



# Standards and Procedures 2023-2024

Academic Year: 2023-2024	Subject: Physical Education
Grade Level: Secondary 1	Teacher Name: Katie Annan

## Message to Parents:

Hello!

I hope you and your family are doing well. In physical education, we explore movement and motor skills through many different activities. Student participation and effort are essential to learning, and will be evaluated throughout each term. In addition, attitudes and behaviours will also be reflected in the report card. All students must come prepared to class with the appropriate clothing, footwear and water bottles. Students should be also prepared to go outside, weather permitting. Information regarding changes to upcoming classes will be available to students on **GOOGLE CLASSROOM**.

I'm looking forwards to a great year!

Katie Annan

### Important Reporting Dates:

Progress Report: Before October 16

**Term 1** → Parent/Teacher interview: **November 23, 2023**

**Term 2** → Parent/Teacher interview: **February 22, 2024**

**Term 3** → Available online by July 2024

### Teacher Methods of Communication:

Formal communication will occur through term report cards and parent-teacher interviews. If you have any questions or concerns, please email me at: [kannan@emsb.qc.ca](mailto:kannan@emsb.qc.ca)



Term 1 -20% of School Grade		
<b>Important Reporting Dates:</b> Progress Report: Before October 16 Term 1 → Parent/Teacher interview: November 23, 2023		
<b>Competency Evaluated:</b> <ul style="list-style-type: none"> <li>• <b>Competency 1:</b> to perform movement skills in different physical activity settings.</li> <li>• <b>Competency 3:</b> To adopt a healthy and active lifestyle</li> </ul>		
Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations
1. Self/Peer-Evaluation	Knowledge and understanding of bones and muscles, fitness, endurance running, safe participation, and sportsmanship.	Throughout the term:  August 28 <sup>th</sup> – November 3 <sup>rd</sup>
2. In-class Assignments		
3. Observation		
4. Participation		
5. Quizzes		

Term 2 - 20% of School Grade		
<b>Important Reporting Dates:</b> Term 2 → Parent/Teacher interview: February 22, 2024 Mid-Year Evaluations: N/A		
<b>Competency Evaluated:</b> <ul style="list-style-type: none"> <li>• <b>Competency 2:</b> to interact with others in different physical activity settings.</li> <li>• <b>Competency 3:</b> To adopt a healthy and active lifestyle</li> </ul>		
Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations
1. Self/Peer-Evaluation	Basketball, Badminton, lifestyle habits, safe participation, and sportsmanship	Throughout the term:  November 6 <sup>th</sup> – February 2 <sup>nd</sup>
2. In-Class assignments		
3. Observation		
4. Participation		
5. Quizzes		



Term 3 - 60% of School Grade		
<b>Important Reporting Dates:</b> <b>Term 3 → Available online by July 2022</b>		
<b>Competency Evaluated:</b> <ul style="list-style-type: none"> <li>• <b>Competency 1:</b> to perform movement skills in different physical activity settings.</li> <li>• <b>Competency 2:</b> to interact with others in different physical activity settings.</li> <li>• <b>Competency 3:</b> To adopt a healthy and active lifestyle</li> </ul>		
Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations
1. Self-Evaluation	Omnikin, Foundational Skills development, lifestyle habits, safe participation, and sportsmanship	Throughout the term:  February 5 <sup>th</sup> – June 20 <sup>th</sup>
2. Peer Evaluation		
3. Observation		
4. Participation		
5. Quizzes		

**Late work policy: -5%/weekday. Late assignments can be submitted in my mailbox or at the P.E. Office.**