adults ages 15 to 21 with autism.

**Worktopia: Employment Works Canada** (EWC offers employment preparedness training for individuals ages 15 to 29 with autism, as they transition from high school to independent adulthood. Program participants engage in opportunities to develop social, communication and job skills.

### **Summit School WOTP Program, TECC Campus**

1819 Rene Levesque West, Suite 200 Montreal, Quebec H3H 2P5

Tel: 514-933-4464

Email: [admin@summit-school.com](mailto:admin@summit-school.com)

Website: [www.summit-school.com](http://www.summit-school.com)

The WorkOriented Training Path (WOTP) is designed for students 15 years and older who are working at the pre-high school level of English language arts and Mathematics. WOTP prepares student for a gradual transition from school to work by offering opportunities to develop specific academic skills, solid life skills, and concrete workskills and habits.

### **Sun Youth**

6700 Park Ave, suite 100 Montreal, Quebec H2V 4H9

Tel: 514-842-6822

Website: [www.sunyouthorg.com/en/](http://www.sunyouthorg.com/en/)

A food and clothing bank that welcomes people with special needs as volunteers. Volunteering leads to gaining socialization skills, respecting routine and learning to adapt to a work environment.

### **Transition École Vie Active (TEVA), English Montreal School Board**

**Note: TEVA is available at other school boards. Please call your board to find the contact person there.**

Tel: 514-483-7200

Email: [pevangelista@emsb.qc.ca](mailto:pevangelista@emsb.qc.ca)

The program initiates and executes transition plans for students with special needs. The goal is to develop a concrete action plan designed to support students in the transition period by coordinating and facilitating the community, social, and education services, as well as efforts of the caregivers. The goal is to meet the unique needs of each student by identifying their strengths, abilities, hopes and goals for life after school so they're ready for employment and independent living.

## **Section 6.2**

### **Work-Study Program**

#### **CO-OP Education Program, Lester B. Pearson School Board**

Classes at Lakeside Academy and John Abbott College

Tel: 514-422-3000 #4470

Website: [www.ssd.lbpsb.qc.ca/eng/coopedu](http://www.ssd.lbpsb.qc.ca/eng/coopedu)

The three-year program is for students between the ages of 18 to 21 with developmental delays and are autonomous to travel to school and work. Students are eligible within the LBPSB High School network and are referred by school resource teams.

## Section 6.3 Rehabilitation Centres

### Centre de Réadaptation Lucie-Bruneau

2275 Laurier Avenue East, Montreal, QC H2H 2N8

Tel: 514-527-4527

Website: [www.luciebruneau.qc.ca](http://www.luciebruneau.qc.ca)

The **Workplace Rehabilitation Program** is for individuals with motor or neurological impairments. The Program evaluates and develops the skills and abilities of the individual in relation to work or studies to reduce environmental barriers and facilitate integration into the workplace

### Constance-Lethbridge Readaptation Centre

Work Evaluation and Orientation Program

7005 de Maisonneuve Blvd. West, Montreal, Quebec H4B 1T3

Tel: 514-487-1891 #300

Website: [www.constance-lethbridge.qc.ca](http://www.constance-lethbridge.qc.ca)

The program is for individuals with motor and speech and language disabilities.

### CROM West Montreal Readaptation Centre (WMRC)

8000 Notre Dame, Lachine, Quebec H8R 1H2

Tel: 514-363-3025

Website: [www.crom.ca/en/](http://www.crom.ca/en/)

The centre is for people with an intellectual disability (ID), autism or pervasive developmental disorder (PDD). Offers services to facilitate work integration, maintain skills, develop interests, acquire knowledge and improve quality of life. The centre has three programs: Labrosse Workshop, Benny Day Program, and Team Internships at Standard Life. The centre also provides habilitation, rehabilitation, residential and community integration services in English and French.

**Labrosse Workshop** is a program that provides work integration opportunities to WMRC users, who dismantle computers for recycling by Envirotree.

**Benny Day Program** has two components. In the work program user package products for WMRC's community integration partners or learn other work skills. In the social program, users are supported by a team of specialized staff, two teachers from the English Montreal School Board and therapists in music, art and recreation.

**Team Internships at Standard Life** is a program in which the WMRC users assemble over 2,000 product literature kits weekly, which are then distributed to customers of the company's Group Savings and Retirement division. The work is done at Standard Life and provides them with a professional, structured environment to exercise their strengths and interests.

## **Section 6.4 Vocational Services**

### **IAM CARES / AIM CROIT**

433 Chabanel Ouest, Mezzanine 2, Suite 304, Montréal, Québec H2N 2J4

Tel: 514-744-2944

Email: [info@aimcroitqc.org](mailto:info@aimcroitqc.org)

Website: [www.aimcroitqc.org](http://www.aimcroitqc.org)

Provides an employment skills development program for people who have a physical, sensory or neurological disability. The program is designed to assist them in their search for employment.

### **Emploi-Québec**

Website: [www.emploiquebec.gouv.qc.ca](http://www.emploiquebec.gouv.qc.ca)

Offers programs and services to people with disabilities. The Contrat d'intégration au travail (CIT) was designed to encourage employers to hire the disabled. In addition to a wage subsidy, your future employer could receive financial assistance to help with adapting your work environment to your specific needs. Some examples of services and expenses that can be eligible are:

- the services of an expert in assessing your needs and assistance to help you find employment
- the cost of adapting a workstation to your requirements
- the cost of Québec sign language interpreting services

Call 1-877-767-8773 or go to the local employment centre (CLE) in your region. The [www.emploiquebec.gouv.qc.ca](http://www.emploiquebec.gouv.qc.ca) website has a locator you can use to find local employment centres in Québec by postal code or region. If you are encountering difficulties and would like support in order to enter the labour market, contact a specialized manpower service in your region. To obtain the names and addresses of the specialized manpower services in your region, call the Centre d'assistance au placement at 1-866-640-3059 or send an email to [centre.assistance.placement@mess.gouv.qc.ca](mailto:centre.assistance.placement@mess.gouv.qc.ca)

### **L'Étape**

#### **Montreal branch**

1001 De Maisonneuve Blvd. East, Suite 527, Montreal, Quebec H2L 4P9

Tel: 514-526-0887

Email: [letape@letape.org](mailto:letape@letape.org)

Website: [www.letape.org/en/](http://www.letape.org/en/)

Integration and employment services for people with physical or sensory impairments.

#### **Laval branch**

1435, boul. St-Martin W Bureau 400 Laval, Québec H7S 2C6

Tel: 450-667-9999

Email: [letape-laval@letape.org](mailto:letape-laval@letape.org)

Integration and retention employment service for persons with physical, sensory or intellectual.

## **Section 6.5**

### **SPECIFICALLY AUTISM SPECTRUM DISORDER (ASD), PERVASIVE DEVELOPMENT DISORDERS (PDD)**

**Please consult other parts of Section 6 for other resources**

#### **Action Labour Inc. (formerly LabourAction Montreal)**

##### **Action main d'oeuvre Inc.**

3320 Rosemont Blvd, Montreal, Quebec H1X 1K3 (Head Office)

185 Dorval Avenue, Suite 203, Dorval, Quebec, H9S 5J9 (Service Point West Island)

Tel: 514-721-4941

Email: [info@actionmaindoeuvre.ca](mailto:info@actionmaindoeuvre.ca)

Website: [www.actionmaindoeuvre.ca](http://www.actionmaindoeuvre.ca)

Employment assistance services to people with autism or intellectual disabilities, job retention services.

**Ready, Willing and Able  
Gold Learning Centre**

5331 rue Ferrier, Montréal, Québec H4P 1M1

Tel: 514-345-8330 ext. 123

Website: [www.readywillingable.ca](http://www.readywillingable.ca)

An employer support program in which people with autism or an intellectual disability are hired in the work force.

**Specialisterne**

417 Rue Saint-Nicolas, suite 300 Montreal, Quebec H2Y 2P4

Tel: 514-928-3425

Website: [www.specialisterne.com](http://www.specialisterne.com)

Help employers to access the skills and capabilities of people on the autism spectrum through their recruitment, training, education, and management programs.

**Spectrum Productions**

5445 Gaspé Avenue, local 415, Montreal, Quebec H2T 3B2

Tel: 514- 448-1644

Email: [info@productionsspectrum.com](mailto:info@productionsspectrum.com)

Website: [www.productionsspectrum.com/en/](http://www.productionsspectrum.com/en/)

Creating work opportunities for young adults with autism through video and media productions. The Creative Media Lab internship program is based on developing employment and creative skills as part of the Spectrum video production team. Positions are offered to students who show particular talent and interest in video and media production and wish to develop their skills. This program runs September to June for youth aged 17 and up.

**Section 6.6**

**Sheltered Workshop / Adapted Work Centre**

**Coforce**

11301 Mirabeau St. Anjou, Quebec, H1J 2S2

Tel: 514-354-3430

Email: [info@coforce.ca](mailto:info@coforce.ca)

Website: [www.coforce.ca/en/index.html](http://www.coforce.ca/en/index.html)

Since 1977, Coforce has created quality jobs adapted to the needs of disabled persons. Coforce is an adapted business accredited by Emploi-Québec that builds on the strengths and abilities of people living with limitations.

**JEM Workshop Inc.**

**Centre Leonard & Carol Berall**

8400 Mountain Sights, Montreal, Quebec H4P 2B9

Tel: 514-735-4217

Email: [info@jemworkshop.org](mailto:info@jemworkshop.org)

Website: [www.ometz.ca](http://www.ometz.ca) or [www.jemworkshop.org](http://www.jemworkshop.org)

Operates an adapted workplace for adults who have an emotional, intellectual, and/or physical disability.

**Light a Dream**

63b Donegani Ave, Pointe-Claire, Quebec H9R 2V9

Tel: 514-695-3310

Email: [lightadream@bellnet.ca](mailto:lightadream@bellnet.ca)

Website: [www.lightadream.com](http://www.lightadream.com)

A candle making business intended to promote student's understanding of various business and economic principles, while enhancing their social, interpersonal, decision making and leadership skills. The program is for young adults with a developmental delay.

### **Placement Potentiel**

111 Donegani Ave., Pointe-Claire, Quebec H9R 2W3

Tel: 514-694-0315 / Fax: 514-694-8640

Email: [placementpotentiel@videotron.ca](mailto:placementpotentiel@videotron.ca)

Website: [www.placementpotentiel.com/adapted-employment-services-contact.asp](http://www.placementpotentiel.com/adapted-employment-services-contact.asp)

Adapted work centre specializing in finding employment opportunities for people with mild disabilities.

### **Pleins Rayons**

790 South Street, Cowansville, Quebec J2K 2Y3

Tel: 450-531-8293

Email: [pleinsrayons@outlook.com](mailto:pleinsrayons@outlook.com)

Website: [www.pleinsrayons.ca](http://www.pleinsrayons.ca)

The program focuses on teaching bicycle mechanics and all it entails. The program is for young adults between the ages of 15 and 35 years living with an autism spectrum disorder, an intellectual disability, or at-risk students at the high school level.

### **Quebec Council of Adapted Enterprises (CQEA)**

101 Grand-Voile Street, Saint Augustin de Desmaures, Quebec G3A 2M7

Tel: 1-800-771-2732

Training Coordinator, 418 872-7899 ext. 226.

Website: [www.cqea.ca/](http://www.cqea.ca/)

Their mission is to help maintain and create jobs for people with disabilities. Their vision is to make adapted companies be recognized as the best business model of the social economy in Quebec. Their members consist of several partners and 40 adapted companies throughout Quebec and they offer training courses from the employer to the employee. People with limitations are introduced to an adapted company by a Business Assistance and Placement Service agent (contact your local Emploi Quebec branch) and the disability must be permanent. An educator supports employees in everything related to their disabilities. The adapted company receives a subsidy from the Adapted Business Network that compensates for the lower productivity, CQEA manages the Adapted Business Grant Program.

### **RécupérAction Marronniers Inc.**

2555 Dollard, CP 139, LaSalle, Quebec, H8N 3A9

Tel: 514-595-1212

Email: [info@rami.ca](mailto:info@rami.ca)

Website: google [RécupérAction Marronniers inc. - Conseil québécois des ... - CQEA](#)

and click translate this page

An adapted recyclable material business that hires people with functional limitations (ASD, ID, physical disability and other mental health problems)

## **Section 6.7**

### **Vocational Counselling and Support Services**

#### **Moelle Epinière et Motricité Québec**

6020 Jean-Talon East, Suite 400, Montreal, Quebec H1S 3B1

Tel: 514-341-7272

Email: [info@moelleepiniere.com](mailto:info@moelleepiniere.com)

Website: [www.paraquad.qc.ca](http://www.paraquad.qc.ca)

Supporting people with physical or neurological limitations with their job search on the island of Montreal in their job search.

#### **S.A.R.C.A. Services, English Montreal School Board**

10909 Gariépy, Montreal, QC, H1H 4C6

Tel: 514-846-7955

Email: [info@emsb-sarca.ca](mailto:info@emsb-sarca.ca) / Website: [www.emsb-sarca.ca/services.php](http://www.emsb-sarca.ca/services.php)

An educational and vocational program for individuals 16 years or older. Advisors/counselors provide information, counseling and support to those who want to obtain their high school diploma or participate in a vocational training study program. Assist clientele with special needs.



**s.e.m.o. Horizon-Travail**

980 Saint-Antoine Street, Suite 605, Montreal, Quebec H3C 1A8

Tel: 514-933-1141

Website: [www.horizon-travail.org/en/](http://www.horizon-travail.org/en/)

Jobs placement services and continued employment for persons who are visually impaired or living with a mental illness.

**Young in the Making (YIF-JED)**

A program for young women with a disability. The program offers six weeks of pre-employability paid training followed by a 14-week placement in the workplace that is also paid. During this time, participants are supported by the employer and YTF-JED staff.

*YTF-JED is a partnership between the Canadian Council on Rehabilitation and Work (CCRW-CCRT) and the DisAbled Women's Network Canada (DAWN-RAFH).*

**Contact Info** : Julie Blais (Coordinator) at [jblais@ccrw.org](mailto:jblais@ccrw.org) / 514 669-2307 or Floryana Viquez (Facilitator) at [fviquez@ccrw.org](mailto:fviquez@ccrw.org) / 514 669-2349.

