



Standards and Procedures 2023-2024

Academic Year: 2023-2024	Subject: Physical Education
Grade Level: Secondary 4	Teacher Name: Katie Annan

Message to Parents:

Hello!

I hope you and your family are doing well. In physical education, we explore movement and motor skills through many different activities. Student participation and effort are essential to learning, and will be evaluated throughout each term. In addition, attitudes and behaviours will also be reflected in the report card. All students must come prepared to class with the appropriate clothing, footwear and water bottles. Students should be also prepared to go outside, weather permitting. Information regarding changes to upcoming classes will be available to students on **GOOGLE CLASSROOM**.

I'm looking forwards to a great year!

Katie Annan

Important Reporting Dates:

Progress Report: Before October 16

Term 1→ Parent/Teacher interview: November 23, 2023 Term 2 →Parent/Teacher interview: February 22, 2024

Term 3→ Available online by July 2024

Teacher Methods of Communication:

Formal communication will occur through term report cards and parent-teacher interviews. If you have any questions or concerns, please email me at: kannan@emsb.qc.ca





Term 1 -20% of School Grade

Important Reporting Dates:

Progress Report: Before October 16

Term 1→ Parent/Teacher interview: November 23, 2023

Competency Evaluated:

• Competency 1: to perform movement skills in different physical activity settings.

• Competency 3: To adopt a healthy and active lifestyle

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations
1. Self/Peer-Evaluation	Knowledge and understanding	Throughout the term:
2. In-class Assignments	of bones and muscles, fitness,	
3. Observation	endurance running, safe	August 28 th – November 3 rd
4. Participation	participation, and	
5. Quizzes	sportsmanship.	

Term 2 - 20% of School Grade

Important Reporting Dates:

Term 2 \rightarrow Parent/Teacher interview: February 22, 2024

Mid-Year Evaluations: N/A

Competency Evaluated:

• Competency 2: to interact with others in different physical activity settings.

• Competency 3: To adopt a healthy and active lifestyle

Evaluation	Skill(s) Evaluated	Timeline or Frequency of Evaluations
Methods/Tools		
1. Self/Peer-Evaluation	Basketball,	Throughout the term:
2. In-Class assignments	Badminton, lifestyle	
3. Observation	habits, safe	November 6 th – February 2 rd
4. Participation	participation, and	
5. Quizzes	sportsmanship	





Term 3 - 60% of School Grade

Important Reporting Dates:

Term $3\rightarrow$ Available online by July 2022

Competency Evaluated:

- Competency 1: to perform movement skills in different physical activity settings.
- Competency 2: to interact with others in different physical activity settings.
- Competency 3: To adopt a healthy and active lifestyle

Evaluation	Skill(s) Evaluated	Timeline or Frequency of Evaluations
Methods/Tools		
1.Self-Evaluation	Gymnastics,	Throughout the term:
2.Peer Evaluation	Foundational Skills	
3.Observation	development, lifestyle	February 5 th – June 20 th
4.Participation	habits, safe	
5.Quizzes	participation, and	
	sportsmanship	

Late work policy: -5%/weekday. Late assignments can be submitted in my mailbox or at the P.E. Office.