



École Primaire
East Hill
Elementary School
10350 Bd Perras, Montréal, QC H1C 2H1

November 9, 2023

Re: Cold Weather Season

Dear Parents,

As you are well aware, the cold weather season is upon us. Unfortunately, we have noticed that many students are coming to school without the necessary clothing items for the current weather and temperature conditions. Please note that unless it is unduly cold, students are sent outside to play during morning, lunch, afternoon and daycare recess.

Young children are especially susceptible to develop frost bite during this season. The areas that are most likely to be affected are the extremities: the cheeks, the nose, the chin, the hands, the feet and naturally the toes. It is important that students are dressed warmly and preferably in layers.

Here is a list of clothing that your child should wear to come to school:

- a hat
- a scarf/neck warmer
- a winter jacket
- snow pants (*when snow is on the ground*)
- snow boots (*when snow is on the ground*)
- warm mittens or gloves

Students must change into an appropriate pair of shoes once they are inside the building. We strongly recommend that your child keep a pair of shoes at school to avoid forgetting their shoes at home. Please note that should your child not have shoes to wear in school you will be asked to bring them a pair.

S. Rebelo
Principal
East Hill Elementary School