Website: google

[Jeunes en devenir recrute! Programme de pré-employabilité ... - cdéacf](#)

and click translate this page.

**Section 6.8****Adult Education and Vocation**

**School Boards**– All school boards listed below have a continuing adult education program which leads to a secondary school leaving diploma.

**Eastern Townships School Board**

340 rue Saint-Jean-Bosco, Magog, Quebec J1X 1K9

Tel.: 819-868-3100

Website: [www.etsb.qc.ca](http://www.etsb.qc.ca)

The school board has two trade centres that offer a variety of different programs.

**English Montreal School Board Adult Education**

The EMSB offers a range of Social Integration Service Programs (SIS) and Social Integration Vocational Services (SVIS) to people 21 years old and older with special needs. The goal of the programs are to acquire the necessary skills to be able to integrate and participate in society. Below is a list of Adult Education Centres.

In St. Michel:

John F. Kennedy Adult Education Centre

3030 Villeray Street

514-374-2888

Email: [jfkadult@emsb.qc.ca](mailto:jfkadult@emsb.qc.ca)

Website: [www.jfkac.ca](http://www.jfkac.ca)

In Montreal North:

Galileo Adult Education Centre

10921 Gariépy Street

514-721-0120

Email: [galileo@emsb.qc.ca](mailto:galileo@emsb.qc.ca)

Website: [www.qaec.ca/en/](http://www.qaec.ca/en/)

In Cote St. Luc:

Wagar Adult Centre (formerly Marymount Adult Education Centre)

5785 Parkhaven Avenue

514-488-8203

Email: [wagaradulteducationcentre@emsb.qc.ca](mailto:wagaradulteducationcentre@emsb.qc.ca) /

Website: [www.wagaradulteducationcentre.ca](http://www.wagaradulteducationcentre.ca)

## **EMSB also has four vocational centres.**

### **Pius Culinary & Business Centre**

9955 Papineau Avenue, Montreal, Quebec H2B 1Z9

Tel: 514-381-5440

Email: [piuscentre@emsb.qc.ca](mailto:piuscentre@emsb.qc.ca)

Website: [www.piuscentre.com](http://www.piuscentre.com)

St. Pius X has an extensive culinary program and business centre.

### **Laurier Macdonald Career Centre**

5025, Jean-Talon E, Saint-Léonard, Quebec H1S 3G6

Tel: 514-374-4278

Email: [lmacadult@emsb.qc.ca](mailto:lmacadult@emsb.qc.ca)

Website: [www.lmacareercentre.com](http://www.lmacareercentre.com)

The centre has programs in the area of beauty and automotive.

### **Rosemount Technology Centre**

3737 Beaubien East, Montreal, Quebec H1X 1H2

Tel: 514-376-4725

Email: [rtc@emsb.qc.ca](mailto:rtc@emsb.qc.ca)

Website: [www.rosemount-technology.qc.ca](http://www.rosemount-technology.qc.ca)

The centre has nine different programs.

### **Shadd Health & Business Centre**

1000 Old Orchard Ave. Montreal (Quebec) H4A 3A4

Tel: 514-484-0485

Email: [shadd@emsb.qc.ca](mailto:shadd@emsb.qc.ca)

Website: [www.shadd.com](http://www.shadd.com)

The centre has programs in the area of health and business.

## **LESTER B. PEARSON SCHOOL BOARD**

1925 Brookdale Ave, Dorval, Quebec H9P-2Y7

Tel: 514-422-3000

Website: [www.lbpsb.qc.ca/eng/schools/VocationalV2.asp](http://www.lbpsb.qc.ca/eng/schools/VocationalV2.asp)

### **PROGRAM #1**

SpecialNeeds Program is designed to help adults with developmental disabilities acquire the necessary skills to integrate and participate in society to their fullest potential. Through their partnership with the Douglas Hospital and the Action LaSalle Centre, students can participate in language, basic math, computer, and life skills classes.

### **Program #2**

**Endeavour** is a social integration-based special education program for adult learners with intellectual disabilities or autism run through Place Cartier Adult Education Centre, and also in partnership with the West Montreal Réadaptation Centre and the West Island Association for the Intellectually Handicapped.

The school board also has eight career programs and eight career centers.

## **New Frontiers School Board**

214 McLeod Châteauguay, Quebec J6J 2H4

Tel: 450-691-1440

Website: [www.nfsb.qc.ca](http://www.nfsb.qc.ca)

The board has three centres offering 16 programs.

**Riverside School Board**

Access – Adult Centre

163 Avenue Cleghorn, Saint-Lambert, Quebec J4R 2J4

Tel:450-676-1843

Website:[www.access.rsb.qc.ca](http://www.access.rsb.qc.ca)

They offer a variety of different programs.

**Sir Wilfrid Laurier School Board**

235, Montée Lesage Rosemère, Québec J7A 4Y6

Tel: 450-621-5600 Fax: 450 621-7929

Website: [www.bilingualtraining.ca](http://www.bilingualtraining.ca)

This school board has six adult CDC (Competency Development Centre) centres and are under CDC Laurier

They offer many programs.

**CDC Lachute**

57 Harriet, Lachute, Quebec J8H 2G7

Tel:450-562-3721

Email: [infolachute@swlauriersb.qc.ca](mailto:infolachute@swlauriersb.qc.ca)

Website: [www.swlaurier.virtuo.ca/en/Our\\_centres\\_25/0/3.html](http://www.swlaurier.virtuo.ca/en/Our_centres_25/0/3.html)

**CDC Pont-Viau**

60, Lahaie Street, Laval, Quebec H7G 3A8

Tel:450-680-3032,Fax: 450-662-0870

Email: [infopontviau@swlauriersb.qc.ca](mailto:infopontviau@swlauriersb.qc.ca)

Website: [www.cdc-pont-viau.org/](http://www.cdc-pont-viau.org/)

**CDC Repentigny**

454, St-Paul Street, Repentigny, Quebec J5Z 4C7

**Tel:** 450.688.2933 ext. 4117

**Email:**[infopontviau@swlauriersb.qc.ca](mailto:infopontviau@swlauriersb.qc.ca)

Website: [www.swlaurier.virtuo.ca/en/Our\\_centres\\_25/items/CDC\\_Repentigny\\_5.html](http://www.swlaurier.virtuo.ca/en/Our_centres_25/items/CDC_Repentigny_5.html)

**CDC St-Eustache**

670 Industrial Blvd., St-Eustache, Quebec J7R 5V3

**Tel:** 450-680-3032

**Email:** [infopontviau@swlauriersb.qc.ca](mailto:infopontviau@swlauriersb.qc.ca)

Website: [www.swlaurier.virtuo.ca/en/Our\\_centres\\_25/items/CDC\\_St-Eustache\\_7.html](http://www.swlaurier.virtuo.ca/en/Our_centres_25/items/CDC_St-Eustache_7.html)

**CDC Vimont**

2100 Blvd des Laurentides, Laval, Quebec H7M 2Y6

Tel: 450-688-2933 ext.3100

Email: [infopontviau@swlauriersb.qc.ca](mailto:infopontviau@swlauriersb.qc.ca)

Website:[www.swlaurier.virtuo.ca/en/Our\\_centres\\_25/0/2.html](http://www.swlaurier.virtuo.ca/en/Our_centres_25/0/2.html)

## SECTION 7 MEDICAL CLINICS

### Section 7 Medical Clinics/Departments

#### **Douglas Mental Health University Institute**

6875 LaSalle Blvd, Verdun, Quebec H4H 1R3

Tel: 514-761-6131

Website: [www.douglas.qc.ca](http://www.douglas.qc.ca)

Referrals are needed for each of the following clinics:

- [Child and Adolescent Psychiatry](#)
- [Mood Disorders](#)
- [Psychotic Disorders](#)
- [Eating Disorders](#)
- [Intellectual Handicaps](#)

#### **Jewish General Hospital Child Psychiatry Department**

4335 Côte-Sainte-Catherine Road, Montreal, Quebec H3T 1E2

Tel: 514-340-8222 ext. 27666

Website: [www.jgh.ca/care-services/child- psychiatry/](http://www.jgh.ca/care-services/child- psychiatry/)

The department includes an out-patient service for children up to 15 years old and day/evening hospital programs for children ranging in age from three to 12 years old (secondary- and tertiary-line service). The children are assessed and treated with their families for a broad range of child problems, including pervasive developmental disorders, conduct problems, attention deficit disorder, depression, suicide risk, psychotic disorders, and anxiety disorders

#### **Montreal Children's Hospital**

1001 Decarie Blvd., Montreal, Quebec, H4A 3J1

Tel: 514-412-4400

Website: [www.thechildren.com](http://www.thechildren.com)

The hospital's 92 departments deal with all aspects of a child's physical and mental well being 0-18 years of age.

#### **Brain, Development and Behaviour (BDB)**

Tel: 514-412-4400 ext. 24496 or ext. 68288

The department is an integrated clinical network providing assessment and consultative services for children 0-18 years old with complex developmental disabilities requiring a multidisciplinary approach, including but not exhaustively:

- Autism Spectrum Disorder
- Global Developmental Delay
- Early Developmental Impairment
- ADHD
- Fetal Alcohol Spectrum Disorder
- Developmental Coordination Disorder and other neurological development conditions.

The multidisciplinary team is made up of professionals from many other departments. The BDB clinical network includes two multidisciplinary clinics:

- BDB 0 - 7 Clinic for children 0-7 years old
- BDB 7 - 18 Clinic for children 7-18 years old

New patients referred to the BDB Clinics or any department made up of the BOB multidisciplinary team must first contact the BDB **Central Intake Office: 514-412-4496.**

Some of the departments that require new patients to contact the Central Intake Office are:

- Audiology: 514-412-4454
- Child Development 514-412-4314 Evaluates issues relating to developmental skills and abilities or particular behavioural concerns including but not limited to complex developmental issues, multiple developmental delays, ADHD and Learning Disabilities, Gender Variance, psychopharmacological consultation.
- Neurology 514-412-4446. The department has specific categories of whom they will and will not see (please consult their website [www.thechildren/departments.com](http://www.thechildren/departments.com)).
- Occupational Therapy: 514-412-4407
- Feeding Disorders: 514-412-4400, ext. 22334
- Physiotherapy: 514-412-4407
- Psychiatry: 514-412-4449
- Psychology: 514-412-4400 ext. 23295
- Speech and Language Pathology: 514-412-4491

Some departments that do not require Central Intake information are:

- Eating Disorder Clinic: 514-412-4400 #23662. The clinic has its own Intake Form.
- EMSB: 514-412-4400. The School Board has elementary and high school teachers for patients staying over an extended amount of time.
- Spina Bifida: 514-412-4400 ext 22543

### **Hôpital Rivière-des-Prairies**

7070 Perras Boulevard, Montreal, Quebec H1E 1A4

Tel: 514-323-7260, ext. 2475

Website: [www.hrdp.qc.ca/fr](http://www.hrdp.qc.ca/fr)

The Access Program is the hub of all psychiatry services, 514-323-3487. All service requests are based on a medical reference.

- ADHD Clinic: 514-323-7260 ext. 2470 and 2475
- Autism Spectrum Disorder: 515-323-7260

### **Royal Victoria Hospital Speech and Hearing Department of the MUCH**

1001 Decarie Blvd, Montreal, QC H4A 3J1

Tel: [514-934-1934](tel:514-934-1934)

MUHC Appointment and Referral Centre: 514-934-8488

Website: [www.muhc.ca/royalvic](http://www.muhc.ca/royalvic)

Speech Language Pathology

514-934-8028 to book an appointment

514-934-1934 ext. 1-34149 Speech Department

### **Sainte-Justine Hospital**

#### **Child Psychiatric Department**

3175 Côte-Sainte-Catherine, Montreal, Quebec H3T 1C5

Tel: 514-345-4931 ext. 4864

Website: [www.chusj.org](http://www.chusj.org)

**Shriners Hospital for Children**

1003 Decarie Blvd.. Montreal, Quebec H4A 0A9

Tel: 514-842-4464

Website: [www.shrinershospitalsforchildren.org/montreal](http://www.shrinershospitalsforchildren.org/montreal)

Children up to 18 are eligible, by referral. Pediatric orthopaedic care and neuro-musculoskeletal conditions, ie. Osteogenesis Imperfecta (brittle bone disease), Scoliosis, Cerebral Palsy (CP), Spina Bifida, club feet and limb length discrepancy.

**SECTION 7.1****MEDICAL TESTING AT HOME****Santé Mobile A1**

12348 Rue Lachapelle, Montréal, Quebec H4J 2M8

And

25-3608 St. Charles, Kirkland, Quebec H9H 3C3

Tel: 514-461-1186

Email: [info@santemobile.com](mailto:info@santemobile.com)

Website: [www.santemobile.com](http://www.santemobile.com)

Mobile medical testing services will come to your home to perform lab tests for all ages.

**SECTION 7.2****SPECIALIZED DENTAL SERVICES**

If your child cannot be treated by your regular dentist, accessible, specialized dental care is available from:

**Centre de réadaptation Marie-Enfant**

Tel: 514-374-1710

The dental team at the Centre de réadaptation Marie Enfant is working in close consultation with the Dentistry Department of the CHU Sainte-Justine.

**Hôpital Sainte-Justine**

Tel: 514-345-4931

**McGill University**

Tel: 514-398-5017

To make an appointment for the summer, you must call in the spring.

## **SECTION 8**

### **REHABILITATION / ADAPTATION / SOCIAL INTEGRATION**

#### **Atelier le Fil d'Ariane**

4837 Boyer St. Suite 100, Montreal, Quebec, H2J 3E6

Tel: 514-842-5592

Website: [www.atelierlefieldariane.org](http://www.atelierlefieldariane.org) scroll down to the bottom of the page and click on English.

This is an Art Rehabilitation Center and workshop for adults living with intellectual disabilities or pervasive developmental disorders. Their diversified program offers their craftsmen the opportunity to develop their personal autonomy as well as their socio-professional skills through expressive activities and art.

#### **Avatil Center for Development**

387, 40th Avenue, Lachine, Quebec H8T 2E7

Tel: 514-634-8944

Email: [info@avatil.org](mailto:info@avatil.org)

Website: [www.avatil.org](http://www.avatil.org)

Encourages personal and social development through programs, provides emotional support and job assistance, and fosters community acceptance. For adolescents and young adults with mild or borderline intellectual disabilities. Includes training for independent living, community support and social/discussion groups.

