FOOD BANKS IN NORTH BAY – updated March 2017
Please note: Hours of operation may change over time. Before making any long trips, call and check times.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| NORTH BAY FOOD BANK  
1016 Fisher Street  
705-495-3290  
9 am – 12 noon  
ONCE EVERY 30 DAYS  
Need rent, proof of address, income statement and ID | NORTH BAY FOOD BANK  
1016 Fisher Street  
705-495-3290  
9 am – 12 noon  
ONCE EVERY 30 DAYS  
Need rent, proof of address, income statement and ID | NORTH BAY FOOD BANK  
1016 Fisher Street  
705-495-3290  
3 pm – 6 pm  
ONCE EVERY 30 DAYS  
Need rent, proof of address, income statement and ID | NORTH BAY FOOD BANK  
1016 Fisher Street  
705-495-3290  
3 pm – 6 pm  
ONCE EVERY 30 DAYS  
Need rent, proof of address, income statement and ID | SALVATION ARMY  
134 McIntyre Street E  
705-474-7859  
10:00 am – 12:00 noon  
1:00 pm – 3:00 pm  
ONCE EVERY 2 MONTHS  
Need rent, income statement and ID |

| | CATHOLIC CHARITIES  
387 Algonquin Avenue  
705-472-3970  
9 am – 11:30 am  
ONCE A MONTH  
ID required | ST JOHNS ANGLICANS CHURCH  
301 Main Street East (in the church hall)  
705-472-6070  
9:30 am – 10:30 am  
EVERY WEEK  
ID required | ST. BRICES ANGLICAN CHURCH  
1225 Cassells Street  
705-474-4005  
9 am – 10:30 am  
EVERY WEEK  
ID required for first visit | ST. PETERS CATHOLIC CHURCH  
299 Airport Road  
705-472-1817  
Must call on Monday – no messages  
1 pm – 2 pm  
(pick up required)  
ONCE A MONTH  
Need ID & proof of address |

| | TRINITY UNITED CHURCH  
111 McIntyre Street East  
705-474-3310  
9:30 am – 11 am  
ONCE A MONTH  
ID REQUIRED | REDEEMER LUTHERAN CHURCH  
Second Avenue & Ferguson  
705-472-9169  
9:30 am  
FIRST COME FIRST SERVED  
Limited food | ST VINCENT de PAUL SOCIETY  
280 Fifth Avenue East  
705-497-9784  
12 noon – 1:30 pm  
EVERY TWO MONTHS  
Need rent, income statement and ID | |
### OTHER PROGRAMS – updated March 2017

Note: Hours of operation may change over time. Before making any long trips, call and check times.

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<tr>
<th>MONDAY</th>
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<th>WEEKEND</th>
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<tr>
<td><strong>THE GATHERING PLACE</strong>&lt;br&gt;392 Algonquin Ave&lt;br&gt;705-474-7687</td>
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<td><strong>SUNDAY</strong>&lt;br&gt;<strong>HOLY NAME OF JESUS CHURCH</strong>&lt;br&gt;146 Beth Avenue&lt;br&gt;705-472-1806 <strong>ST. FRANCIS TABLE WARM MEAL</strong>&lt;br&gt;3rd Saturday/Month&lt;br&gt;11:30 am - 1:15 pm <strong>THE GATHERING PLACE</strong>&lt;br&gt;392 Algonquin Ave&lt;br&gt;705-474-7687 <strong>DINNER</strong>&lt;br&gt;4 pm – 5:30 pm</td>
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<td><strong>BREAKFAST SERVED</strong>&lt;br&gt;Monday-Friday&lt;br&gt;9 am – 10 am</td>
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<td><strong>SUNDAY</strong>&lt;br&gt;<strong>SALVATION ARMY</strong>&lt;br&gt;134 McIntyre Street East&lt;br&gt;705-474-7859 <strong>Gospel Fellowship Café</strong>&lt;br&gt;Every Sunday except the first Sunday of the month&lt;br&gt;6 pm <strong>ALL WELCOME</strong></td>
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<td><strong>LUNCH SERVED</strong>&lt;br&gt;Monday-Friday&lt;br&gt;11:30 am - 1:15 pm</td>
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<td><strong>SUNDAY</strong>&lt;br&gt;<strong>ST. JOHN’S ANGLICAN CHURCH</strong>&lt;br&gt;301 Main Street East&lt;br&gt;705-472-6070 <strong>COMMUNITY BRUNCH</strong>&lt;br&gt;2nd Saturday/Month&lt;br&gt;9 am - 10:30 am <strong>EMMANUEL UNITED CHURCH</strong>&lt;br&gt;395 Lakeshore Drive&lt;br&gt;705-472-1806 <strong>COMMUNITY BRUNCH</strong>&lt;br&gt;4th Saturday/Month&lt;br&gt;9 am - 10:30 am</td>
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<td><strong>PREGNANCY HELP AND RESOURCE CENTRE</strong>&lt;br&gt;10 am – 4 pm&lt;br&gt;323 Algonquin Avenue&lt;br&gt;705-474-9270 <strong>ID REQUIRED</strong></td>
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<td><strong>INFANT FOOD SHELF AT TRINITY CHURCH UNITED</strong>&lt;br&gt;111 McIntyre Street East&lt;br&gt;705-474-3310 <em>Up to 12 months</em> <strong>ID REQUIRED</strong></td>
<td><strong>GOOD FOOD BOX NIPISSING</strong>&lt;br&gt;Small box $10&lt;br&gt;Large box $20 Available for purchase monthly 9 am – 4 pm</td>
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<td><strong>DINNER</strong>&lt;br&gt;4 pm – 5:30 pm</td>
<td><strong>OPEN ARMS CAFÉ</strong>&lt;br&gt;5:30 pm – 7 pm <strong>EVERY WEEK</strong>&lt;br&gt;(meal served from 5:30 pm – 6:30 pm) <strong>ALL WELCOME</strong></td>
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FOOD BANKS SCHEDULE ON OTHER SIDE