

	Day 3	Day 4	Day 5	Day 6
	February 17th	February 18th	February 19th	February 20th
	Breakfast THE KITCHEN	Breakfast THE KITCHEN	Breakfast THE KITCHEN	Breakfast THE KITCHEN
Egg Any Style	My Pantry: Create your own Egg Experience	My Pantry: Create your own Egg Experience	My Pantry: Create your own Egg Experience	My Pantry: Create your own Egg Experience
Farm Fresh Eggs	Scrambled Eggs/ Local Boiled Eggs	Scrambled Eggs/ Local Boiled Eggs	Scrambled Eggs/ Local Boiled Eggs	Scrambled Eggs/ Local Boiled Eggs
Starch	Local Hand Cut Hashbrown Potatoes	Local Hand Cut Hashbrown Potatoes	Local Hand Cut Hashbrown Potatoes	Local Hand Cut Hashbrown Potatoes
Meat	Bacon	Breakfast Ham	Sausage Links	Bologna
Entrée	Pancakes	Blueberry Pancakes	French Toast	Chocolate Chip Pancakes
Syrup	Pancake Syrup	Pancake Syrup	Blueberry Syrup	Pancake Syrup
Hot Cereal	Oatmeal & Cream of Wheat	Oatmeal & Cream of Wheat	Oatmeal & Cream of Wheat	Oatmeal & Cream of Wheat
THE KITCHEN	Lunch THE KITCHEN	Lunch THE KITCHEN	Lunch THE KITCHEN	Lunch THE KITCHEN
Entrée	Panko Crusted Fillet of Haddock	Shepherds Pie	Sweet & Sour Turkey Meatballs	Salisbury Steak
Side	Sweet Potato Fries	Beef Pan Gravy	Brown Rice Pilaf	Caramelized Onion, Green peppercorn Jus
Side	Fresh Broccoli & Tartar sauce	Carrot Sliced	Medley of fresh vegetables	Oven roasted Lyonnais Potatoes and Vegetables
Vegetarian Station	Entrée: 1.Rice Croquettes with Vegetable Marinara Sauce	Vegan Entrée: 1.Mango and Green Curry Broccoli	Entrée:1. Hummus & Bruschetta Platter with Pita Chips	Baked Macaroni and Cheese
Menutainment	Donair Station	Stir Fry Station	Nacho Bar	Warm Wrap Station
Side	Thinly Sliced all Beef Meat,	Pork, Shrimp & Tofu,S & S	Tortilla Chips ,Beef & Veg Chili,	Buffalo Crispy Chicken Caesar Wrap
Side	Donair sauce, Pita Bread	Sauce, Vegetables and Chinese Noodles	Spicy Cheese sauce, Peppers, Onion, Olives	Cheeseburger Beef Wrap
	Shredded Lettuce, Diced Tomato & Onion	Brown and White Rice, Teriyaki sauce	Tomatoes. Sour cream & salsa	Shredded lettuce, Cheddar, Vegetables & Condiments
Gluten Free	Haddock with Sweet potato and Broccoli	Gluten free Shepherds pie	Gluten free Chicken Tortilla with Roast Potato	Gluten Free Chicken stir fry
THE KITCHEN	Dinner THE KITCHEN	Dinner THE KITCHEN	Dinner THE KITCHEN	Dinner THE KITCHEN
Entrée	Seared Lemon & Rosemary Pork Chop with Caramelized Onion Jus	Tilapia Piccata	Roast Turkey Dinner	Home Style lasagna
side	Apple sauce, Sliced Carrots	Orzo Pasta, Fresh Roasted butternut Squash	Savory Stuffing, Gravy	Garlic baguette
Side	Barley Risotto	Light Coconut/Lime scented Thai Curry Sauce	Mashed Potatoes and Vegetables	Parmesan Cheese
Vegetarian/Vegan Station	Entrée: 1.Sweet Potato and Cauliflower Tagine with Naan Bread	Entree : 1.Ethiopian Tomato Lentil Stew	Entrée: 1.Baked Vegetable Polenta with Mushroom Ragout	Entrée: 1.Vegetarian Lasagna with garlic Bread
Menutainment	Mashed Potato Martini Bar	"Fajita Station"	Pasta Station	" Pub Night"
Entrée/Action	Smashed Red Potatoes, Whipped Potatoes	Flour Tortillas, Onion & Peppers	Whole wheat Penne, Tri colour Fusilli pasta	Onion Rings, Poutine, Pogo's
Side	Chicken Gravy, Beef Gravy, Sour Cream	Chicken, Shrimp or Tofu	Tomato /Pesto sauce with Chicken , Wild Mushroom sauce	Zucchini sticks, Loaded Potato Skins, mushrooms
Side	Mushrooms, Onions, Grated Cheese, Broccoli	Sour Cream ,Salsa & Guacamole	Powdered Parmesan Cheese	Ketchup, Mustard Curry Aioli and Chipotle Aioli
Gluten Free SOUP	Pork Chop with Apple Chutney and sweet Potato	Gluten free Tilapia dinner	Gluten free Turkey dinner	Gluten free Chicken Breast with Broccoli
Soup	Chicken Chili	Chicken Noodle Soup	Fish Chowder	Italian Wedding Soup
Chili	Tomato Soup	Veg Chili	Beef Chili	Chicken Chili
Veg	Thai vegetable Soup	Butternut Squash Soup	Minestrone Soup	Mushroom Bisque Soup
TRATTORIA	Lunch & Dinner	Lunch & Dinner	Lunch & Dinner	Lunch & Dinner
Entrée 1	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Entrée 2	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pizza of the Day	Double Pepperoni Pizza	Tropical Ham & Pineapple Pizza	Donair Pizza	Bacon Pizza
Vegetarian Pizza	Roasted Peppers, pesto and goat cheese	Garlic Fingers with Donair Sauce	Broccoli Cheddar pizza	Nacho Cheese Pizza