



East Hill

DRESS CODE REGULATIONS 2022-23

Our school strives to instill in our students a sense of belonging and identity. A dress code is also conducive to good behavior and fosters a positive educational experience that promotes success. In view of this, we ask for parents' full cooperation in ensuring students adhere to the school's dress code.

East Hill School has a color dress code, all students are expected to come to school appropriately dressed and well groomed. This helps emphasize the serious nature of attending school.

Students may wear the following articles of clothing:

- **BLUE BOTTOMS:** Plain pants (no jeans), bermudas, leggings, tunic, skirt (no shorter than knee length),
- **WHITE TOPS:** Plain solid polo with no logos.
- **SWEATERS:** Plain solid blue sweater or cardigan (no hoodies), with no logos.
- **SHOES:** Students must wear comfortable shoes with rubber soles that do not make streaks on the floor, such as running shoes, that are safe and appropriate for a school setting.
- **BOOTS:** In the winter months, students are required to wear winter boots. They must have shoes to change into. Boots are not permitted in the classroom.

THE FOLLOWING ITEMS ARE NOT PERMITTED:

- Nylon tights (used as pants), spandex shorts or pants.
- Tops with pictures, slogans and messages.
- Clothing that reveals midriff or sleeveless tops.
- High heels, platforms, running shoes with wheels, lights or that make sounds, strapless and flip-flop sandals.

THE FOLLOWING ITEMS ARE DISCOURAGED:

- Jewelry should not be worn as it can represent a hazard and can be lost or damaged. Please note that the school cannot search for lost items.
- Students are encouraged not to wear makeup or nail polish to school. Nails are to be kept short. Fake nails are not permitted.

THE FOLLOWING IS STRONGLY RECOMMENDED:

- For hygienic purposes, it is recommended that students with long hair keep it tied while in school.

At times, students are permitted to deviate from the school's color code (dress down days). Nonetheless, on these days, students must still observe the restrictions mentioned above and dress appropriately for a school environment.

PHYSICAL EDUCATION CLASS POLICIES & PROCEDURES:

It is the student's and parent's responsibility to be aware of when Physical Education class is scheduled. Students must dress appropriately for Physical Education class.

Pre- K, Kindergarten: do not need to change for their phys. ed. classes. Parents must ensure that their child is wearing color code clothing items (as specified above) appropriate for physical education class.

Levels 1-6: Plain navy-blue bottom (jogging pants or shorts) and an all-white t-shirt. Please note that as with the regular school bottoms, no lines or logos are permitted.

Footwear: Students must wear an athletic/sport running shoe (no sneakers).

Outdoor Activities: At times, weather permitting, physical education teachers may bring their classes outdoors. In those instances, students must wear the appropriate outerwear (boots, snow pants, hats, scarves and gloves).

All physical education items must be kept in a cloth bag identified with your child's full name.

Students must also adhere to the following:

- Shoelaces must be tied.
- Long hair must be tied.
- Wear protective equipment if deemed necessary by the teacher.
- Walk when entering and exiting the gym.
- Behave appropriately when changing before and after gym class.

Students must change into their school clothes at the end of their Physical Education class. Jewelry including necklaces, rings, bracelets, watches, and earrings **must not be worn** on days when Physical Education is scheduled.