



May 15th, 2024

Re: ACTIVE SCHOOL DAY – MAY 17, 2024

Dear Parents,

On **Friday, May 17th, 2024**, we will be hosting another Active School Day. The day will be filled with both indoor and outdoor fun filled activities. Once again, the idea behind this event is to keep encouraging our students to stay active. In addition to the activities that were organized by our physical education teachers, we have also invited *Everblast Play Company* to animate some of the stations. Students will also participate to nutrition workshops where they will be taught and practice how to make their own smoothies!

LUNCH

Students will be treated to a free healthy lunch. The lunch includes a chicken wrap with raw vegetables. **All students must still bring their own snacks and beverages.** Please note that our lunch caterer, Merenda, has already canceled and credited all the hot meals that were ordered for that day. If you do not wish for your child to have the chicken wrap, you may provide a lunch to your child.

DRESS CODE

It will be a non-color code day (dress down). Therefore, we ask that all students dress appropriately for a physical activity day. They must also wear running shoes for their safety while participating to the indoor and outdoor activities.

We are looking forward to a fun filled day!

Kind regards,

East Hill Administration

