

NOTE: A person who had COVID-19 after December 20, 2021 is immune for 60 days. The person can return to school when his health condition permits.

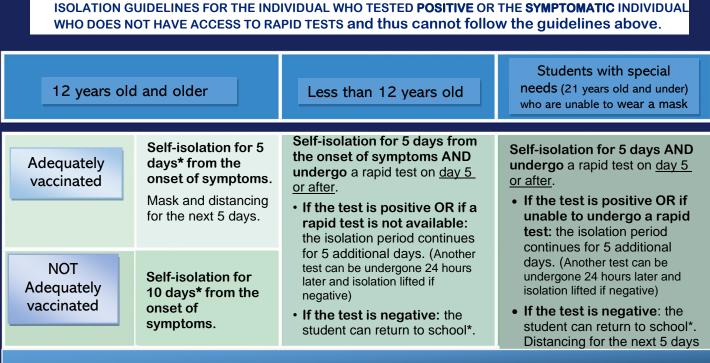
SUMMARY OF GUIDELINES FOR INDIVIDUAL SHOWING COVID-19 **SYMPTOMS** OR WHO HAVE TESTED **POSITIVE** FOR COVID-19

An individual who develops COVID-19 symptoms must:

- Self-isolate for a minimum of 24 hours;
- Immediately undergo a **rapid test**, if available;
- If the first rapid test is negative, take a **2nd rapid test** 24 hours later.

The individual may return to school/work IF the 2nd rapid test is negative AND symptoms have regressed AND at least 24 hours have passed without a fever.

School personnel is given priority for PCR testing in screening centres. Refer to *Testing and Isolation Guidelines for Personnel*



*Isolation can be lifted IF symptoms have regressed AND at least 24 hours have passed without a fever.

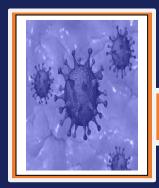
For more details on isolation of positive or symptomatic cases, please visit: https://www.quebec.ca/sante/problemes-de-sante/a-z/coronavirus-2019/consignes-isolement-personne-atteinte-covid-19

For isolation of travelers, please visit: https://travel.gc.ca/travel-covid



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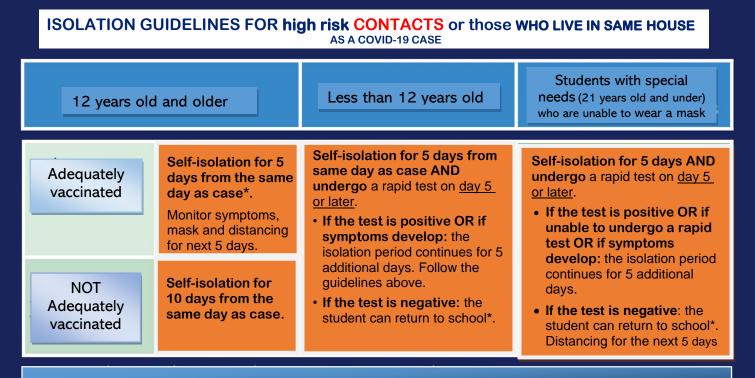
SUMMARY OF GUIDELINES FOR HIGH RISK or **HOUSEHOLD CONTACTS** OF COVID-19 CASES

If a household contact develops COVID-19 symptoms, he must:

- Undergo a rapid test (or PCR if eligible*), if available;
- Continue to self-isolate
- If the first rapid test is negative, take a **2nd rapid test** 24 hours later.

The individual may return to school IF the (2nd rapid) test is negative AND his isolation period (below) is over AND symptoms have regressed AND at least 24 hours have passed without a fever.

***School personnel** is given priority for PCR testing in screening centres. Refer to *Testing and Isolation Guidelines for Personnel*



*If individual remains asymptomatic.

For more information on testing for COVID-19, please visit: https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/testing-for-covid-19

For more information on isolation of contacts, please visit: https://www.quebec.ca/sante/problemes-de-sante/az/coronavirus-2019/consignes-isolement-personne-en-contact-covid-19



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