#### **Centre Au Puits**

3505 Bagot, Montreal, Quebec, H1X 1C4

Tel: 514-843-5004

Email: [info@centreaupuits](mailto:info@centreaupuits)

Website: Google Centre Au Puits and click translate this page.

The Centre promotes the participation and social integration of people living with a mental health problem, a mild intellectual disability and / or an autism. This is achieved by offering a variety of workshops and empowerment projects.

#### **Centre Champagnat**

5017 St. Hubert, Montreal, Quebec, H2J 2X9

Tel: 514-350-8060 or 514-350-8800

Website: [www.centre-champagnat.csdm.ca/centre/](http://www.centre-champagnat.csdm.ca/centre/) Google centre champagnat and click translate this page.

Offers training in social integration, aiming at the development of functional autonomy for adults with an intellectual disability

#### **Center for Educational and Pedagogical Resources (CREP)**

##### **Project I.S. 2.0-Campus Crémazie**

3000 Beaubien East Montreal, Quebec, H1Y 1H2

Tel: 514- 596-4567

Website: Google centre de ressources éducatives et pédagogiques (crep),click translate this page, click courses offered, click in the left column Le Project iS 2.0

The project focuses on the self-determination and enhancement of the autonomy of adults living with ID or ASD through social integration and the integration of digital tools.

#### **Centre Libres Expressions**

14115 Prince Arthur, Suite 146, Rivière-des-Prairies-Pointe-aux-Trembles, Mtl., QC. H1A 1A8

Tel: 514-787-0131

Email: [centrelibreexpressions@mainbourg.org](mailto:centrelibreexpressions@mainbourg.org)

Website: Google centres libres expressions – corporation mainbourg and click translate.

A daytime activity center for adults living with intellectual disabilities. The focus is on their autonomy and potential.

### **Centre Rehabilitation Marie-Enfant of the CHU Sainte-Justine**

5200 Bélanger Street East, Montreal, Quebec H1T 1C9

Tel: 514-374-1710,

Website: [www.chusj.org/en/home](http://www.chusj.org/en/home)

Provides newborns, children and teenagers who have motor or speech disabilities with highly specialized services in the areas of rehabilitation-accommodation, integration and social participation. Develops personalized intervention programs, tailored to the needs of each child or teenager, including those of the family.

### **Parrainage Civique Montreal**

4450 St. Hubert Suite 424, Montreal, Quebec, H2J 2W9

Tel: 514-843-8813

Website: Google parrainage civique montreal and click translate this page.

Supports people with intellectual disabilities in their integration and social participation.

### **L'Arche Montréal**

6105 Jogues, Montreal, Quebec H4E 2W2

Tel: 514-761-7307

Email: [info@larche-montreal.org](mailto:info@larche-montreal.org)

Website: [larche-montreal.org/en/](http://larche-montreal.org/en/)

Workshop offers training and animation for people living with intellectual disabilities

### **L'Archipel de l'avenir**

10780 Lavendure Suite 304, Montreal, Quebec H3L 2L9

Tel: 438-497-2724

Website: Google L'Archipel de l'avenir and click translate this page

They offer a range of services and activities to support the independence and social inclusion of adults with ASD.

### **La Gang à Rambrou**

5615 Pierre-de-Coubertin, Montreal, Quebec, H1N 1R1

Tel: 438-391-7195

Website: Google la gang a rambrou and click translate this page.

Enables social participation, integration, inclusion of people with intellectual disabilities or autism by offering the opportunity to increase social skills, develop personal skills, increase self-esteem, express themselves and exercise their rights.

### **Les Jumeleurs Espace Communautaire**

2590 Jarry East, Montreal, Quebec, H1Z 0A3

Tel: 514- 374.9050 ext. 223 or 514-475-5593

Email: [info@jumeleurs.ca](mailto:info@jumeleurs.ca)

Website: Google les jumeleurs espace communautaire and click translate this page.

This organization works with adults who have an intellectual disability, learning disability and autism.

Their mission is to contribute to improving the empowerment and living conditions of their clients.

### **Lethbridge-Layton-Mackay Rehabilitation Centre**



Located at three sites — Lethbridge site provides services to adults (18yrs +) with a neurological, rheumatological or neuromusculoskeletal condition. Layton site provides visual rehabilitation programs and services to blind and visually impaired individuals of all age groups. Mackay site provides rehabilitation for children with motor, speech, and language impairments; also, programs for Deaf and Hard-of-hearing for all age groups.

### **Lethbridge Site**

7005 de-Maisonneuve Blvd W., Montreal, Quebec H4B 1T3

Tel: 514-487-1891

Website: [www.constance-lethbridge.qc.ca/CRCL\\_WEB/US/pContenu.awp?type=SE&id=44](http://www.constance-lethbridge.qc.ca/CRCL_WEB/US/pContenu.awp?type=SE&id=44)

The Centre has several programs, two of which are Assistive Technology and Driving Evaluation and Vehicle Adaptation. Their satellite centre is located at:

16777 Hymus Blvd, Kirkland, Quebec H9H 3L4

Tel: 514-695-7565

Website: [www.constance-lethbridge.qc.ca/CRCL\\_WEB/US/pContenu.awp?type=PA&id=766](http://www.constance-lethbridge.qc.ca/CRCL_WEB/US/pContenu.awp?type=PA&id=766)

### **Layton Site**

7000 Sherbrooke West, Montreal, Quebec H4B 1R3

Tel: 514-489-8201

Email: [mabinfo@ssss.gouv.qc.ca](mailto:mabinfo@ssss.gouv.qc.ca)

Website: [www.mabmackay.ca](http://www.mabmackay.ca)

Provides visual rehabilitation programs and services to blind and visually impaired individuals and services deaf and hard of hearing adults and seniors.

### **Mackay Site**

3500 Decarie Blvd, Montreal, Quebec H4A 3J5

Tel: 514-482-0500

TTY: 514-482-0487

Email: [mabinfo@ssss.gouv.qc.ca](mailto:mabinfo@ssss.gouv.qc.ca)

Website: [www.mabmackay.ca](http://www.mabmackay.ca)

Provides rehabilitation for children with motor, speech, and language impairments.

### **March of Dimes Canada**

10 Overlea Blvd., Toronto, ON, M4H 1A4

Tel: [1-800-263-3463](tel:1-800-263-3463)

Email: [info@marchofdimes.ca](mailto:info@marchofdimes.ca)

Website: [www.marchofdimes.ca](http://www.marchofdimes.ca)

Although a national organization, the services and programs available in Quebec are:

- [Conductive Education®](#) (available in summer in partnership with Le Centre Hyperbare de L'Ile)
- [CanVet Vocational Rehabilitation Services](#)
- [Post-Polio Canada](#) (Peer Support)
- [Stroke Recovery Canada®](#) (Peer Support)
- [Recreation & Integration Services](#) - Accessible Travel

### **Projet P.A.L.**

861 Rue de l'Église, Verdun, Quebec, H4G 2N3

Tel: 514-767-4701

Email: [info@projetpal.com](mailto:info@projetpal.com)

Website: [www.projetpal.com](http://www.projetpal.com)

A bilingual organization for people over 18 years old living with mental health challenges. Offers a drop-in centre, housing services, community action program, and individual aid and accompaniment program.

**Rèvanous**

9870 Lavendure, Suite 100 Montreal, Quebec H3L 0A7

Tel: 514-528-8833

Website: Google revanous and click translate this page.

The centre develops and offers a range of services and activities aimed at the autonomy and social inclusion of people living with a mild intellectual disability.

**West Montreal Readaptation Centre**

8000 Notre Dame West, Lachine, Quebec H8R 1H2

Tel: 514-363-3025

Web site: [www.westmontrealrc.ca](http://www.westmontrealrc.ca)

Offers adaptation, rehabilitation and social integration services to persons with intellectual disabilities PDD. Some of their services include work integration (see Section 6.3) community integration and residential integration.

## **SECTION 9 SUPPORTING ORGANIZATIONS**

### **Action des Femmes Handicapées (Montréal)**

1355 René-Lévesque Boulevard West, Suite 2, Ville-Marie, Montréal, QC, H3G 1T3

Tel: 514 861-6903

Email: [admin@afhm.org](mailto:admin@afhm.org)

Website: [www.afhm.org](http://www.afhm.org)

Provides support to women with a physical or an intellectual disability.

### **Active Living Alliance for Canadians with a Disability (ALACD)**

McMaster University

Department of Kinesiology, IWC East Building E110

1280 Main St. West Hamilton, ON L8S 4L8

Tel: 905-525-9140 ext. 27937

Website: [www.cdpp.ca](http://www.cdpp.ca)

An alliance of individuals, agencies and national associations that facilitates and coordinates partnerships among the members of its network. The goal is to design, test, and implement strategies in areas of employment, sports, exercise for people with mobility impairments.

### **Association du Québec pour Enfants avec Problèmes Auditifs (AQEPA)**

3700 Berri Street, Montreal, Quebec H2I 4G9

Tel: 514-842-3926

Website: google Association du Québec pour Enfants avec Problèmes Auditif then click translate this page. Visit the website for an office near you. AQEPA offers support in your efforts to ensure the well-being of your child or teenager.

### **Association québécoise des personnes de petite taille (AQPPT)**

6300 Park Avenue, Suite 430 Montreal, Quebec, H2V 4H8

Tel: 514-521-9671 / Fax: 514-521-3369

Email: [info@aqppt.org](mailto:info@aqppt.org)

Website: [www.aqppt.org](http://www.aqppt.org)

Provides information and support on many topics.

### **Association Québécoise des Traumatisés Crâniens (AQTC)**

Website: [www.aqtc.ca/en/](http://www.aqtc.ca/en/)

Tel: 514-274-7447

**AQTC Montreal**

**911 Jean Talon St E, Montreal, QC H2R 1V5**

**AQTC Laval**

**220, Parc Avenue Laval (Quebec) H7N 3X4**

**Their mission is to to promote the maintenance or improvement of the quality of living conditions of trauma victims and their families, as well as to defend and promote their rights and interests.**

### **Association québécoise du syndrome de Rett**

903, boulevard Lafayette Longueuil, Québec J4K 3A8

Tel: **514-585-2740**

Email: [info@rettqc.org](mailto:info@rettqc.org)

Website: [www.rettqc.org](http://www.rettqc.org)

**Association Québécoise du Syndrome Gilles de la Tourette (AQST)**

7070 Perras Blvd., Montréal Québec H1E 1A4

Tel: 514-328-3910

Email: [info@aqst.com](mailto:info@aqst.com)

Website: google Association québécoise du syndrome Gilles de la Tourette then click translate this page.

**Canadian ADHD Resource Alliance**

366 Adelaide St. E, suite 221, Toronto. Ontario, M5A 3X9.

Tel: 416-637-8582.

Website: [www.caddra.ca](http://www.caddra.ca)

CADDRA is an independent, not-for-profit, resource organization for medical, healthcare and research professionals with an interest in the field of ADHD.

**Canadian National Institute for the Blind (CNIB-INCA) –Quebec branch**

2085 Parthenais Montreal, QC H2K 3T1

Tel: 514-934-4622 X0

Email: [quebec@inca.ca](mailto:quebec@inca.ca)

Website: [www.cnib.ca/en/quebec/](http://www.cnib.ca/en/quebec/)

If you would like to request CNIB service you must complete Section A of the Request for Service form. Please visit website [www.cnib.ca/en/quebec/request for services](http://www.cnib.ca/en/quebec/request_for_services) or call 1-800-465-4622 ext. 221 Programs, services, resources for visually impaired persons of all ages.

**CanChild**

CanChild Centre for Childhood Disability Research

Institute of Applied Health Sciences

McMaster University

1400 Main Street West, Rm 408 Hamilton, ON, L8S 1C7

Tel: 905-525-9140 ext. 27850

Email: [canchild@mcmaster.ca](mailto:canchild@mcmaster.ca)

Website: [www.canchild.ca](http://www.canchild.ca)

This is a research and educational centre with the focus being to improve the lives of children and youth with disabilities and their families. They have a fairly extensive library and they have monthly newsletters about their research and resources.

**Centre d'assistance et d'accompagnement aux plaintes-Île de Montréal (CAAPIDM)**

7333 St-Denis, Montreal, Quebec H2R 2E5

Tel: 514-861-5998

Email: [info@caapidm.ca](mailto:info@caapidm.ca)

Website: [www.caapidm.ca](http://www.caapidm.ca)

Help in drafting complaints and letters, guidance, support and referrals. This service is free.

**Rare Disease Information and Québec Coalition of Orphan Diseases (QCOD)**

110, avenue des Pins Ouest Montréal (Québec) H2W 1R7

Tel: [514-987-5539](tel:514-987-5539) (Montreal) / [1-888-987-5539](tel:1-888-987-5539) (toll-free)

Email: [info@rqmo.org](mailto:info@rqmo.org)

Website: [www.rqmo.ca/](http://www.rqmo.ca/)

Free service for anyone affected by rare diseases. Offers up-to-date, information about rare diseases, patient organizations, experts or specialized clinics, research projects, clinical trials, community resources and can also help you find other people with the same disease.

**Centre de Communication Adaptée**

3600 Berri Street, Suite A-64, Le Plateau-Mont-Royal, Montréal, QC, H2L 4G9

Tel: 514 284-2214 ext. 3624

Email: [cca.info@surdite.org](mailto:cca.info@surdite.org)

Website: [www.surdite.org](http://www.surdite.org)

Increases accessibility to information and thus break the isolation caused by deafness.

### **Centre for ADHD Awareness, Canada (CADDAC)**

7800 Kennedy Rd, Suite 303A Markham, Ont. L3R 2C7

Tel: 416-637-8584

Email: [juanita.beaudry@caddac.ca](mailto:juanita.beaudry@caddac.ca)

Website: [www.caddac.ca](http://www.caddac.ca)

A national, not-for-profit, organization providing leadership and support in awareness, education and advocacy for ADHD organizations and individuals across Canada.

