






 HOT VEGGIE BAR THE HOT VEGGIE BAR WILL CONSIST OF A VARIETY OF THE FOLLOWING ITEMS	BREAKFAST SPECIAL BAVARIAN BREAKFAST	BREAKFAST SPECIAL PANCAKE TUESDAYS	BREAKFAST SPECIAL Eggs Benedict	BREAKFAST SPECIAL Steak and Eggs	BREAKFAST SPECIAL Green Eggs & Ham	
	SOUPS OF THE DAY MINISTRONI CREAM OF BROCCOLI VEGETABLE CHILI	SOUPS OF THE DAY CHICKEN NOODLE CREAM OF MUSHROOM TOMATO SOUP	SOUPS OF THE DAY LENTIL SOUP CREAM OF CAULIFLOWER BEEF CHILI	SOUPS OF THE DAY MULLIGATAWANY GARDEN VEGETABLE BUTTERNUT SQUASH	SOUPS OF THE DAY CHEF'S SPECIAL	
	MEATLESS MONDAY MALAI KOFTA TOFU TIKKA VEGETABLE RICE PILAF	MEATLOAF MASHED POTATOES STEAMED VEGETABLES	KICKING KUNG PAO CHICKEN STIR FRIED VEGETABLES STEAMED RICE	INDIAN FEATURE TANDOORI CHICKEN VEGETABLE RICE PILAF VEGETABLE JALFRAZIE & NAAN	SPAGHETTI & MEATBALLS GREEN SALAD & GARLIC BREAD	
	PROTIENS: DAL FRY, MALAI KOFTA, SWEET & SOUR MEATLESS MEATBALLS, THAI RED TOFU CURRY, MUTTER PANEER, LENTIL STUFFED PEPPERS, PANEER TIKKA MASALA, CHANNA MASALA, CURRIED TOFU, RAJMA CURRY (RED KIDNEY BEANS), LENTIL HOT POT VEGETABLES: VEGGIE KHEEMA MASALA, ALOO GOBI, VEGETABLE MANCHURIAN, VEGETABLE KORMA, KADHI PAKORA, VEGETABLE JALFRAZIE, CAULIFLOWER AU GRATIN, BEET & COCONUT CURRY, CURRIED VEGETABLES, EGGPLANT PARMAGIANO, RATATOUILLE, VEGETARIAN HOT POT, ROASTED PARMASEN ZUCCHINI, ZUCCHINI PIE CARBS: JEERA ALOO, VEGETABLE BIRYANI, VEGETARIAN PAELLA, CHICKPEA BIRYANI, ALOO DUM, VEGETARIAN SHEPHERD'S PIE, COCONUT RICE, ACHARI POTAOS, HARVEST WILD RICE SKILLET					
 SMOOTHIE SMOOTHIE BERRY	SMOOTHIE SMOOTHIE GREEN	SMOOTHIE SMOOTHIE BERRY	SMOOTHIE SMOOTHIE GREEN	SMOOTHIE SMOOTHIE BERRY		
 Artisan Deli & Smoothie Bar ROASTED VEGETABLE FEATURE	Artisan Deli & Smoothie Bar BUFFALO CHICKEN FEATURE	Artisan Deli & Smoothie Bar EGG SALAD FEATURE	Artisan Deli & Smoothie Bar CHICKEN SALAD FEATURE	Artisan Deli & Smoothie Bar TUNA SALAD FEATURE		
 MEATLESS MONDAY Meatless Meatballs in curry sauce / Spicy Coconut Eggplant / Chop suey / Sweet & Sour Tofu	Indian Delight Butter Chicken Beef Masala Chickpea curry Carrot Achar and Naan Bread	Chinese Honey Garlic Chicken Black Bean Beef Tofu with oyster sauce	Roast Beef Dinner Mashed Potatoes Stir-fried Vegetables Roasted Yams	Asian Delight Steamed Fish Thai Chicken		

