



## ELEMENTARY SEXUALITY EDUCATION PLAN 2022-2023



### École Edinburgh School

#### PRESCHOOL 4 & 5

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, GENDER STEREOTYPES AND ROLES, AND SOCIAL NORMS
PRESCHOOL (optional)		<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>throughout the year</b></p> <p>DURATION <b>5-10 hours</b></p> <p>SUBJECT AREA: <b>Classroom teacher</b></p> <ul style="list-style-type: none"> <li><i>Parts of the body</i></li> <li><i>Expressing needs and feelings</i></li> </ul>				

*\*Please note that blackened areas are themes not covered in that grade*



## ELEMENTARY SEXUALITY EDUCATION PLAN 2022-2023

CYCLE 1 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<b>GRADE 1</b>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li><i>Mind: Knowledge and questions about sexuality</i></li> <li><i>Heart: Emotions, feelings and expression</i></li> <li><i>Body: growth, needs, 5 senses &amp; hygiene</i></li> </ul>				<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input checked="" type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li><i>How to recognize a situation and protect yourself</i></li> <li><i>Reporting an incident</i></li> </ul>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher  <input type="radio"/> Board Professional  <input type="radio"/> Health Care Professional  <input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li><i>Respect for individual differences</i></li> <li><i>Individual choices: activities, preferences, interests</i></li> <li><i>Gender roles associated with girls and boys</i></li> </ul>

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THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 2		<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>Phys Ed &amp; Santé</b></p> <ul style="list-style-type: none"> <li><i>Knowing your body and using correct terms for the parts of the body</i></li> <li><i>Bodily needs: Hygiene, food, physical activity, sleep, etc.</i></li> </ul>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input checked="" type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC &amp; Spiritual Animator</b></p> <ul style="list-style-type: none"> <li><i>Range of feelings toward the people in your life</i></li> <li><i>Positive feelings: Love, trust, respect, loyalty, etc.</i></li> <li><i>Negative feelings: jealousy, disappointment, sadness, etc.</i></li> </ul>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC &amp; Science</b></p> <p><i>Understand the phenomenon of birth</i></p>		

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CYCLE 2 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<b>GRADE 3</b>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input checked="" type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC &amp; Spiritual Animator</b></p> <ul style="list-style-type: none"> <li>Body, heart, mind and messaged conveyed by the social environment</li> </ul>				<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input checked="" type="radio"/> Approved organization</p> <p>WHEN: <b>Term 3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li>How to recognize a situation and protect yourself</li> <li>Reporting an incident</li> </ul>	<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li>Stereotypes conveyed about girls and boys</li> <li>Establishing egalitarian relationships</li> </ul>

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CYCLE 2 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 4		<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>Phys Ed &amp; Santé</b></p> <ul style="list-style-type: none"> <li>• Main changes associated with puberty</li> <li>• Feelings about growing up: <ul style="list-style-type: none"> <li>○ Positive: Pride, excitement independence</li> <li>○ Negative: unease, embarrassment</li> </ul> </li> </ul>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li>• Definition &amp; perceptions of friendship and love</li> <li>• Characteristics of a friend and importance of friendships</li> <li>• Acceptance of diversity, concern for others, empathy, commitment, respect, dealing with conflicts</li> </ul>			<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC/ELA</b></p> <ul style="list-style-type: none"> <li>• Establishing egalitarian relationships</li> <li>• Peer relationships and the social environment</li> </ul>

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CYCLE 3 ELEMENTARY						
THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 5		<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2</b></p> <p>DURATION: <b>2-3 hours</b></p> <p>SUBJECT AREA: <b>Science, Phys Ed &amp; Santé</b></p> <ul style="list-style-type: none"> <li><i>Physical and psychological changes associated with puberty</i></li> <li><i>Role of puberty in growth</i></li> </ul>			<p>WHO: <i>Please check all that apply</i></p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 3</b></p> <p>DURATION: <b>2-3 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li><i>Recognizing real world and virtual world situations</i></li> <li><i>Self-protection /self-defense</i></li> <li><i>Seeking solutions, asking for help, protecting a friend by reporting to an adult</i></li> </ul>	

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### CYCLE 3 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<b>GRADE 6</b>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>Phys Ed &amp; Santé</b></p> <p><i>Dimensions of sexuality</i></p> <ul style="list-style-type: none"> <li>• Biological: puberty, ability to reproduce</li> <li>• Psychoaffective: feelings and emotions, body image, need for independence</li> <li>• Socio-cultural: norms, expectations, stereotypes</li> <li>• Interpersonal: relationships, communication</li> <li>• Moral: values, beliefs, choices</li> </ul>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input checked="" type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>Science</b></p> <ul style="list-style-type: none"> <li>• Understanding the changes associated with puberty</li> <li>• Body image</li> </ul>	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC</b></p> <ul style="list-style-type: none"> <li>• Physiological manifestations of puberty</li> <li>• Romantic awakening-attraction, changes in interpersonal relationships</li> </ul>			<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher</p> <p><input type="radio"/> Board Professional</p> <p><input type="radio"/> Health Care Professional</p> <p><input type="radio"/> Approved organization</p> <p>WHEN: <b>Term 2-3</b></p> <p>DURATION: <b>1-2 hours</b></p> <p>SUBJECT AREA: <b>ERC/ELA</b></p> <ul style="list-style-type: none"> <li>• Understanding how discrimination based on gender identity, gender expression and sexual orientation can affect people</li> <li>• Respecting sexual diversity and differences</li> </ul>

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## GOVERNING BOARD RESOLUTION

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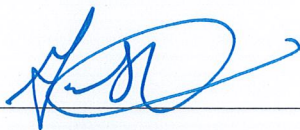
### EDINBURGH SEXUALITY EDUCATION PLAN 2022-2023

WHEREAS section 85 of the Education Act states that the curriculum plan for the compulsory content in Sexuality Education must be approved by the school's governing board;

WEREAS the principal, together with a committee of school staff and professionals from the health and social services system, have made recommendations for the implementation of the Sexuality Education Program and the information for the implementation of the Sexuality Education plan.

IT WAS MOVED BY Steve Muoro AND RESOLVED THAT the 2022-2023 Sexuality Education Curriculum Plan be approved, as presented, by the Governing Board and that it be communicated to all parents on the school website.

Signature : \_\_\_\_\_



Principal

Date: 12.13.2022

Signature : \_\_\_\_\_



Governing Board Chair

Date: 12.13.2022