### **Centres of Excellence**

Funded and mandated by MEQ, the IES is managed through the boards, specifically through the Inclusive Education Management Committee (IEMC). Their six centres are:

#### **Centre of Excellence for Physically, Intellectually and Multi-Challenged**

120 Bellevue Street, Room 117, Magog, Quebec J1X 3H2

Tel: 819-868-0512

Email: [centreofexcellence@etsb.qc.ca](mailto:centreofexcellence@etsb.qc.ca)

Website: [centreofexcellence.etsb.qc.ca](http://centreofexcellence.etsb.qc.ca)

Their mandate is to serve as a resource and provide support to the English School Boards in the province, all of whom are committed to facilitating the inclusion of students with an exceptionality.

#### **Centre of Excellence for Autism Spectrum Disorder**

Lester B. Pearson School Board

1925 Brookdale, Dorval, QC, H9P 2Y7

Tel: 514-422-3000 local 32405

Email: [passouad@lbpsb.qc.ca](mailto:passouad@lbpsb.qc.ca)

Website: [www.coeasd.lbpsb.qc.ca/centre.htm](http://www.coeasd.lbpsb.qc.ca/centre.htm)

Serves as a resource and provide support to the English School Boards in the province. Their goal is to facilitate the inclusion of students with ASD. The ASD team is made up of different health care professionals.

#### **Centre of Excellence for Behaviour Management**

Riverside School Board

299 Sir Wilfrid Laurier St. Lambert, Quebec J4R 2V7

Tel: 450 672-4010 ext. 6066

Email: [edegosztanyi@rsb.qc.ca](mailto:edegosztanyi@rsb.qc.ca)

Website: [www.rsb.qc.ca/](http://www.rsb.qc.ca/)

Offers support to the English School Boards of Quebec to help them to increase their capacity to implement approaches in prevention and intervention with students who have challenging behaviours.

#### **Centre of Excellence for Mental Health**

Lester B. Pearson School Board

1925 Brookdale Avenue Dorval, Quebec H9P 2Y7

Tel: 514-422-3000 ext. 32468

Email: [gweintraub@lbpsb.qc.ca](mailto:gweintraub@lbpsb.qc.ca)

The Centre's mandate is to develop capacity English school boards across Quebec, assisting schools in the implementation of best practice approaches in prevention, intervention and research in the field of mental health.

**Inclusive Learning Resource Network (I-LRN)**

Riverside School Board

299 Sir Wilfred Laurier, St. Lambert, Quebec J4R 2V7

Tel: 450 672-4010

Email: [lynnsenecal@icloud.com](mailto:lynnsenecal@icloud.com)

Website: [www.shapesofmind.org/](http://www.shapesofmind.org/)

The centre helps Quebec's English School Boards to develop effective service frameworks for today's inclusive schools, offering information, professional development, and complementary classroom resources.

**Centre of Excellence for Speech and Language Development**

English Montreal School Board

6000 Fielding Avenue, Montreal, Quebec, H3X 1T4

Tel: (514) 483-7200 ext. 7238

Email: [cjazzar@emsb.qc.ca](mailto:cjazzar@emsb.qc.ca)

Website: [www.emsb.qc.ca/centreofexcellence/index.html](http://www.emsb.qc.ca/centreofexcellence/index.html)

Promotes best practices in the development of speaking, listening, reading and writing for all of the English school board in Quebec.

**Cerebral Palsy Association of Quebec (QCPA)**

**Association de paralysie cérébrale du Québec (QCPA)**

170 Saint Antoine Street North, Granby, Quebec J2G 5G8

Tel: 1-450-777-2907 / 1-800-311-3770

Email: [d.ares@paralysiecerebrale.com](mailto:d.ares@paralysiecerebrale.com)

Website: [www.paralysiecerebrale.com](http://www.paralysiecerebrale.com)

Information and referral, specialized equipment loans, summer camp, and financial aid.

**CHIP**

7000 Sherbrooke Street West Montreal, Quebec H4B 1R3

Tel: 514 488-5552, local 4500, Cell number for texting is 514-797-2447

Email: [info@hearhear.org](mailto:info@hearhear.org)

Website: [www.hearhear.org](http://www.hearhear.org)

A non-profit organization that assists those affected by hearing loss through their programs that include lip reading, outreach, social club, Lily Bernstein Resource Centre, and hear –entendre

**CISSS of Laval**

1755 boulevard René-Laennec, Laval Québec H7M 3L9

Tel: 450-668-1010

Website: [www.lavalensante.com/en/care-and-services/list-of-care-and-services/intellectual-disability-id-autism-spectrum-disorder-asd-global-developmental-delay-gdd/](http://www.lavalensante.com/en/care-and-services/list-of-care-and-services/intellectual-disability-id-autism-spectrum-disorder-asd-global-developmental-delay-gdd/)

Offers many services to those who have ID, ASD, and PD.

**Epilepsie Québec**

1411 Blvd. Père-Lelièvre, Quebec, Quebec G1M 1N7

Tel: 418-524-8752

Website: [www.epilepsiequebec.com](http://www.epilepsiequebec.com)

A non-profit organization aimed to promote and improve the lives of people living with epilepsy.

**Ex Aequo**

3680, rue Jeanne-Mance suite 328, Montréal Québec, H2X 2K5

Tel: [514 288-3852](tel:5142883852)

Email: [info@exaequo.net](mailto:info@exaequo.net)

Website: [www.exaequo.net](http://www.exaequo.net)

A Montreal-based organization dedicated to promoting and defending the rights of people with motor disabilities.

**Fédération québécoise des centres de réadaptation en déficience intellectuelle and pervasive disorders of development (FQCRDITED)**

1001, rue Sherbrooke East, # 510 H2L 1L3 Montréal

Tel: 514-525-7075

Email: [info@fqcrdited.org](mailto:info@fqcrdited.org)

Website: [www.fqcrdited.org/](http://www.fqcrdited.org/)

Promotes the needs and potential of persons with an intellectual disability or disorder pervasive development and their family. It brings together 20 centres de réadaptation en déficience intellectuelle and pervasive development disorder who offer specialized services adaptation, rehabilitation and social integration for persons with an intellectual disability or a pervasive developmental disorder.

**Hope Corporation for the Intellectually Disabled**

55 rue Dupras, bureau 511 LaSalle Québec H8R 4A8

Tel: 514-367-3757

Email: [info@corporationespoir.org](mailto:info@corporationespoir.org)

Website: [www.corporationespoir.org](http://www.corporationespoir.org)

**Offers adapted services** to those with an intellectual disability and / or an autism spectrum disorder, and a day camp.

**Influential Awareness Workshops**

Erika Tencer, Recreational Specialist

Tel: 514-603-4446

Email: [etencer2@symaptico.ca](mailto:etencer2@symaptico.ca)

Website: [www.influentialawareness.yolasite.com](http://www.influentialawareness.yolasite.com)

Workshops aimed to sensitize students to children with special needs while breaking down barriers, including fears and misconceptions.

**La Maison des Femmes Sourdes de Montréal**

4855 Boyer Street, Suite 105, Le Plateau-Mont-Royal, Montréal, QC, H2J 3E6

Tel: 514- 255-5680

Email: [femmessourdes@mfsm.ca](mailto:femmessourdes@mfsm.ca)

Website: [www.mfsm.org](http://www.mfsm.org)

Helping Deaf and Hard-of-hearing women experiencing difficulties, through its reception, intervention, support, communication and community services. It makes available various information in LSQ, ASL and French, to ensure that its customers and members have access to information.

**Low Vision Self-Help Association**

233 Sainte-Claire Avenue, Pointe-Claire, Montréal, QC, H9S 4E3

Tel: 514-694-2965

Email: [lowvisionselfhelpassociation@gmail.com](mailto:lowvisionselfhelpassociation@gmail.com)

Website: [www.lowvisionselfhelpassociation.weebly.com](http://www.lowvisionselfhelpassociation.weebly.com)

To help those with low-vision to live as independently as possible with vision loss and to enjoy active living and involvement in the community.

**Luca Patuelli**

Email: [info@noexcusesnolimits.com](mailto:info@noexcusesnolimits.com)

Website: [www.lazylegz.com](http://www.lazylegz.com)

Creator of ILL-Abilities, a crew of break dancers who perform around the world to help spread the message "No Excuses, No Limits". Dance shows, motivational speaker.

### **Metropolitan Montreal Deaf Community Centre (MMDCC)**

2200 Cremazie Blvd. East, Suite 204 Montreal, Quebec H2P 1E3

Tel: 514-279-7609

Email: [ccsmm.asl@videotron.ca](mailto:ccsmm.asl@videotron.ca)

Website: [www.ccsmm.net](http://www.ccsmm.net)

Offers interpreting services to the deaf when they need to go somewhere.

### **Montreal Centre for Learning Disabilities**

Queen Elizabeth Health Complex, 2100 Marlowe Avenue, Suite 535, Montréal, QC, H4A 3L5

Tel: 514-482-7196

Email: [info@ldmontreal.ca](mailto:info@ldmontreal.ca)

Website: [www.ldmontreal.ca](http://www.ldmontreal.ca)

The services offered are for people with learning disabilities and ADHD, including:

- \* Information and referrals.
- \* Support groups for parents of children with disabilities or adults with disabilities.
- \* Aqua kids: socialization project for children including arts and physical activities.
- \* Conferences with specialists.
- \* The Ambassadors: people with learning disabilities, or ADHD, presenting to various audiences their own unique perspectives about their reality and how each individual managed to overcome the obstacles.
- \* Adult Employment Program: help unemployed adults with learning disabilities, or ADHD, who are having difficulty keeping a job by assisting them in their searching and applying.

### **Multi-Ethnic Association for the Integration of Persons with Disabilities (MEIPD) Association multi-ethnique pour l'intégration des personnes handicapées [MEIPH])**

6462 St-Laurent Blvd, Montreal, Quebec H2S 3C4

Tel: 514-272-0680 / Fax: 514-272-8530

Email: [ameiph@ameiph.com](mailto:ameiph@ameiph.com) and [secretariat@ameiph.com](mailto:secretariat@ameiph.com)

Website: [www.ameiph.com](http://www.ameiph.com)

Provides individual and collective services regarding community participation, vocational and language services, social activities and advocacy. Focuses on specific needs of immigrants and persons from different cultural backgrounds.

### **Muscular Dystrophy Canada—Quebec Regional Office**

1425 René-Lévesque West, Suite 506, Montréal, Québec H3G 1T7

Tel: 1-800-567-2873

Email: [info@muscle.ca](mailto:info@muscle.ca)

Website: [www.muscle.ca](http://www.muscle.ca)

Offers services to individuals with Muscular Dystrophy. Promotes public awareness.

### **Office des personnes handicapées du Québec**

Direction de l'intervention collective régionale de l'Ouest

309 rue Brock Drummondville, Quebec J2B 1C5

Tel: 1 800-567-1465

Website: [www.ophq.gouv.qc.ca](http://www.ophq.gouv.qc.ca)

OPHQ has a brochure called **Family Support Guide**. This 48-page guide is in two parts and is available to assist the parents of a child or an adult with a disability to determine their service needs and also to identify the resources in response to these needs. The OPHQ can also help you take steps to have a service program prepared.

### **Public Curator's Office**

600 René-Lévesque Blvd W, Montreal, QC H3B 4W9

Tel: 514-873-4074

Website: [www.curateur.gouv.qc.ca](http://www.curateur.gouv.qc.ca)

For parents who want information on legal guardianship of adult children with a disability.



**Quebec Association for Parents of Visually Handicapped Children (AQPEHV)**

10 Churchill Blvd, Suite 203, Greenfield Park, Quebec J4V 2L7

Tel: 450-465-7225 / Fax: 450-465-5129

Contact: Roland Savard

Email: [info@aqpehv.qc.ca](mailto:info@aqpehv.qc.ca)

Website: [www.aqpehv.qc.ca](http://www.aqpehv.qc.ca)

Provides services to parents of visually handicapped children. Advocates parents' rights and interests. An association of parents committed to supporting their children with visual impairments from diagnosis of their child through to adulthood.

**Quebec Association of Postsecondary Students with Disabilities (QAPSD)**

425, Sherbrooke Street East, Room 06, Montreal, Quebec H2L 1J9

Tel: 514-499-9451

Email : [info@aqeips.qc.ca](mailto:info@aqeips.qc.ca)

Website: [www.aqeips.qc.ca](http://www.aqeips.qc.ca)

Promotes advocacy, rights and interests of postsecondary students with disabilities, with a cross-disability approach.

**Quebec Foundation for the Blind**

5112 Bellechasse Montreal, Quebec H1T 2A4

Tel: 514-259-9470 / 514-253-3434

Email: [info@aveugles.org](mailto:info@aveugles.org)

Website: [www.fondationdesaveugles.org](http://www.fondationdesaveugles.org)

The foundation manages three residences representing 76 units. Other services include sports and recreation for youth, adapted products and runs prevention and awareness programs.

**RAPID – Resources for the Anglophone Population with Intellectual Disabilities**

329 Ravel, Chateauguay, Québec J6K 2V6

Email: [contactrapidsouthshore@gmail.com](mailto:contactrapidsouthshore@gmail.com)

Website: [www.rapidsouthshore.org](http://www.rapidsouthshore.org)

Promotes the development and facilitates delivery of local resources on the South Shore of Montreal. Red Cross babysitting for parents of special needs children, summer day camp, helps parents to connect with existing service providers for respite, daycare on ped days, adult learning opportunities, and recreational activities.

**Regroupement de parents de personnes ayant une déficience intellectuelle de Montréal**

911, Jean-Talon East, Local 227 A Montréal (Québec) H2R 1V5

Tel: 514-255-3064

Email: [marcelfaulkner@rppadim.com](mailto:marcelfaulkner@rppadim.com)

Website: [www.rppadim.com](http://www.rppadim.com)

Support groups for parents of children with autism, Down syndrome and other Pervasive Development Disorders.

**Regroupement des aveugles et amblyopes du Montréal métropolitain**

5225 rue Berri, bureau 101 Montréal (Québec) H2J 2S4

Tel: 514-277-4401

Email: [info@raamm.org](mailto:info@raamm.org)

Website: [www.raamm.org](http://www.raamm.org)

Their mission is to promote and defend the rights and interests of people who are blind or visually impaired. They offer guiding and reading services.

**SIVET: Service d'interprétation visuelle et tactile**

4315 rue Frontenac, suite 300 Montreal, Quebec H2H 2M4

ATS: 514-285-2229

Tel: 514-285-8877

Email: [info@sivet.ca](mailto:info@sivet.ca)

Website: [www.sivet.ca](http://www.sivet.ca)

Supporting deaf and blind persons.