WEEK 2 2016/2017

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	SOUPS OF THE DAY CORN CHOWDER CREAM OF MUSHROOM TOMATO NOODLE	SOUPS OF THE DAY CHICKEN VEGETABLE THREE BEAN SOUP MISO	SOUPS OF THE DAY ZUCCHINI SOUP BEEF BARLEY HOMESTYLE BACON AND POTATO	SOUPS OF THE DAY CREAM OF CAULIFLOWER SPLIT PEA & HAM GINGER CARROT SOUP	SOUPS OF THE DAY CHEF'S SPECIAL	
	MEATLESS MONDAY VEGETARIAN LASAGNA CAESAR SALAD GARLIC BREAD	CHICKEN PARMAGGINA STEAMED NOODLES GARDEN SALAD	MEXICAN FIESTA BEEF STARITO TATOR TOTS GREEN SALAD	INDIAN BUTTER CHICKEN ALOO GOBHI Rice Pilaf & Naan	CHEESE CHICKEN STUFFED PEPPER GARLIC BREAD GARDEN SALAD	
	PROTIENS: DAL FRY, MALAI KOFTA, SWEET & SOUR MEATLESS MEATBALLS, THAI RED TOFU CURRY, MUTTER PANEER, LENTIL STUFFED PEPPERS, PANEER TIKKA MASALA, CHANNA MASALA, CURRIED TOFU, RAJMA CURRY (RED KIDNEY BEANS), LENTIL HOT POT VEGETABLES: VEGGIE KHEEMA MASALA, ALOO GOBI, VEGETABLE MANCHURIAN, VEGETABLE KORMA, KADHI PAKORA, VEGETABLE JALFRAZIE, CAULIFLOWER AU GRATIN, BEET & COCONUT CURRY, CURRIED VEGETABLES, EGGPLANT PARMAGIANO, RATATOUILLE, VEGETARIAN HOT POT, ROASTED PARMASEN ZUCCHINI, ZUCCHINI PIE CARBS: JEERA ALOO, VEGETABLE BIRYANI, VEGETARIAN PAELLA, CHICKPEA BIRYANI, ALOO DUM, VEGETARIAN SHEPHERD'S PIE, COCONUT RICE, ACHARI POTAOS, HARVEST WILD RICE SKILLET					

 	SMOOTHIE	SMOOTHIE	BERRY	SMOOTHIE	SMOOTHIE	GREEN	SMOOTHIE	SMOOTHIE	BERRY	SMOOTHIE	SMOOTHIE	GREEN	SMOOTHIE	SMOOTHIE	BERRY
	Artisan Deli & Smoothie Bar ROASTED VEGETABLE FEATURE			Artisan Deli & Smoothie Bar BUFFALO CHICKEN FEATURE			Artisan Deli & Smoothie Bar EGG SALAD FEATURE			Artisan Deli & Smoothie Bar CHICKEN SALAD FEATURE			Artisan Deli & Smoothie Bar TUNA SALAD FEATURE		
	MEATLESS MONDAY Meatless Meatballs with Mushrooms / Tofu with Devil's Ear/ Chop suey/ Butternut Squash Curry			Asian Delight Beef with Shanghai Noodles Teriyaki Chicken Sweet Chili Tofu			BAJA WRAP CHICKEN, BEEF OR TOFU BAJA WRAP			Roast Pork Dinner Mashed Potatoes Stir-fried Vegetables Roasted Yams Mushroom Sauce			BBQ Pulled Pork French Fries Salad		

WEEK 3 2016/2017


	BREAKFAST SPECIAL BAVARIAN BREAKFAST	BREAKFAST SPECIAL PANCAKE TUESDAYS	BREAKFAST SPECIAL Eggs Benedict	BREAKFAST SPECIAL Steak and Eggs	BREAKFAST SPECIAL Green Eggs & Ham
	SOUPS OF THE DAY VEGETABLE NOODLE CREAM OF POTATO MISO	SOUPS OF THE DAY CHICKEN GUMBO POTATO AND LEEK BEEF CHILI	SOUPS OF THE DAY MULLIGATAWNY BEEF & RICE MISO	SOUPS OF THE DAY BEEF NOODLE GARDEN VEGETABLE SEAFOOD CHOWDER	SOUPS OF THE DAY CHEF'S SPECIAL
	MEATLESS MONDAY LENTIL BIRYANI CURRIED CHICKPEAS VEGETABLE CURRY	CLASSIC BEEF STEW RICE PILAF STEAMED VEGETABLES	CHICKEN CACCAITORE STEAMED VEGETABLES STEAMED RICE	INDIAN BEEF RAZALLA OR SALMON MASALA VEGETABLE MAKHNI Rice Pilaf & Naan	CHICKEN COQ AU VIN MASHED POTATOES SAUTEED VEGETABLES
	PROTEINS: DAL FRY, MALAI KOFTA, SWEET & SOUR MEATLESS MEATBALLS, THAI RED TOFU CURRY, MUTTER PANEER, LENTIL STUFFED PEPPERS, PANEER TIKKA MASALA, CHANNA MASALA, CURRIED TOFU, RAJMA CURRY (RED KIDNEY BEANS), LENTIL HOT POT VEGETABLES: VEGGIE KHEEMA MASALA, ALOO GOBI, VEGETABLE MANCHURIAN, VEGETABLE KORMA, KADHI PAKORA, VEGETABLE JALFRAZIE, CAULIFLOWER AU GRATIN, BEET & COCONUT CURRY, CURRIED VEGETABLES, EGGPLANT PARMAGIANO, RATATOUILLE, VEGETARIAN HOT POT, ROASTED PARMASEN ZUCCHINI, ZUCCHINI PIE CARBS: JEERA ALOO, VEGETABLE BIRYANI, VEGETARIAN PAELLA, CHICKPEA BIRYANI, ALOO DUM, VEGETARIAN SHEPHERD'S PIE, COCONUT RICE, ACHARI POTAOES, HARVEST WILD RICE SKILLET				





