



ELEMENTARY SEXUALITY EDUCATION PLAN 2023-2024



École Edinborough School

PRESCHOOL 4 & 5

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, GENDER STEREOTYPES AND ROLES, AND SOCIAL NORMS
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PRESCHOOL (optional)		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: throughout the year</p> <p>DURATION 5-10 hours</p> <p>SUBJECT AREA: Classroom teacher</p> <ul style="list-style-type: none"> • <i>Parts of the body</i> • <i>Expressing needs and feelings</i> 	
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**Please note that blackened areas are themes not covered in that grade*



ELEMENTARY SEXUALITY EDUCATION PLAN 2023-2024

CYCLE 1 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 1	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>Mind: Knowledge and questions about sexuality</i> • <i>Heart: Emotions, feelings and expression</i> • <i>Body: growth, needs, 5 senses & hygiene</i> 				<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>How to recognize a situation and protect yourself</i> • <i>Reporting an incident</i> 	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>Respect for individual differences</i> • <i>Individual choices: activities, preferences, interests</i> • <i>Gender roles associated with girls and boys</i>

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GRADE 2		<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: Phys Ed & Santé</p> <ul style="list-style-type: none"> • <i>Knowing your body and using correct terms for the parts of the body</i> • <i>Bodily needs: Hygiene, food, physical activity, sleep, etc.</i> 	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input checked="" type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC & Spiritual Animator</p> <ul style="list-style-type: none"> • <i>Range of feelings toward the people in your life</i> • <i>Positive feelings: Love, trust, respect, loyalty, etc.</i> • <i>Negative feelings: jealousy, disappointment, sadness, etc.</i> 	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: Term 3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC & Science</p> <p><i>Understand the phenomenon of birth</i></p>		

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CYCLE 2 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 3	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input checked="" type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC & Spiritual Animator</p> <ul style="list-style-type: none"> • <i>Body, heart, mind and messaged conveyed by the social environment</i> 			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: Term 3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>How to recognize a situation and protect yourself</i> • <i>Reporting an incident</i> 	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>Stereotypes conveyed about girls and boys</i> • <i>Establishing egalitarian relationships</i> 	

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THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 4		<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: Phys Ed & Santé</p> <ul style="list-style-type: none"> • <i>Main changes associated with puberty</i> • <i>Feelings about growing up:</i> <ul style="list-style-type: none"> ○ <i>Positive: Pride, excitement independence</i> ○ <i>Negative: unease, embarrassment</i> 	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>Definition & perceptions of friendship and love</i> • <i>Characteristics of a friend and importance of friendships</i> • <i>Acceptance of diversity, concern for others, empathy, commitment, respect, dealing with conflicts</i> 			<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC/ELA</p> <ul style="list-style-type: none"> • <i>Establishing egalitarian relationships</i> • <i>Peer relationships and the social environment</i>

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CYCLE 3 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 5		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 2-3 hours</p> <p>SUBJECT AREA: Science, Phys Ed & Santé</p> <ul style="list-style-type: none"> • <i>Physical and psychological changes associated with puberty</i> • <i>Role of puberty in growth</i> 			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: Term 3</p> <p>DURATION: 2-3 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>Recognizing real world and virtual world situations</i> • <i>Self-protection /self-defense</i> • <i>Seeking solutions, asking for help, protecting a friend by reporting to an adult</i> 	

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GRADE 6	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: Phys Ed & Santé</p> <p><i>Dimensions of sexuality</i></p> <ul style="list-style-type: none"> • <i>Biological: puberty, ability to reproduce</i> • <i>Psychoaffective: feelings and emotions, body image, need for independence</i> • <i>Socio-cultural: norms, expectations, stereotypes</i> • <i>Interpersonal: relationships, communication</i> • <i>Moral: values, beliefs, choices</i> 	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input checked="" type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: Science</p> <ul style="list-style-type: none"> • <i>Understanding the changes associated with puberty</i> • <i>Body image</i> 	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC</p> <ul style="list-style-type: none"> • <i>Physiological manifestations of puberty</i> • <i>Romantic awakening-attraction, changes in interpersonal relationships</i> 			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2-3</p> <p>DURATION: 1-2 hours</p> <p>SUBJECT AREA: ERC/ELA</p> <ul style="list-style-type: none"> • <i>Understanding how discrimination based on gender identity, gender expression and sexual orientation can affect people</i> • <i>Respecting sexual diversity and differences</i>

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