**Solidarity of Parents of Handicapped Individuals**

5199 Sherbrook E, suite 4780 Montreal, Quebec H1T 3X3

Tel: 514-254-6067

Email: [info@spph.net](mailto:info@spph.net)

Website: [www.spph.net](http://www.spph.net)

Offering services to lessen the isolation of families of handicapped children; promoting and defending rights and interests of such families.

**Ma Deuxième Maison à Moi (formerly South Shore Association For The Intellectually Handicapped)**

Youth Division

80 Bétournay, Saint-Lambert, QC J4R 2L8

Tel: 450-923-9666

Email: [direction@madeuxiememaison.org](mailto:direction@madeuxiememaison.org)

Adult Division

240 St. Laurent, St Lambert, Quebec J4R 2S2

Email: [info@madeuxiememaison.org](mailto:info@madeuxiememaison.org)

Website: [www.madeuxiememaison.org](http://www.madeuxiememaison.org)

Bilingual with majority French, welcomes people with Autism, intellectual disabilities, multi-handicapped.

**Special Needs Network**

2100 Marlowe, Montreal, Quebec H4A 3L5

Tel: 514-736-2273

Information and referral line for all special needs issues.

**Spina Bifida and Hydrocephile Association of Quebec (ASBHQ)**

7000 Parc Avenue, Suite 309, Villeray-Saint-Michel-Parc-Extension, Montréal, QC, H3N 1X1

Tel: 514-340-9019

Email: [info@spina.qc.ca](mailto:info@spina.qc.ca)

Website: [www.spina.qc.ca](http://www.spina.qc.ca)

Their mission is to improve the quality of life for those with spina-bifida.

**War Amps****Child Amputee (CHAMP) Program**

1 800-267-4023

1 866-235-0350

[champ@waramps.ca](mailto:champ@waramps.ca)

**Adult Amputee Program**

1 877 622-2472

1 855 860-5595

[info@waramps.ca](mailto:info@waramps.ca)

Website: [www.waramps.ca](http://www.waramps.ca)

Financial help and moral support to amputees. Children, adults, veterans.

## SECTION 10 CAMPS/RESPIRE CARE

All camps listed below are for people with special needs. No mainstream camps are posted. However, if your child requires a shadow to attend a mainstream camp and you need financial aid, please look at [www.autisme-montreal.com/en/integration](http://www.autisme-montreal.com/en/integration) . You can visit AlterGo's website at [www.altergo.ca](http://www.altergo.ca) to learn more about getting aid and to obtain the required form. Note: Respite care is also available in the camp setting.

### Section 10.1 DAY CAMPS

#### **A Toi de Jouer** (Association of Parents of Children in Difficulty)

1050 Curé-Poirer W. Suite 100, Longueuil, Quebec J4K 2E4

Tel: 450-679-9310 ext 233

Email: [info@aped.org](mailto:info@aped.org)

Website: [www.aped.org](http://www.aped.org)

Age: 5-21. Intellectual difficulties and Autism.

#### **Aqua Percept (See Section 4.4: Gym and Swim)**

##### **Malcolm-Knox Aquatic Centre**

98 Douglas Shand, Pointe-Claire, Quebec H9R 2A8

Tel: 514-630-1202

Email: [aquatics@ville.pointe-claire.qc.ca](mailto:aquatics@ville.pointe-claire.qc.ca)

Website: [www.lavalfamilies.ca](http://www.lavalfamilies.ca)

#### **Association de la Rive-Sud Pour La Déficience Intellectuelle**

240 avenue Saint-Laurent, Saint-Lambert, QC, J4R 2S2

Tél: 450-671-5344

E-mail: [info@gaphrsm.org](mailto:info@gaphrsm.org)

Website: [www.gaphrsm.org](http://www.gaphrsm.org)

#### **Association de Montréal Pour La Deficience Intellectuelle (AMDI)**

633, boul. Crémazie Est, bureau 100 Montréal (Québec) H2M 1L9

**Tél:** 514-381-2300

Website: [www.amdi.info/amdi/](http://www.amdi.info/amdi/)

Their many programs and services are for adults.

#### **Association des sports pour aveugles de Montréal**

4545, Avenue Pierre-De Coubertin Montréal, Québec H1V 0B2

Tel: 514-252-3178

Email: [infoasaq@sportsaveugles.qc.ca](mailto:infoasaq@sportsaveugles.qc.ca)

Website: [www.sportsaveugles.qc.ca](http://www.sportsaveugles.qc.ca)

Visual impairment (ages 14 and up).

**Autisme Montréal** (respite also offered)

4450, Saint-Hubert, bureau 320, Montreal, Quebec, H2J 2W9

Tel: 514-524-6114

Email: [accueil@autisme-montreal.com](mailto:accueil@autisme-montreal.com)

Website: [www.autisme-montreal.com/en/](http://www.autisme-montreal.com/en/)

Two camps: Bergamote for ages 3-14  
Rock-Camp Bol for ages 15 - 24

**Blue Light Sports Camp**

2950 Rue Edmond, Kirkland, QC H9H 5J5 –Office

Soccerplexe Catalogna, 775 1er Avenue, Lachine Quebec, H8S 2S6

Tel: 514-581-7641

Email: [info@bluelightprogram.com](mailto:info@bluelightprogram.com)

Website: [www.bluelightprogram.com](http://www.bluelightprogram.com)

For people with intellectual disabilities and autism aged 6 to adults.

**Camp Allegria (Leonardo DaVinci Center)**

8350-8370 Lacordaire Blvd., St. Leonard, Quebec H1R 2Y6

Tel: 514-955-8370

Website: [www.mlsteiner.net/cldv/en/allegria\\_camp.php](http://www.mlsteiner.net/cldv/en/allegria_camp.php)

Ages: 5 - 12

**Camp Cosmos (two camp locations)**

1444 Union, Montreal, Qc

Website: [www.campcosmos.org](http://www.campcosmos.org)

Camp #1

Tel: 514-844-9128, post 203

Email: [campcosmosmontreal@gmail.com](mailto:campcosmosmontreal@gmail.com)

Camp #2 West Island

Tel: 438-308-3831

Email: [campcosmoswi@gmail.com](mailto:campcosmoswi@gmail.com) Welcomes campers with special needs with or without a shadow.

**Camp d'été de l'Association québécoise du syndrome Gilles de la Tourette**

7070, boul Perras, Montréal, Quebec H1E 1A4

Tel: 514-328-3910

Email: [info@aqst.com](mailto:info@aqst.com)

Website: [www.aqst.com](http://www.aqst.com)

**Camp de Jour L'Espoir / Corporation L'Espoir**

55 Dupra, #511, Ville Lasalle, Quebec H8R 4A8 (Office)

L'Eau Vive School, 171 avenue Orchard, LaSalle (camp location)

Tel: 514-367-3757

Email: [info@corporationespoir.org](mailto:info@corporationespoir.org)

Website: [www.corporationespoir.org/camp-de-jour](http://www.corporationespoir.org/camp-de-jour)

Ages 5 and older. with mild to severe intellectual disability and / or autism spectrum disorder with or without physical limitations.

**Camp Kinema (Runs out of the Westmount Y)**

4585, rue Sherbrooke Ouest, Montréal, Quebec, Canada H3Z 1E9

Tel: 514-931-8046 ext.231

**Camp Massawippi**

3500 Decarie Blvd. , Montreal, Quebec, H4A 3J5

Tel: 1-866-838-4707

Website: [www.en.campmassawippi.com](http://www.en.campmassawippi.com)

For children with motor, language, visual, and hearing impairments.

### **Côte Saint-Luc Day Camps**

5794 Avenue Parkhaven Côte Saint-Luc, Quebec H4W 0A4

Tel: 514-485-6806

Email: [shoule@cotesaintluc.org](mailto:shoule@cotesaintluc.org)

Website: [www.csldaycamps.com](http://www.csldaycamps.com)

Open to children with special needs aged 2 – 15 years.

### **Friendly Faces – YM-YWHA Snowdon**

Ben Weider JCC 5400 Westbury Avenue, Montreal, Quebec H3W 2W8

Tel: 514-737-6551 #237

### **Friendship Circle**

4585 Bourret, Montreal, QC H3S 1X1

Tel: 514-735-2255

Email: [info@friendshipcircle.ca](mailto:info@friendshipcircle.ca)

Website: [www.friendshipcircle.ca](http://www.friendshipcircle.ca)

### **Le Prisme (Regroupement des personnes handicapées de la région de Mont Laurier (respite offered))**

294 Rue Du Pont, Mont Laurier, Quebec J9L 2R2

Tel: 819-623-5258

Email: [campdejour@hotmail.com](mailto:campdejour@hotmail.com)

Website : [www.le-prisme.com/camp\\_de\\_jour.htm](http://www.le-prisme.com/camp_de_jour.htm)

Has tw day camps, one for

- 1) Those with autism
- 2) Those with an intellectual disability

### **Melissa Sunshine Camp (respite offered)**

24 rue York, Huntingdon Quebec J0S 1H0

Tel: 450-264-6340

Email: [ampsoleildemelissa.weebly.com](mailto:ampsoleildemelissa.weebly.com)

Website: [www.campsoleildemelissa.weebly.com](http://www.campsoleildemelissa.weebly.com)

Ages 21 and up – for adults with physical or intellectual disabilities.

### **MONTREAL FLUENCY CENTRE**

4626 Ste. Catherine Street West, Westmount, Quebec H3Z 1S3

Tel: 514-489-4320 ext: 237

Email: [info@montrealfluency.com](mailto:info@montrealfluency.com)

Website: [www.montrealfluency.com](http://www.montrealfluency.com)

Offering a reading group for children going into Grade 2.

### **Quebec Foundation for the Blind**

5112, rue de Bellechasse, Montréal, Québec H1T 2A4

Tel: 514-259-9470

Email: [info@aveugles.org](mailto:info@aveugles.org)

Website: [www.fondationdesaveugles.org/en/](http://www.fondationdesaveugles.org/en/)

Visual impairment (ages 6 to 18).

### **Société de L'autisme et TED (Laval)**

2285 avenue Francis-Hughes, suite 200, Laval (Québec) H7S 1N5

Tel: 450-663-5551

Email: [info@autismelaval.org](mailto:info@autismelaval.org)

Website: [www.autismelaval.org](http://www.autismelaval.org)

Children with autism and PDD.

**Super Camp at Vanier College**

821 Ste-Croix, St. Laurent, Quebec H4L 3X9

Tel: 514-744-7611 / Fax: 514-744-7128.

Contact: Warren Roy

Email: [supercamp@vaniercollege.qc.ca](mailto:supercamp@vaniercollege.qc.ca)

Website: [www.supercamp.ca](http://www.supercamp.ca)

Ages 5 - 17. Integrated program. Children with mild to severe mental and physical disabilities.

**Trails of Summer**

166 Sommerhill, Dollard des Ormeaux, Québec, H9A 1X1 (Camp office)

Tel: 514-684- 0333 or 514-992-4545 (during camp season)

Email: [lynjoy@videotron.ca](mailto:lynjoy@videotron.ca)

Website: [www.trailsofsummer.com](http://www.trailsofsummer.com)

The camp is for both mainstreamed and special needs children

**Viomax, Viocamp**

2275 Laurier East, Montreal, Quebec H1H 2N8

Camp activities are held at 3500 Decarie Blvd.

Tel: 514-527-4527 ext. 2681

Email: [jeunesse@viomax.org](mailto:jeunesse@viomax.org)

Welcomes children with or without physical limitations aged 5 -18 years.

**YMCA Camps of Quebec**

Has an inclusion program for special needs children

Tel: 514-687-9622

Email: [contact@ymcaquebec.org](mailto:contact@ymcaquebec.org)

Website: [www.ymcaquebec.org/en/Find-a-Y/Day-Camps](http://www.ymcaquebec.org/en/Find-a-Y/Day-Camps)

**Cartierville Y**

11885 Laurentian Blvd, Montreal, Quebec H4J 2R5

Tel: 515-313-1047

**Downtown Y**

1440 Stanley Street, Montreal, Quebec H3A 1P7

Tel: 514-849-8393

**Du Parc Y**

5550 Du Parc Avenue, Montreal, Quebec H2V 4H1

Tel: 514-271-9622

**Guy-Favreau**

200 René Lévesque W Montreal, Quebec H2Z 1X4

Tel: 514-845-4277

**Hochelaga-Maisonneuve Y**

4567 Hochelaga Street, Montreal, Quebec H1V 1C8

Tel: 514-255-4651

**NDG Y**

4335 Hampton Ave. Montreal, Quebec H4A 2L3

Tel: 514-486-7315, #227

Ages 5 and up (Preschool day camp for ages 2-3years).

**Pointe Saint-Charles Y Centre**

255 Ash, Montreal, Quebec H3K 2R1

Tel: 514-935-4711

**St-Laurent**

1745 Decarie Rd, St.Laurent, Quebec H4L 3N5

Tel: 514-747-5353

**West Island**

230 Brunswick Blvd, Pointe Claire H9R 5N5

Tel: 514-630-9822

Ages 5 and up (Preschool day camp 2-3years).

**Westmount Y**

4585 Sherbrook W., Westmount, Quebec H3Z 1E9

Tel: 514-931-8046

## **Section 10.2**

### **Sleep-Away Camps**

**Association de Montreal Pour La Déficience Intellectuelle (AMDI)**

Camp familial Saint-Urbain

Tel: 1-888-882-4719

Website: [www.campfamilial.org](http://www.campfamilial.org)

**B'nai Brith Camp**

1 Carre Cummings Square, Suite 232, Montreal, Quebec H3W 1M6

Camp location: St. Agathe

Tel: 514-735-3669

Website: [www.cbbmtl.org](http://www.cbbmtl.org)

An emphasis on Jewish heritage.

**Camp Canawish**

132 ch. de la Cinquième-Grève E., Rivière-Ouelle, Quebec G0L 2C0

Tel: 418-856-3674

Email: [info@campcanawish.com](mailto:info@campcanawish.com)

Website: [www.campcanawish.com](http://www.campcanawish.com)

For intellectually handicapped and individuals with learning disabilities.