HOT VEGGIE BAR THE HOT VEGGIE BAR WILL CONSIST OF A VARIETY OF THE FOLLOWING ITEMS




SMOOTHIE	SMOOTHIE	BERRY	SMOOTHIE	SMOOTHIE	GREEN	SMOOTHIE	SMOOTHIE	BERRY	SMOOTHIE	SMOOTHIE	GREEN	SMOOTHIE	SMOOTHIE	BERRY
Artisan Deli & Smoothie Bar ROASTED VEGETABLE FEATURE			Artisan Deli & Smoothie Bar BUFFALO CHICKEN FEATURE			Artisan Deli & Smoothie Bar EGG SALAD FEATURE			Artisan Deli & Smoothie Bar CHICKEN SALAD FEATURE			Artisan Deli & Smoothie Bar TUNA SALAD FEATURE		
MEATLESS MONDAY BBQ Meatless Meatballs Tofu in Chipotle Sauce Eggplant, Zucchini & Spinach Curry			Indian Delight Tandoori Salmon Beef Masala Chickpea Curry Naan Bread & Carrot Achar			Asian Five Spice Beef Sweet & Sour Chicken Szechwan Tofu			Roast Beef Dinner Mashed Potatoes Stir-fried Vegetables Roasted Yams			International Santa Fe Chicken Pork Adobo		

WEEK 4 2016/2017

	BREAKFAST SPECIAL BAVARIAN BREAKFAST	BREAKFAST SPECIAL PANCAKE TUESDAYS	BREAKFAST SPECIAL Eggs Benedict	BREAKFAST SPECIAL Steak and Eggs	BREAKFAST SPECIAL Green Eggs & Ham
	SOUPS OF THE DAY HEARTY VEGETABLE CREAM OF BROCCOLI VEGETABLE CHILI	SOUPS OF THE DAY CHICKEN NOODLE CREAM OF MUSHROOM TOMATO SOUP	SOUPS OF THE DAY LENTIL SOUP CREAM OF CAULIFLOWER BEEF CHILI	SOUPS OF THE DAY MULLIGATAWANY GARDEN VEGETABLE MISO	SOUPS OF THE DAY CHEF'S SPECIAL

	MEATLESS MONDAY VEGETARIAN STUFFED PEPPERS GARDEN SALAD GARLIC BREAD	Mexican Baked Chicken Mexi Rice Mexi Beans	THAI RED CHICKEN CURRY COCONUT RICE EGGPLANT CURRY	INDIAN CHICKEN KU DO KOO MATTAR PANEER Rice Pilaf & Naan	Italian BEEF LASAGNA CAESAR SALAD GARLIC BREAD
HOT VEGGIE BAR THE HOT VEGGIE BAR WILL CONSIST OF A VARIETY OF THE FOLLOWING ITEMS	PROTEINS: DAL FRY, MALAI KOFTA, SWEET & SOUR MEATLESS MEATBALLS, THAI RED TOFU CURRY, MUTTER PANEER, LENTIL STUFFED PEPPERS, PANEER TIKKA MASALA, CHANNA MASALA, CURRIED TOFU, RAJMA CURRY (RED KIDNEY BEANS), LENTIL HOT POT VEGETABLES: VEGGIE KHEEMA MASALA, ALOO GOBI, VEGETABLE MANCHURIAN, VEGETABLE KORMA, KADHI PAKORA, VEGETABLE JALFRAZIE, CAULIFLOWER AU GRATIN, BEET & COCONUT CURRY, CURRIED VEGETABLES, EGGPLANT PARMAGIANO, RATATOUILLE, VEGETARIAN HOT POT, ROASTED PARMASEN ZUCCHINI, ZUCCHINI PIE CARBS: JEERA ALOO, VEGETABLE BIRYANI, VEGETARIAN PAELLA, CHICKPEA BIRYANI, ALOO DUM, VEGETARIAN SHEPHERD'S PIE, COCONUT RICE, ACHARI POTAOES, HARVEST WILD RICE SKILLET				
	SMOOTHIE SMOOTHIE BERRY	SMOOTHIE SMOOTHIE GREEN	SMOOTHIE SMOOTHIE BERRY	SMOOTHIE SMOOTHIE GREEN	SMOOTHIE SMOOTHIE BERRY
	Artisan Deli & Smoothie Bar ROASTED VEGETABLE FEATURE	Artisan Deli & Smoothie Bar BUFFALO CHICKEN FEATURE	Artisan Deli & Smoothie Bar EGG SALAD FEATURE	Artisan Deli & Smoothie Bar CHICKEN SALAD FEATURE	Artisan Deli & Smoothie Bar TUNA SALAD FEATURE
	MEATLESS MONDAY Meatless Meatballs in Black Bean Sauce Sweet Chili Tofu Coconut Eggplant	Greek Chicken Souvlaki, lemon herb salmon, spanakopita, roasted potatoes, greek salad, tzatziki sauce	Black Bean Chicken Five Spice Beef in Sweet & Sour Sauce Tofu	Roast Pork Dinner Mashed Potatoes Stir-fried Vegetables Roasted Yams Mushroom Sauce	BBQ Pulled Pork French Fries Salad