

English
Language Arts



Read every day!

Spend time reading on your own every day.

[You can access digital books by creating a free Raz Kids account.](#)

Start a journal!

Write (or draw) your thoughts and daily actions.

This week, consider what is on the menu for tomorrow. Write a recipe for a cooking/baking adventure.

[Sample sheet](#)

Let's get cooking!

Search for a recipe.

Read through the list of ingredients and make sure that you have everything you need.

Put on your apron and chef's hat. Be sure that you ask a family member for help!

Test your family!

Have a blindfolded taste-testing challenge with a family member!

Discuss the tastes and smells. Is it sweet or salty? Is it bitter? What happens to your ability to taste if you block your nose?



Mathematics

Paper Airplanes



Watch '[How to Make 5 Easy Airplanes that Fly Far](#)'

Build each paper airplane and test them to see which flies the farthest! Measure the distances and graph the results

How Many Minutes?

Keep track of everything you do for an entire day. Calculate the amount of time (in minutes) that you:

- a) Eat in a day?
- b) Sleep in a day?
- c) Play in a day?

Let's get cooking with Math!

Use the recipe from the English Language Arts 'Let's get cooking!' activity.

How much of each ingredient will you need if you doubled the recipe?

What if you halved the recipe?

Measure Up!

Make a list of objects around your house that are:

- taller than 150 cm
- 1 m long
- 10 cm long
- as tall as you
- less than 10 mm
- as wide as your hand



Français

Sois créatif!

Parles-en ou écris un paragraphe à ce sujet.

Voici les [thèmes](#).



Joue avec les mots!

*Mots du [cycle 1](#).

*Mots du [cycle 2](#).

*Découpe les étiquettes.

*Seul ou à 2, pratique à lire et à écrire les mots.

*Dis, puis écris des phrases avec ces mots.

À l'affiche!

Regarde un film ou une émission de télévision. Si tu manques d'idées, voici un [horaire](#).

Télécharge ou imprime l'une des fiches suivantes:

*[Débutants](#)

*[Avancés](#)

Amuse-toi!

Visite les sites internet suivants:

[Boukili](#)

[Sam Amuse](#)

[Squat-Télé-Québec](#)



Other Subjects/
Other Activities

**Arts
Let's Get Creative!**

[30 Days of Art Challenge](#)

Each day, you get an opportunity to express your creativity. You can draw, sing, dance or even act.

**Try today!
Try it every day!**

**Science & Technology
Elephant toothpaste**

If an elephant used toothpaste, this is probably what it'd look like!



**Love Robotics & Coding?
Challenge yourself [HERE](#).**

**Stay active at Home
Minute to Win It!**

Set a timer for 1 minute. See how many of [each of these exercises](#) you can complete before the timer goes off! Take a 2 minute rest between each exercise.

Write down the number you complete to compare with the next time!

ERC

Let's play nice!

[Random acts of kindness](#)

Try some of these simple, free and easy ideas for random acts of kindness during the covid-19 pandemic. Some are not possible during the pandemic, but many are!!