**Camp Cité Joie (respite offered)**

Capitale-Nationale - Lac-Beauport

28, chemin des Cascades, Lac-Beauport, Quebec G3B 0C4

Tel: 418-849-7183

Website: [www.citejoie.com](http://www.citejoie.com)

For children and adults with a variety of disabilities. Including intellectual or physical impairments.

**Camp d'été de l'Association québécoise du syndrome Gilles de la Tourette – Accès Plein-Air**

(Association québécoise du syndrome de la Tourette)

7070 boul. Perras, Montreal, Quebec H1E 1A4

Tel: 514-328-3910

Website: [www.aqst.com](http://www.aqst.com)

For children and adolescents.

**Camp Emergo (respite offered)**

1862, rue Jolicoeur Montréal (Québec) H4E 1X2

Tel: 514-931-2882

Email: [info@repitemergo.com](mailto:info@repitemergo.com)

Website: [www.servicesderepitemergo.com](http://www.servicesderepitemergo.com)

### **Camp Garagona**

23 Garagona Road, Frelighsburg, Quebec J0J 1C0

Tel: 450-298-5159

Email: [info@campgaragona.qc.ca](mailto:info@campgaragona.qc.ca)

Website: [www.campgaragona.qc.ca](http://www.campgaragona.qc.ca)

Children with intellectual disabilities or learning disabilities.

### **Camp Kennebec**

1422 Cox Road, Arden, Ontario, K0H 1B0 – Four-hour drive west of Montreal.

Tel: 613-335-2114

Email: [info@campkennebec.com](mailto:info@campkennebec.com)

Website: <http://www.campkennebec.com/>

Welcomes campers with a range of intellectual disabilities including ADHD, Tourette's syndrome, learning, social and behavioural difficulties and many others. Through their clinical psychologists, ABA and behavioural therapist, registered nurse, social workers and teachers they offer a uniquely designed and structured program for each camper.

### **Camp Massawippi**

3161 Round Bay Road, Ayer's Cliff, Quebec J0B 1C0

Tel: 1-866-838-4707 or 819-838-4707

Website: [www.en.campmassawippi.com/summer-camp](http://www.en.campmassawippi.com/summer-camp)

For children with motor, language, visual, and hearing impairments.

### **Camp Normand Leveillé**

950 Hemming Road, Drummondville, Quebec J2B 7T5

Tel: 819-478-1201

Email: [info@centre-normand-leveille.ca](mailto:info@centre-normand-leveille.ca)

Website: <http://www.centre-normand-leveille.ca/accueil>

For individuals 6 years old and up with all types of disabilities.

### **CAMP « O » CARREFOUR (respite offered)**

2301, 1st Avenue, Quebec, Quebec, G1L 3M9

Tel: 418-529-4996

Website: [www.patro.roc-amadour.qc.ca/carrefour/](http://www.patro.roc-amadour.qc.ca/carrefour/)

### **Camp Tamaracouta**

499 Tamaracouta Mille Isles, Quebec, J0R 1A0

Tel: 1-866-438-4096 or 450-438-4096

E-mail: [reservations@tamaracouta.com](mailto:reservations@tamaracouta.com)

Website: [www.tamaracouta.com](http://www.tamaracouta.com)

Scouts Canada camp that welcomes children with special needs.

### **Camp Yaldei (day camp offered)**

Under the umbrella of the Donald Berman Yaldei Development Centre

Camp Location: Laurentians, Quebec

Tel: 514-279-3666 ext. 222

Email: [camp@yaldei.org](mailto:camp@yaldei.org)

Website: [www.yaldei.org/summer-camp](http://www.yaldei.org/summer-camp)

Jewish camp for children with developmental disabilities. A one- to-one ratio of camper to counsellor.

### **Centre Notre-Dame-De-Fatima (respite offered)**

2464 Perrot, Notre Dame de ile Perrot, Quebec J7V 8P4

Tel: 514-453-7600

Email: [info@mon-camp.ca](mailto:info@mon-camp.ca) / Website: [www.mon-camp.ca](http://www.mon-camp.ca)



**Centre plein air du lac Flavrian**

3288 Rang du Lac Flavrian, Rouyn-Noranda, Quebec J9X 5C8

Tel: [819-762-6592](tel:819-762-6592) poste 47236

Email: [info@cpalf.com](mailto:info@cpalf.com)

Website: [www.cpalf.com](http://www.cpalf.com)

For people with physical, psychological and intellectual disabilities.

**Centre plein air Grand Village (respite offered)**

2434 Chemin Marie-Victorin, Lévis, Quebec G7A 4H7

Tel: 418-831-1677 ext. 5

Email: [mission@grand-village.com](mailto:mission@grand-village.com)

Website: [www.grand-village.com](http://www.grand-village.com)

Intellectual or physical impairment, multiple disabilities.

**Heartfit Respite**

Location: Northumberland Hills near Belleville Ontario

Tel: 613-968-2428

Website: <http://www.heartfitrespite.com/>

This program is for adults 18+ with developmental disabilities, they can spend one week at a time on a working farm.

**PAPILLON FOUNDATION OPERATES TWO CAMPS:****Camp Papillon /Quebec Society for Disabled Children**

Camp address: 210 Papillon Avenue Saint Alphonse Rodriguez, Quebec J0K 1W0

City address: 2300 René Levesque Blvd West, Montreal, Quebec H3H 2R5

Tel: 514-937-6171 ext. 232

Website: [www.fondationpapillon.ca](http://www.fondationpapillon.ca)

For children and adults with physical and intellectual disabilities.

**Camp de Grandpre (formerly Les Bosquets Albert Hudon)**

756 Chemin des Patriotes, Otterburn Park, Quebec J3H 1Z5

Tel: 514-937-6171 ext.232

Website: [www.foundationpapillon.ca](http://www.foundationpapillon.ca)

For children and adults with physical or intellectual disabilities.

**YM-YWHA Snowdon/YCC Tikvah Family Group**

Ben Weider JCC 5400 Westbury avenue, Montreal, QC H3W 2W8

Tel: 514-737-6551 #237

Website: <http://www.ymywha.com/inclusion>

This four-day camping program is for children with developmental disorders and learning disabilities and his/her entire family. The family is paired with a camp staff member. The Y Country Camp is located in the Laurentians.

## **SECTION 10.3 RESPITE CARE**

### **AJIS - Maison de répit «Les Amis d'Hugo»**

1005, rue Verchères Saint-Félicien, Quebec G8K 2Z5  
Tel: 418- 613-0901  
Website: Facebook

### **Amis (Les) de l'Est (day camp offered)**

12230 6e Avenue, Montréal, Quebec H1E 1S2  
Tel: 514-648-0254  
Email: [lesamisdelest@qc.aira.com](mailto:lesamisdelest@qc.aira.com)  
Website: [www.lesamisdelest.com/](http://www.lesamisdelest.com/)  
Intellectual or physical impairment.

### **Association de la Rive-Sud Pour La Déficience Intellectuelle**

(See Section 9: Supporting organizations)

### **Bartimaeus Inc. (See Section 3.1: Counselling / Evaluation / Therapy)**

### **Butters Foundation Respite Home**

127, rue Principal #105, Cowansville, QC, J2K 1J3  
Tel: 450-263-4123

Website: [www.buttersfoundation.ca/a-place-to-work-in-the-country/](http://www.buttersfoundation.ca/a-place-to-work-in-the-country/)

A farm in Rougemont Quebec which includes respite and ways of integrating disabled adults into the work force.

### **Camp Kodiak**

200 Kodiak Road, McKellar, Ontario,, P0G 1C0

Tel: 877-569-7595 (Toll Free)

Email: [info@campkodiak.com](mailto:info@campkodiak.com)

Website: [www.campkodiak.com](http://www.campkodiak.com)

Integrated camp for children and teens with and without learning disabilities, ADHD and high-functioning autism.

### **Camp Ramah**

3845 Bathurst Street Suite 310 Toronto, Ontario M3H 3N2 (Head Office)

1104 Fish Hatchery Road, Utterson, Ontario, P0B 1M0 (camp address)

Tel: 416-789-2193

Email: [info@campramah.com](mailto:info@campramah.com)

Website: <http://campramah.com/tikvah/>

Jewish children ages 12-21 with special needs.

### **Centre de répit Dépannage Aux Quatre Poches (day camp offered)**

560 chemin Du Lac, Boucherville, Quebec J4B 6X3

Tel: 450-641-1255

Website: [www.infosvp.ca/organisme/centre-de-repit-depannage-aux-quatres-poches/](http://www.infosvp.ca/organisme/centre-de-repit-depannage-aux-quatres-poches/)

Ages 3-21. Intellectual difficulties and Autism (French).

### **Centre de répit Philou**

2450 Chemin de la Côte-Sainte-Catherine, Montréal, QC H3T 1B1

Tel.: 514-739-4861

Website: [www.centrepilou.com/](http://www.centrepilou.com/)

Non-profit, for children up to 5 years old with physical disabilities. Welcomes stays from one day to three weeks at a time.

## **Centre François-Michelle (See Section 9: Supporting Organizations)**

### **Centre Marcelle et Jean Coutu - Laval**

Tel: 450-624-9922

Website: [www.lepilier.org/en/les-services/le-centre-marcelle-et-jean-coutu/](http://www.lepilier.org/en/les-services/le-centre-marcelle-et-jean-coutu/)

All types of impairments, including autism.

## **CENTRE REHABILITATION MARIE-ENFANT OF THE UHC SAINTE-JUSTINE (SEE SECTION 8: REHABILITATION, ADAPTATION, SOCIAL INTEGRATION)**

## **CHILDREN'S JOY (SEE SECTION 4.8: OTHER RECREATIONAL THERAPIES AND ACTIVITIES) LA JOIE DES ENFANTS**

### **Common Ground Center/ Camp Kaleidoscope**

473 Tatro Road Starksboro, Vermont 05487

Tel: 800-453-2592

Email: [info@cqcvt.org](mailto:info@cqcvt.org)

Website: [www.cqcvt.org](http://www.cqcvt.org)

For families with children with autism.

### **Eleanor Côté Home (West Montréal Readaptation Centre - CROM)**

Located in Beaconsfield

Tel: 514-363-8726

Website: [www.taylor-birksfoundation.ca/](http://www.taylor-birksfoundation.ca/)

Under the Taylor - Birks Foundation

### **Emergo Respite Services**

1862, rue Jolicoeur, Montréal, Québec H4E 1X2

Tél: 514-931-2882

Email: [info@repitemergo.com](mailto:info@repitemergo.com)

Website: <http://www.servicesderepitemergo.com/>

For people with autism aged 4 – 77. French and English.

## **Friendship Circle (See Section 4.8: Other Recreational Therapies and Activities)**

## **laccompagnateur.org (See Section 9: Supporting Organizations)**

### **La Maison du Chat Botté Bellerose**

See Section 10.2, Day Camps

### **La maison de répit la Ressource**

8351, 9<sup>th</sup> avenue, Montreal, Quebec H1Z 2Z4

Tel: 450-442-3552

Email: 9281, 14e avenue Montréal, Québec H1X 3N4

Tel: 514-814-6552

Email: [secretariat@repitlaressource.org](mailto:secretariat@repitlaressource.org)

Website: [www.repitlaressource.org](http://www.repitlaressource.org)

Non-profit managed by the parents of intellectually disabled children.

### **La maison Répit-Oasis (South West Region)**

1960, rue Cardinal Montreal, Quebec H4E 1N5

Tel: 514-379-4144

Website: [www.maisonrepitoasis.org](http://www.maisonrepitoasis.org)

Non-profit, offers respite to intellectual disabled persons.

**La Maissonnette Montreal (ATEDM)**

4450 Saint Hubert Street. #320, Montreal, QC H2J 2W9

Tel: 514-524-6114

Email: [accueil@autisme-montreal.com](mailto:accueil@autisme-montreal.com)

Website: [www.autisme-montreal.com/](http://www.autisme-montreal.com/)

All ages. Autism and intellectual disabilities. French and English.

**Les Répits de Gaby (See Section 2: Specifically ASD, Asperger's Syndrome and PDD)****MONTREAL ASSOCIATION FOR THE INTELLECTUALLY HANDICAPPED (AMDI)  
ASSOCIATION DE MONTREAL POUR LA DEFICIENCE INTELLECTUELLE (AMDI)  
(SEE SECTION 9: RESOURCES FOR PARENTS, CAREGIVERS AND TEACHERS)****Prolongement à la famille de Montréal**

1691 Pie-IX Blvd, Montreal, Quebec H1V 2C3

Tel: 514-504-7989

Website: [www.upfm.ca](http://www.upfm.ca)

For adolescents 14 and up. For persons with intellectual and physical disabilities.

**Répît-Ressource de l'Est de Montréal**

Day respite (Saturdays and Sundays only)

7707, rue Hochelaga, bureau 100 Montréal, Québec H1L 2K4

Tel: 514-353-1479

Email: [info@repit-ressource.com](mailto:info@repit-ressource.com)

Website: [www.repit-ressource.com/](http://www.repit-ressource.com/) (French site only)

Intellectual impairment with or without motor impairments.

**Répît une heure pour moi (East Montreal only)**

750 16e Avenue, Pointe-aux-Trembles, Quebec H1B 3P9

Tel: 514-640-6030

Respite services provided for a few hours during the day.

Children with mental health problems, Tourette's syndrome.

**Residence and Auberge Papillon**

Tel: 514-937-6171, extension 227 or 214

Email: [residence@enfantshandicapes.com](mailto:residence@enfantshandicapes.com)

Website: [www.enfantshandicapes.com](http://www.enfantshandicapes.com)

Physical impairment and multiple disabilities.

**Service de Garde les Apprentis**

See Section 10.2: Day Camps

**Solidarité de parents de personnes handicapées**

5199 Sherbrooke St E, Montreal, Quebec H1T 3X3

Tel: 514-254-6067

Email: [info@spph.net](mailto:info@spph.net)

Website: [www.spph.net/en/home/](http://www.spph.net/en/home/)

Respite services provided for a few hours during the day. All types of impairment

**The Centre of Dreams and Hopes (respite offered)**

12550 Boulevard Lacordaire, Montréal-Nord, Quebec H1G 4L8,

Tel: 514-327-6667

Email: [infocdh@centreofdreamsandhopes.org](mailto:infocdh@centreofdreamsandhopes.org)

Website: [www.centreofdreamsandhopes.org](http://www.centreofdreamsandhopes.org)

Therapeutic, recreational activities for children with special needs.

