



## ELEMENTARY SEXUALITY EDUCATION PLAN 2023-2024

SCHOOL: CORONATION

### PRESCHOOL 4 & 5

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTIO N	IDENTITY, GENDER STEREOTYPES AND ROLES, AND SOCIAL NORMS
PRESCHOOL (optional)		<p>WHO: <i>Please check the one that applies</i></p> <p><input checked="" type="radio"/> Teacher <input checked="" type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: January/February</p> <p>DURATION: 2.5 hours</p> <p>SUBJECT AREA: ELA/French teacher *Identify parts of the body/expressing needs and feelings by using frameworks of MEQ</p>		<p>WHO: <i>Please check the one that applies</i></p> <p><input type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN:</p> <p>DURATION:</p> <p>SUBJECT AREA:</p>		



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CYCLE 1 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 1	WHO: Please check all that apply  <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: Term 2  DURATION: 3 hours  SUBJECT AREA: <b>Mind:</b> Knowledge and questions about sexuality <b>Heart:</b> Emotions, feelings and expression <b>Body:</b> growth, needs, 5 senses & hygiene			WHO: Please check all that apply  <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: Term 2  DURATION: 1 hour  SUBJECT AREA: ERC -Reporting an incident -Self-defense	WHO: Please check all that apply  <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: Term 2  DURATION: 1 hour  SUBJECT AREA: ELA -Respect for individual differences -Individual choices: activities, preferences, interests -Gender roles associated with boys and girls	



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CYCLE 1 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTI ON	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS



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GRADE 2		<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA: ELA/ERC          -using correct terms for parts of body          -Bodily needs: hygiene, food, physical activity, sleep</p>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA: ERC          -Range of feelings toward people of your life          -positive feelings: love, trust, respect, loyalty          -negative feelings: jealousy, sadness, disappointment</p>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: ERC          Understand phenomenon of birth</p>	
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### CYCLE 2 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
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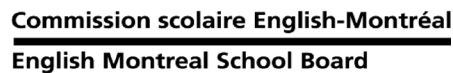
## ELEMENTARY SEXUALITY EDUCATION PLAN 2023-2024

<b>GRADE 3</b>	WHO: Please check all that apply		WHO: Please check all that apply	WHO: Please check all that apply
	<input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization		<input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <input checked="" type="radio"/> SHINE	<input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization
	WHEN: Term 2		WHEN: Term 2	WHEN: Term 2
	DURATION: 1.5 hours		DURATION: 1.5 hours	DURATION: 2 hours
	SUBJECT AREA: Aspects of sexuality (body, heart, mind and messages conveyed by social media)		SUBJECT AREA: ERC -definition of sexual assault	SUBJECT AREA: ELA/ERC Stereotypes about boys and girls













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### CYCLE 2 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE		WHO: Please check all that apply	WHO: Please check all that apply			WHO: Please check all that apply



# ELEMENTARY SEXUALITY EDUCATION PLAN 2023-2024

4	 Teacher  Board Professional  Health Care Professional  Approved organization	 Teacher  Board Professional  Health Care Professional  Approved organization	 Teacher  Board Professional  Health Care Professional  Approved organization
	WHEN: Term 2	WHEN: Term 2	WHEN: Term 2
	DURATION: 1.5 hours	DURATION: 2 hours	DURATION: 1.5 hours
	SUBJECT AREA: ERC -Main changes associated with puberty -Feelings about growing up	SUBJECT AREA: ERC -Definitions and perceptions of friendship and love -Characteristics of a friend and importance of friendships Acceptance of diversity	SUBJECT AREA:ERC -Positive attitudes associated with each gender -Peer relationships and the social environment

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CYCLE 3 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS



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GRADE 5		WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization  WHEN: Term 2  DURATION: 2.5 hours  SUBJECT AREA: ECR -Role of hormones -5 stages of physical puberty -Needs of changing body: hygiene, food, sleep, physical activity -Psychological changes: need for independence, intimacy, moodiness, exploration of values and norms -feelings about puberty		WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization (SHINE)  WHEN: Term 2  DURATION: 2.5 hours  SUBJECT AREA: ECR -Real world situations involving someone you know -Virtual world situations -Self-protection/self-defense -Seeking solutions, asking for help, protecting a friend by reporting to an adult in the real or virtual world	

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### CYCLE 3 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE	WHO: Please check all that apply	WHO: Please check all that apply	WHO: Please check all that apply			WHO: Please check all that apply



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6	<p> <input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization         </p> <p>WHEN: Term 3</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: ELA</p> <p>-Biological dimension: liking and feeling good about your body, understanding how the bodies of girls and boys change</p> <p>-sociocultural &amp; interpersonal dimensions: rules for living together in society, need for relationships</p>	<p> <input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input checked="" type="radio"/> Health Care Professional  <input type="radio"/> Approved organization         </p> <p>WHEN: Term 2</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: ECR</p> <p>-Understanding changes that will take place with puberty</p> <p>-Individual variations in puberty</p> <p>Individual differences in body type</p> <p>-Genetics, heredity, diet, environment, lifestyle</p>	<p> <input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization         </p> <p>WHEN: Term 3</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: ELA</p> <p>-Puberty: influence of hormones</p> <p>-physiological manifestations</p> <p>-romantic awakening- attraction, changes in interpersonal relationships</p>		<p> <input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization         </p> <p>WHEN: Term 2</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA: ERC</p> <p>Understanding how discrimination based on gender identity, gender expression and sexual orientation can affect people</p> <p>-respecting sexual diversity and differences</p>
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