

## Science

### **Kitchen Garden: grow from scraps**

[Click here](#) to watch a PBS video on how to regrow vegetables from kitchen scraps.

If using Explorer, copy link.

Take pictures daily and track the evolution of the growth. See how fast you can regrow food!

## Spring Scavenger Hunt

Take a walk and use these fun scavenger hunts to explore nature. Encourage your children to talk about what they see, smell and hear while they are on a walk.

Scavenger hunts allow kids to practice problem-solving in a tangible way. They help to reinforce skills previously taught while also getting outside for fresh air. Bring a bag to put your treasures into and use the items collected to create a collage or artwork.

Click here for Scavenger Hunts: [Activity A](#), [Activity B](#)  
[Click here](#) for a Bingo Scavenger Hunt for sibling fun

### Theme of the Week:

Look out  
your window... it's Spring!

The  
possibilities for learning  
are endless when  
observing the seasons  
and exploring nature.  
Either look out your  
window or head outside  
to complete  
the activities on this page!

### Link of the week:

[Click here](#) for  
spring themed jokes!

## Communication

**Simon Says** can be a fun way to develop your child's ability to follow directions through play! Become inspired by springtime and incorporate vocabulary and language concepts that are relevant to what we see in our changing environment.

[Click here](#) for sample instructions for a **Springtime Simon Says** game. Include the whole family, take turns, and have fun! [Click here](#) for information on how getting moving can support different speech and language goals.

## Fine & Gross Motor

Drawing is a great way to be creative and develop fine and visual motor skills! Ask your child what they see when they look outside and participate in guided drawing with them. [Click here](#) for some examples and [here](#) for a website. As a fun twist, tape the page to a window/wall or complete the activities while lying on your belly.

Yoga is a great way to practice mindfulness, connect with yourself and nature and build skills such as balance and strength. [Click Here](#) for a nature inspired yoga activity.