## SECTION 11 PHYSICAL AID RESOURCES

### **Ablesee (Beaujoie)**

70 Place Levis, Saint-Bruno, Quebec J3V 1J9

Tel: 450-461-2227

Email: [info@beaujoie.com](mailto:info@beaujoie.com)

Website: [www.beaujoie.com/en](http://www.beaujoie.com/en)

Creates and produces overlays for computer keyboards and other equipment. Large print overlays are suitable for children and adults who are visually impaired but not blind.

### **Easy Access Clothing**

Tel: 1-800-775-5536

Website: [www.easyaccessclothing.com](http://www.easyaccessclothing.com)

Online store with practical, functional clothing and products for disabled children and adults. Also, all children's clothes now online at [www.amazon.ca](http://www.amazon.ca)

### **FDMT**

420 Rue Jean Neveu, Longueuil, Quebec J4G 1N8

Tel: 1-866-465-0559

Email: [service@fdmt.ca](mailto:service@fdmt.ca)

Website: [www.fdm.ca/catalogue/](http://www.fdm.ca/catalogue/)

Specializes in sensory-motor, oral-motor and tools to support development, adapted equipment (weighted blankets, weighted animals...) and products (Visual Timers, Pencil Grips...) used to promote sensory integration and facilitate the learning of children with special needs such as: Autism, PDD, Asperger's Syndrome, ADHD and ADD, Dyspraxia, Dysphagia, etc.

### **Groupe We Care (Formerly Portable Wheelchair Ramps)**

Location: Montreal

Tel: [1-866-416-1024](tel:1-866-416-1024)

Email: [info@groupe-we-care.ca](mailto:info@groupe-we-care.ca)

Website: [www.portablewheelchairramps.ca](http://www.portablewheelchairramps.ca)

Specializing in portable wheelchair ramps of all shapes and sizes. Ships across Canada.

### **HumanWare**

1800, Michaud street Drummondville, Quebec J2C 7G7

Tel: 1-888-723-7273

Email: [ca.info@humanware.com](mailto:ca.info@humanware.com)

Website: [www.humanware.com](http://www.humanware.com)

Has technology products for people with visual disabilities. HumanWare provides intuitive, intelligent products that will assist to participate in today's information society.

### **J.E. Hanger Ltd.**

Head Office: 5545 St. Jacques West, Quebec H4A 2E3

See website for various branch locations.

Tel: 514-489-8213

Website: [www.jehanger.com](http://www.jehanger.com)

Offers a variety of services which include manufacturing of orthotic and prosthetic devices. A variety of safety and home care equipment is available at all their locations, as well as daily physiotherapy and orthopedic services.

**JRH Health Science Information Centre (Section 9 or 11)**

1755 boulevard René-Laennec Laval, Québec H7M 3L9

Tel: 450-668-1010 ext. 23215

Website: [www.lavalensante.com/en/jewish-rehabilitation-hospital/programs-services/medical-library/](http://www.lavalensante.com/en/jewish-rehabilitation-hospital/programs-services/medical-library/)

The JRH Medical Library has close to 400 books with special emphasis on Physical Medicine and Rehabilitation. They subscribe to 80 current journals in physical and occupational therapy, dysphagia, speech therapy, clinical rehabilitation, vestibular therapy, among numerous rehabilitation specialties.

**Koolway Sports**

8 Balsdon Crescent, Whitby, Ontario, L1P 1L5

Tel: 905-493-3188

Email: [john@koolwaysports.com](mailto:john@koolwaysports.com) or [Jennifer@koolwaysports.com](mailto:Jennifer@koolwaysports.com)

Website: [www.koolwaysports.com](http://www.koolwaysports.com)

Designs and manufactures outerwear for individuals with disabilities.

**Mira Foundation**

1820, Rang Nord-Ouest, Sainte-Madeleine, Quebec J0H 1S0

Tel: 450-795-3725

Email: [info@mira.ca](mailto:info@mira.ca)

Website: [www.mira.ca/en/](http://www.mira.ca/en/)

Offers free guide dogs and service dogs for people who are blind, have reduced mobility or children with ASD.

**Philip Lifeline**

Tel: 1-866-970-6536

Website: [www.lifeline.ca/en](http://www.lifeline.ca/en)

Is a medical alert system that allows the user to summon for help 7/24. The transmitter can be worn as a bracelet or pendant.

**PIMO**

2030 Pie-IX Blvd, Suite 215, Montreal, Quebec, H1V 2C8

Tel: 514-288-9775

Email: [accueil@pimo.qc.ca](mailto:accueil@pimo.qc.ca)

Website: [www.pimo.qc.ca](http://www.pimo.qc.ca)

Provides senior accompany services to individuals who cannot leave their home alone.

**Royal Victoria - Rotary Lifeline of the McGill University Health Centre**

687 Pine Ave. West suite F609, Montreal QC H3A 1A1

Tel: 514- 843-1670

Website:

[www.infoneuro.com/index.php?option=com\\_resources&view=showitem&id=2000&thelang=eng&Itemid=&lang=en](http://www.infoneuro.com/index.php?option=com_resources&view=showitem&id=2000&thelang=eng&Itemid=&lang=en)

The service is a home emergency response system. The user wears a pendant or a bracelet and assistance is available 24 hours.

**Slawner LTEE**

4980 Jean Talon W., Montreal, Quebec H4P 1W9

Tel: 514-731-3378

Email: [info@slawner.com](mailto:info@slawner.com)

Website: [www.slawnerortho.com/](http://www.slawnerortho.com/)

Full-service provider of a variety of aides as well as orthotics and prosthetics.

**Tic Tac Clic**

303 Chemin De La Grande-Cote, Rosemere, Quebec, J7A 1J7

Tel: 514-962-2542

Website: [www.tictaccllic.com](http://www.tictaccllic.com)

Initiate and improve your childrens' writing skills using innovative products and formation.

### **Wil+Aide Medical**

318 St. Jacques, Lachine, Quebec H8R 1E2

Tel: 514-363-0856

Email: [wilaide@gmail.com](mailto:wilaide@gmail.com)

Website: [www.wilaidemedical.com](http://www.wilaidemedical.com)

Sales, rentals, installations, and delivery of a variety of aides(scooters, wheelchairs, hospital beds, lifts, and handles.

## **Section 11.1**

### **Adapted toys/ adaptive toys**

#### **Amazon.ca**

Sells a few doll wheelchair sets. These sets can consist of a wheelchair, crutches, arm cast, leg cast and bandage. These sets are for the American Girl doll which is not included.

#### **Bridges Canada**

Tel: 1-800-353-1107

Email: [info@bridges-canada.com](mailto:info@bridges-canada.com)

Website: [www.bridges-canada.com/collections/toys](http://www.bridges-canada.com/collections/toys)

Their focus is on assistive technology for learning, communication, alternative access, low vision and blindness needs.

#### **Discovery Toys**

Tel: 1-800-341-8697

Email: [contact@discoverytoys.net](mailto:contact@discoverytoys.net)

Website: [www.discoverytoys.com](http://www.discoverytoys.com)

Their goal is to deliver a rich personal experience to children with autism and special needs.

#### **PIERRE BELVÉDÈRE INC.**

2555, avenue Dollard, Bâtiment 1, LaSalle Quebec H8N 1S2

Tel: 514 286-2880

Website: [www.pierrebelvedere.com](http://www.pierrebelvedere.com)

A large array of educational toys, games, puzzles, and stuffed animals. The website offers several online catalogs.

#### **Sew Dolling**

P.O. Box 53, East Greenwich, RI 02818

FAX: 401-398-0070

Their Sew "ABLE" doll series has an extensive range of disabled dolls and disability related items. Some of these items are wheelchairs, crutches, walkers, parallel bars, trampolines, gym mats, and Swiss therapy balls.

#### **TFH Special Needs Toys Canada Inc.**

16-1750 Plummer Street, Pickering, Ontario, L1W 3L7

Tel: 877-509-7524

Email: [info@tfhcanada.ca](mailto:info@tfhcanada.ca)

Website: [www.specialneedstoys.com](http://www.specialneedstoys.com)

Toys and sensory play equipment for special needs children.

#### **Toys R Us**

Website: Goggle toys r us guide for differently-abled kids

The website offers 10 categories of related toys.

## **SECTION 11.2 SECURITY**

### **Safetracks GPS Canada (formerly iLOC Technologies Inc)**

6500 Trans-Canada Highway Suite 340 Pointe-Claire, Montreal, QC H9R 0A5

Tel: 514-987- 4562

Website: [www.iloctech.com](http://www.iloctech.com)

Email: [info@safetracksgps.ca](mailto:info@safetracksgps.ca)

Produces GPS Locators that tell you the location of a special needs person should they have a tendency to wander.

### **WHO AM I? ID PRODUCTS**

3673 Av. Hôtel-De-Ville ,Montréal, QC H2X 3B9

Tel: 514-886-1529

Website: [Facebook](#)

Products that provide easy access to important information in case of emergencies. Their ID bracelets and bands feature contact information. The fluorescent products are waterproof with LED technology to light up in the night. Battery operated.



## **SECTION 12**

### **FINANCIAL PROGRAMS AND SUBSIDIES**

#### **Section 12.1** **Governments**

##### **Canada Revenue Agency (CRA)**

CRA has an **EXCELLENT** brochure called **Services for People with Disabilities**. This 47-page brochure is a guide to all of the Government of Canada services available to people with disabilities. To obtain this free guide call 1-800-622-6232 or visit [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca) To view the brochure online, visit [www.faslink.org/Disability\\_Guide\\_ENG.pdf](http://www.faslink.org/Disability_Guide_ENG.pdf). Other relevant telephone numbers are:

Canada Revenue Agency general inquiries:

1 800 959-8281

TTY: 1 800 665-0354

Canada Child Tax Benefit enquiries

1 800 387-1193

TTY:

1 800 665-0354

To order Forms T2201 and RC66

1 800 959-2221

TTY:

1 800 665-0354

[www.cra.gc.ca/disability](http://www.cra.gc.ca/disability)

To get the forms you need, click on

[www.cra.gc.ca/forms](http://www.cra.gc.ca/forms)

Only the five main CRA tax credit and deduction programs are listed in this section. To obtain information about other programs please consult the above-mentioned brochure.

#### **1. Child Disability Benefit**

The Child Disability Benefit (CDB) is a tax-free benefit for families who care for a special needs child under the age of 18. He/she is eligible for the disability tax credit when a health care professional certifies, on [Form T2201, Disability Tax Credit Certificate](#), that the child has a severe and prolonged impairment in physical or mental functions, and the CRA approves the form. To obtain the form, visit [www.canada.ca/content/dam/cra-arc/formspubs/pbg/t2201/t2201-17e.pdf](http://www.canada.ca/content/dam/cra-arc/formspubs/pbg/t2201/t2201-17e.pdf)

## 2. Disability Supports Deduction

Individuals with a physical or mental impairment and have paid for certain medical expenses can, under certain conditions, claim the Disability Supports Deduction.

### List of eligible expenses

Expense	Prescription needed?	Written certification from a medical practitioner needed?
<a href="#">Attendant care expenses</a>	See details	See details
<a href="#">Bliss symbol boards</a>	Yes	No
<a href="#">Braille note-taker devices</a>	Yes	No
<a href="#">Braille printers, synthetic speech systems, large print-on-screen devices</a>	Yes	No
<a href="#">Deaf-blind intervening services</a>	No	No
<a href="#">Devices or software</a>	Yes	No
<a href="#">Electronic speech synthesizers</a>	Yes	No
<a href="#">Job coaching services</a> <sup>Footnote 1</sup>	No	Yes
<a href="#">Note-taking services</a>	No	Yes
<a href="#">Optical scanners</a>	Yes	No
<a href="#">Page turner devices</a>	Yes	No
<a href="#">Reading services</a>	No	Yes
<a href="#">Real-time captioning</a>	No	No
<a href="#">Sign language interpretation services</a>	No	No
<a href="#">Talking textbooks</a>	No	Yes
<a href="#">Teletypewriters</a>	Yes	No
<a href="#">Tutoring services</a>	No	Yes
<a href="#">Voice recognition software</a>	No	Yes

Footnote 1

**Job coaching services** (other than job placement or career counselling services) for a person with a severe and prolonged impairment in physical or mental functions and paid to someone in the business of providing these services.

## 3. Disability Tax Credit

The disability tax credit (DTC) is a non-refundable tax credit that helps disabled individuals or their supporting persons reduce their income tax. An individual may claim the disability amount once they are eligible for the DTC. This amount includes a supplement for individuals under 18 years of age at the end of the year. The DTC is a prerequisite to the Registered Disability Savings Plan.

## 4. Medical expenses

Regarding all medical expenses, you can only claim the part of the expense that you or someone else have not been and will not be reimbursed for. However, the expense can be claimed if the reimbursement is included in your or someone else's income (such as a benefit shown on a [T4, Statement of Remuneration Paid](#)) and the reimbursement was not deducted anywhere else on the income tax and benefit return. For a list of common medical expenses, please visit [www.cra.gc.ca/medical](http://www.cra.gc.ca/medical).

## 5. Registered Disability Savings Plan

A registered disability savings plan (RDSP) is a savings plan that is intended to help parents and other supporting persons save for the long term financial security of a person who is eligible for the disability tax credit (DTC). Contributions to an RDSP are not tax deductible and can be made until the end of the year in which the beneficiary turns 59.

### Revenue Quebec (RQ)

**RQ** has a guide called **Tax Benefits and Persons with Disabilities**. This 32-page document is a guide to all of the Government of Quebec services for people with disabilities. To view it online visit [www.revenuquebec.ca/documents/en/publications/in/IN-132-V\(2017-12\).pdf](http://www.revenuquebec.ca/documents/en/publications/in/IN-132-V(2017-12).pdf)

### RETRAITE QUÉBEC

Retraite Québec has a brochure called **If your child is handicapped or has a serious illness**. To obtain this 12-page brochure, call 514-864-3873 or visit [www.retraitequebec.gouv.qc.ca](http://www.retraitequebec.gouv.qc.ca)

There are two supplements that provide financial assistance for families with a special needs child.

