

The Preschool Cycle Program covers five areas of development which are of equal importance and which must be dealt with in synergy.

Areas of development and competencies	Focuses of development	Key features
Physical and Motor Development Increases physical and motor development	Motor skills	<ul style="list-style-type: none"> › Explores sensory perceptions › Develops body awareness › Uses gross motor skills › Uses fine motor skills › Explores the concept of space › Explores the concept of time › Discovers lateral dominance › Explores different ways of moving
	Healthy lifestyle habits	<ul style="list-style-type: none"> › Explores the world of food › Explores different ways of relaxing › Adopts practices associated with good personal hygiene › Learns about safety
Emotional Development Builds self-awareness	Self-knowledge	<ul style="list-style-type: none"> › Recognizes own needs › Recognizes own characteristics › Expresses own emotions › Regulates own emotions
	Self-confidence	<ul style="list-style-type: none"> › Explores own autonomy › Responds with confidence
Social Development Maintains harmonious relationships with others	Sense of belonging	<ul style="list-style-type: none"> › Shows openness to others › Participates in group activities › Collaborates with others
	Social skills	<ul style="list-style-type: none"> › Gradually complies with rules of conduct › Creates connections with others › Regulates own behaviour › Resolves conflicts
Language Development Communicates using oral and written language	Oral language	<ul style="list-style-type: none"> › Interacts verbally and non-verbally › Demonstrates understanding › Expands own vocabulary › Explores different kinds of statements › Develops phonological awareness
	Written language	<ul style="list-style-type: none"> › Interacts with written language › Recognizes some reading and writing conventions › Discovers some functions of writing › Knows the letters of the alphabet¹
Cognitive Development Discovers the world around them	Thinking skills	<ul style="list-style-type: none"> › Acquires new knowledge relating to the subject areas (mathematics, arts education, social sciences, science and technology) › Uses reasoning skills › Uses imagination
	Strategies	<ul style="list-style-type: none"> › Takes action › Explores different actions › Explains the actions taken

1. End-of-preschool outcome: The child knows know the names and sounds of most of the letters of the alphabet (upper and lower case).