

# “ALLERGY-SAFE” LUNCHROOM PRACTICES

For daycare staff and lunch monitors



## HAND WASHING

Bring students to the washroom to wash their hands **BEFORE** eating



Advise students **NOT TO SHARE** or trade food, containers, utensils or water bottles



Advise students to **NOT TOUCH** desks and place mats of students with allergies

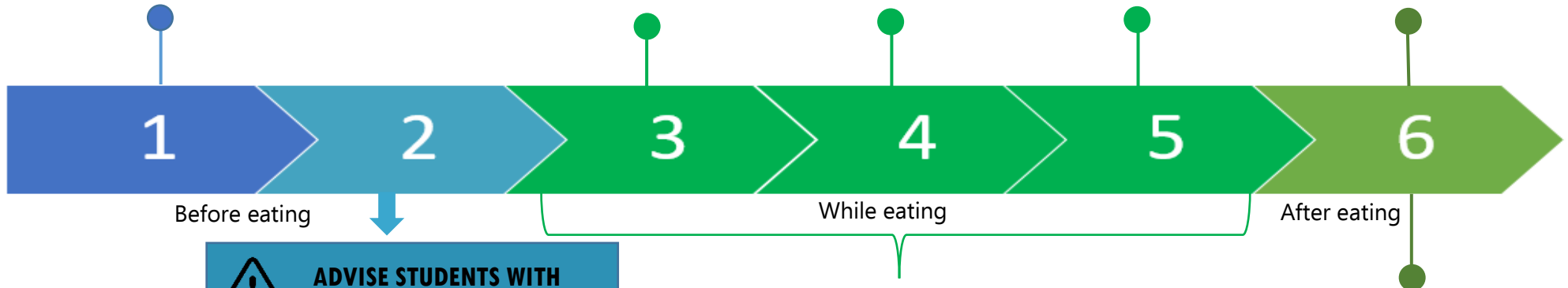


Advise students to **USE A THERMOS** for hot meals



## HAND WASHING

Bring students to the washroom to wash their hands **AFTER** eating



### ADVISE STUDENTS WITH ALLERGIES TO:

- CLEAN THE TABLE BEFORE** eating with a cleaning wipe brought from home
- Sit at **SAME PLACE TO EAT**
- Use a **PLACE MAT** brought from home (or a napkin) to set food
- NOT** use microwave ovens
- ONLY EAT** food from home (unless their parents say other foods are safe)



### ADVISE STUDENTS WITH ALLERGIES TO TELL AN ADULT IF:

- They **touch or eat** a food they are allergic to
- They **feel symptoms** of an allergy

### CLEAN THE TABLE AFTER eating