The purpose of the **Supplement for Handicapped Children** is to help families with the care and education of handicapped children. This supplement can be paid for your child if he or she has a physical or mental disability that substantially limits life habits.

The purpose of the **Supplement for Handicapped Children with Exceptional Care Needs** is to help those parents who provide special care or ensure a constant presence for a child who has a serious illness or severe disability.

The two Supplement application forms are available at any Services Québec Office, or visit [www.rrq.gouv.qc.ca/en/enfants/enfant\\_handicape/seh-necessitant-soins-exceptionnels/Pages/seh-necessitant-soins-exceptionnels.aspx](http://www.rrq.gouv.qc.ca/en/enfants/enfant_handicape/seh-necessitant-soins-exceptionnels/Pages/seh-necessitant-soins-exceptionnels.aspx). Regarding the **Supplement for Handicapped Children with Exceptional Care Needs**; the disabled child must meet one of the following criteria for eligibility:

1. Must have a physical disability, or a severe intellectual impairment, or autism spectrum disorder and a severe behavioural disorder.
2. Requires complex medical care at home and that as parents have been trained at a specialized centre/place.

## **Section 12.2**

### **Financial Advice**

OFFICE DES PERSONNES HANDICAPÉES DU QUÉBEC (OPHQ)

OPHQ has a brochure called **Family Support Guide**. This 48-page guide is in two parts and is available to assist the parents of a child or an adult with a disability to determine their service needs and also to identify the resources in response to these needs. The OPHQ can also help you take steps to have a service program prepared.

Part 1 is for parents to use to prepare for meetings with the staff of the CISSS (CLSC) or CIUSSS of their region.

Part Two (in French only) is called **Resources**. It provides the name and contact information of the resources, by region and service type, that offer services to people with disabilities. It also provides a brief description of the services as well supplementary information such as the name of the organizations from which you can obtain support or additional information.

### **Disability Financial Assistance Corporation**

Isaac Hoch

1002 Sherbrooke West, Suite 1900 Montréal, Quebec H3A 3L6

Tel: 1 855-382-3322

Email: [isaac@dfac.ca](mailto:isaac@dfac.ca)

DFAC is a Quebec based company serving all Canadians in the areas of tax law and benefits for the special needs population. With fifteen years of experience working with individuals with disabilities and in disability advocacy.

### **Harold Akerman, Accountant**

101 Silverbirch Dollard Des Ormeaux, Quebec, H9A 2L4

Tel: 514-979-8752

Email: [haroldcpaca@gmail.com](mailto:haroldcpaca@gmail.com)

Harold Akerman is a practicing public accountant with over 25 years of experience. He presents on subjects related to personal tax and disability related topics. He presents on subjects related to personal tax and disability related topics.

### **Manulife Securities**

**Nathan Leibowitz** (Senior Investment Advisor)

9800 Cavendish Blvd Suite 200 | Saint-Laurent, Québec H4M 2V9

Tel: 514-798-0470

Email: [nathan.leibowitz@manulifesecurities.ca](mailto:nathan.leibowitz@manulifesecurities.ca)

Website: [www.manulifesecurities.ca](http://www.manulifesecurities.ca)

Nathan Leibowitz hosts workshops and seminars, addressing the financial and legal considerations for disabled individuals. Consults with special needs families regarding their finances.

## **Section 12.3**

### **Other Financial Programs and Subsidies**

#### **Child Assistance Measure**

Families with dependent children under 18 may be eligible for the child assistance payment, the amount of which varies depending on the family's income and circumstances. Contact the Régie des rentes du Québec toll free 1 800 667-9625 or visit [www.rrq.gouv.qc.ca](http://www.rrq.gouv.qc.ca).

#### **Employment-Assistance Program**

Once your child turns 18, you are no longer entitled to the family allowance. However, he or she may be eligible for benefits under the Employment-Assistance Program. Contact your local employment centre (CLE) for more information or visit [www.mess.gouv.qc.ca](http://www.mess.gouv.qc.ca).

## **Section 12.4**

### **PHYSICAL HEALTH**

#### **Equipment and Supplies**

You may be entitled to a subsidy for special equipment and medical supplies (to cover, for example, the cost of diapers for children over three years of age). You must apply for this subsidy to your CSSS (CLSC) or to your local employment center if you or your child receive benefits under the Social Assistance and Social Solidarity Programs.

#### **SPECIALIZED DENTAL SERVICES**

If your child cannot be treated by your regular dentist, accessible, specialized dental care is available from:

##### **Centre de réadaptation Marie-Enfant**

Tel: 514-374-1710

The dental team at the Centre de réadaptation Marie-Enfant is working in close consultation with the Dentistry Department of the CHU Sainte-Justine.

##### **Hôpital Sainte-Justine**

Tel: 514-345-4931

##### **McGill University**

Tel: 514-398-5017

To make an appointment for the summer, you must call in the spring.

## **SECTION 12.5 LIVING ENVIRONMENT**

### **Home Support Program**

You may obtain home support services or a home support subsidy if your child requires physical assistance (for example, bathing a child who has become too heavy to lift). Contact your local CSSS (CLSC).

### **Residential Adaptation Assistance Program**

You may be entitled to a subsidy to adapt your home (house or apartment) in order to make it barrier-free for your disabled child or adult. You may require a wheelchair ramp, wider doors, or an adapted bathroom. For more information on this program and the forms to fill out, contact your municipality or your local CSSS (CLSC) You may also obtain information from the Société d'habitation du Québec toll free 1 (800) 463-4315 or visit: [www.habitation.gouv.qc.ca](http://www.habitation.gouv.qc.ca).

## SECTION 13 TRANSPORTATION

### Transportation Expenses

You may claim expenses for transportation, parking and accommodation if you are required to travel, frequently and on a regular basis, in order for your child to receive medical treatment (for example, dialysis) or rehabilitation services. Contact your local CSSS (CLSC).

In addition, if you or your child receives benefits under the Social Assistance and Social Solidarity Programs, you may be entitled to a refund of a portion of the travel expenses you incur for medical reasons. Contact your local employment centre.

### Section 13.1 Adaptive Transport

#### Paratransit Services

If your child cannot use the regular public transit system, he or she may have access to the paratransit service of the Société de transport de Montréal (STM), Laval and Longueuil.

Montreal

#### **Centre Transport Adapté - Société de transport de Montréal (STM)**

311 Jarry Street East Montreal, Quebec, H1Z2C2

Tel: 514-280-8211

Website: [www.stm.info](http://www.stm.info)

Laval

Tel: 450-662-8356 or 450 973-3111

Website: <http://www.stl.laval.qc.ca/>

Longueuil

Tel: 450 670-2992

Website: <http://www.rtl-longueuil.qc.ca/>

The STM of Montreal has a user's guide called **Transport Adapté Handbook for Customers**. This 38-page guide is available for free by visiting the website [www.stm.info/en/para](http://www.stm.info/en/para)

#### **Regroupement des usagers du transport adapté (RUTA)**

**6363, Chemin Hudson, Bureau 152, Montréal, Quebec H3S 1M9**

Tel: 514-255-0765

Email: [info@rutamtl.com](mailto:info@rutamtl.com)

Website: [www.rutamtl.com](http://www.rutamtl.com)

Works to improve the transportation service of the STM, looks after complaints from users and gives information that could not be obtained from the STM. For disabled persons using adapted transport services.

#### **Taxi Para-Adapté**

Tel: 514-277-3344

Email: [info@taxiparaadapte.ca](mailto:info@taxiparaadapte.ca)

Website: [www.taxiparaadapte.ca/contact-us/?lang=en](http://www.taxiparaadapte.ca/contact-us/?lang=en)

24 hours/day, 7 days/week on the island of Montreal. Accessible taxi. 24 hours advance booking required.

## Section 13.2

### Regular Transportation Services: Air, bus, train

#### Air

Air Canada, Air Canada Jazz and West Jet have implemented a “one person, one fare” policy, whereby the attendant travels free of charge. This policy applies to flights within Canada. Please note that all applicable taxes remain payable. This policy applies to people with a disability who require an attendant to meet their personal and safety needs during a flight, or who require an additional seat for themselves.

**Air Canada, information:** Medical Assistance Desk, by phone at 1-800-667-4732 or click here [www.aircanada.com/ca/en/aco/home/plan/medical-mobility/travel-with-an-attendant.html](http://www.aircanada.com/ca/en/aco/home/plan/medical-mobility/travel-with-an-attendant.html). This page lists links to other related disability topics.

**West Jet, information:** West Jet Sales Centre, by phone at 1-866-693-7853 (ask for the Special Care Team Desk) or click here [www.westjet.com/en-ca/travel-info/special-needs/index](http://www.westjet.com/en-ca/travel-info/special-needs/index)

**Air Transat:** This carrier offers a 50% discounted rate for the escort. For more information, see [Special needs section on Internet](#). This discount is only available on flights to and from the US. Your travel agent must send a request to: [request@airtransat.com](mailto:request@airtransat.com)

For more information about traveling with a companion, please click [www.otc-cta.gc.ca/eng/publication/travelling-with-an-attendant](http://www.otc-cta.gc.ca/eng/publication/travelling-with-an-attendant) or call them at [1-888-222-2592](tel:1-888-222-2592) , TTY: [1-800-669-5575](tel:1-800-669-5575)

**Montreal Trudeau Airport** offers several adapted services for the hearing impaired, people With limited mobility or in wheelchairs, and vision impaired. For more information on these service, please visit [www.admtl.com/en/guide/adapted-services](http://www.admtl.com/en/guide/adapted-services)

Pierre Elliot Trudeau Airport also has a **Premium Kids** program, which is ad day for children with autism or functional limitations and their families to familiarize themselves with the airport. April 2020. For information contact: [EnPremiere@admtl.com](mailto:EnPremiere@admtl.com)

#### Intercity Bus Travel

If your child is aged eight or older and has a permanent disability and requires assistance for intercity bus travel, he or she is entitled to the Quebec Bus Service Attendant Card. This card allows the accompanying person to travel for free across the entire intercity network. To apply for the card, call 1-844—476-8181.

#### Greyhound Buses

Some greyhound buses are available with wheelchair ramps to give access to people with reduced mobility. Users of mobility scooters that can climb the bus's stairs unaided may store their scooter in the luggage hold at no extra charge. Mobility impaired customers must contact the Travel Assist Office, 1-800-752-4841 at least 48 hours prior to travel in order to confirm that the required services will be available. In some circumstances Greyhound provide a personal care attendant for people with disabilities travelling alone. A letter from a health professional is required in order to reserve this service. Guide dogs and other service animals are permitted on board the bus.

#### Public transit

If your child has a visual or intellectual impairment, he or she is entitled to the STM attendant card, which gives the person accompanying him or her free bus and metro access. Please contact your paratransit organization for more information.



## **Train**

In certain circumstances, VIA Rail offers free travel to one companion accompanying a person with disabilities. The special needs traveler must present, for each trip, a valid card from a recognized association or institution for persons with disabilities ([CNIB](#), Easter Seals, [Epilepsy Canada](#), [The War Amps](#), [MAB-MACKAY Rehabilitation Centre](#)), or a recent letter dated within the last nine months (unless the letter states that the condition is permanent) and signed by a physician. For more information: 1-888-842-7245. For complete information click [www.viarail.ca/en/travel-info/special-needs](http://www.viarail.ca/en/travel-info/special-needs).

## **Section 13.2.1 Additional Accompanying Programs**

### **Association Québécoise Pour les Loisirs des Personnes Handicapées (AQLPH)**

Tel: 1-833-693-2253

Website: [www.keroul.qc.ca/en/free-for-accompanying-person.html](http://www.keroul.qc.ca/en/free-for-accompanying-person.html)

The Association issues an Accompanying Leisure Card (CAL). The Card grants free admission to the companion of the person with a disability. It is valid in leisure, cultural and tourist events. The CAL is free and available to residents of Quebec from the age of five.

### **Easter Seals Canada**

Tel: 1-877-376-6362

Website: [www.access2card.ca](http://www.access2card.ca)

The Access 2 Entertainment Card entitles free admission to the companion of the person with a disability. The card costs \$20.00 for three years or \$30.00 for five year. It can be used in many theatres and other places.

## **Section 13.3 Cars/Vans / Parking**

### **Parking Permits**

If your child has a mobility impairment, a special parking permit allows you to park in spaces reserved for persons with disabilities. To obtain this permit, please contact La Société de l'assurance automobile du Québec.

Tel: 514-873-7620

Website: [www.saaq.gouv.qc.ca/en/persons-mobility-impairment/obtaining-disabled-parking-permit](http://www.saaq.gouv.qc.ca/en/persons-mobility-impairment/obtaining-disabled-parking-permit)

### **Vehicle Adaptation Program**

You may be entitled to financial assistance to help you adapt your family vehicle so that your child can get in and out safely and easily. Please contact La Société de l'assurance automobile du Québec

Tel: 1-800-525-7719

Website: [www.saaq.gouv.qc.ca/en/persons-mobility-impairment/vehicle-purchase-or-adaptation/](http://www.saaq.gouv.qc.ca/en/persons-mobility-impairment/vehicle-purchase-or-adaptation/)

### **Constance Lethbridge Rehabilitation Centre**

7005 Boulevard De Maisonneuve West, Montreal, QC H4B 1T3

Tel: 514-487-1770

Website: At the time of this posting, their Driving Evaluation and Vehicle Adaptation Program was under construction.

They have a Driving Evaluation and Vehicle Adaptation Program. The therapist will conduct a driving evaluation and identify what adaptations (there are many) the special needs driver may need.

### **Eureka Solutions**

2755, Montée St-Hubert, Longueuil, Quebec, J3Y 4H6

Tel: 1-866-562-2555 ext 242

Website: [www.eurekasolution.com/en/](http://www.eurekasolution.com/en/)

Vehicle adaptations.

***TVR Technologies inc***

595 Lanaudière, Repentigny, Quebec, J6A-7N1

Tel: 450-582-2555

Website: [www.tvrtechnologies.com/vehicules-adaptes](http://www.tvrtechnologies.com/vehicules-adaptes)

Vehicle adaptations.

**Savaria (formerly Van Action)**

4870 Rue Courval, Saint-Laurent QC, H4T 1L1

Tel: 450-681-5655

Website: [www.savaria.com/products/vans/](http://www.savaria.com/products/vans/)

Vehicle/motorcycle adaptations.