

Personal Care and Well Being

Conflict Resolution



It is important to talk about feelings and recognizing how we are all the same despite some differences. Help your child resolve conflicts appropriately by clicking on the visual stories from below to help guide them in making good choices and seeking help when needed.

[Steps in Conflict Resolution](#) [Problem Solving and Reflection](#)

[Let's Problem solve](#)

[What's the problem?](#)

[Solving a problem \(basic\)](#)

Home & Community Life

Making Music

Learn about interesting instruments from around the world. You and your child can explore instruments like the [Pow-Wow Drum](#), [the Cajon](#), [the Shekere](#) or even a [Dulcimer](#).



Explore many other culturally diverse musical instruments and crafts at Dariamusic.com



Recipe of the Week!!

Try a new recipe, inspired by different cultures around the world, and talk to your child about the food you are making. Talk about how it is the same and different from your own culture's traditions.

If you would like to find a more accessible recipe with visuals for each step, check out AccessibleChef.com and get inspired with one of these main dishes.



Communication

Same & Different

When you take two items, there are often things that are alike and different between these two items. Watch the following videos.

[Comparing Animals](#)

[Animal Similarities & Differences](#)

Let's find things that are alike and things that are different between these items ([Activity A](#))

Once you find how these things are alike or different, can you talk about how they are alike and how they are different? ([Activity B](#))



Reading

We have two great books to read this week ("The Skin You're In" by Michael J. Tyler and "The Colors of Us" by Karen Katz) to celebrate our cultural diversity, and talk about the concepts of same and different.



We highlight some questions and comments with our vocabulary board that you can use with your child after listening to these books. [The full activity is here.](#)

Leisure

Please note: There are two choices of the activities being offered. Please look over both and choose the level that is most appropriate for your child. Multiple competencies/life areas may be covered in each activity.